

# Bulletin

## WUOC Tour Sprint

Wednesday July 21th 2010

### Gammelgården, Borlänge



**Important!** Due to local city regulations runners will **not be allowed** to start at the WUOC Tour Sprint in shoes with spikes or metal studs. The shoes will be controlled at the start.

#### Classes and Course-length

Class	Length	Scale	Class	Length	Scale
H10	1,1	1:4000	D10	1,1	1:4000
H12	1,4	1:4000	D12	1,4	1:4000
H14	1,5	1:4000	D14	1,5	1:4000
H16	2,6	1:4000	D16	2,4	1:4000
H18	3,5	1:4000	D18	2,6	1:4000
H20	3,5	1:4000	D20	2,6	1:4000
H21	3,5	1:4000	D21	2,6	1:4000
H35	3,5	1:4000	D35	Moved to D21	1:4000
H40	2,6	1:4000	D40	2,4	1:4000
H45	2,6	1:4000	D45	1,5	1:4000
H50	2,4	1:4000	D50	1,5	1:4000
H55	2,4	1:4000	D55	1,5	1:4000
H60	1,5	1:4000	D60	Moved to D55	1:4000
H65	1,5	1:4000	D65	1,5	1:4000
H70	1,5	1:4000	D70	1,3	1:4000
H75	1,3	1:4000	<del>D75</del>	<del>1,3</del>	<del>1:4000</del>
H80	Moved to H75	1:4000	<del>D80</del>	<del>1,3</del>	<del>1:4000</del>
Öppen 1	1,1	1:4000	U1	0,8	1:4000
Öppen 2	1,4	1:4000	U2	1,1	1:4000
Öppen 4	1,5	1:4000	U3	1,4	1:4000
Öppen 5	2,6	1:4000	U4	1,5	1:4000
Öppen 7	1,5	1:4000	Inskolning	0,8	1:4000
Öppen 8	3,8	1:4000			

## Cancelled and merged classes

D75 and D80 are cancelled due to no participants. D35 merged into D21. D60 merged into D55. H80 merged into H75.

## Competition center

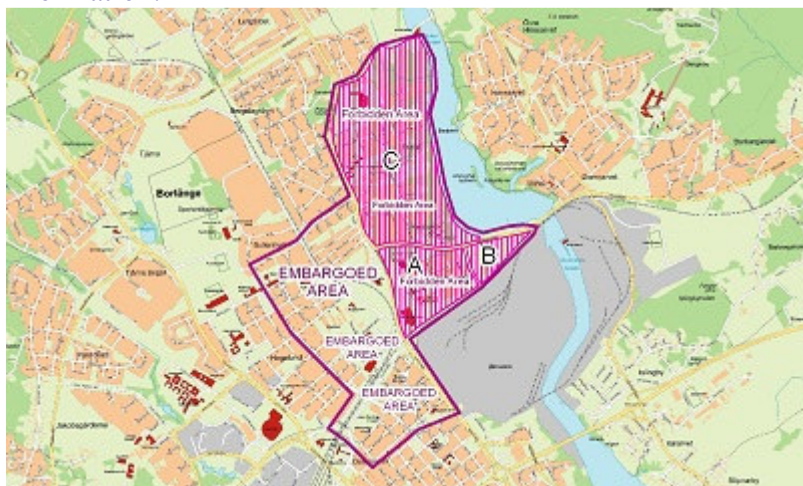
Gammelgården i the central parts of Borlänge. Roadsigns from Grådarondellen in the south-east part of Borlänge along route 50 and 70. From there 2 km to the parking. It is not allowed to park on locations other than the organizers since these are part of the competition area. Follow the posted signs to get to the competition center.

## Parking

Maximum distance from parking to competition center: 600 meter. Parking fee 20SEK (cash).

## Embargoed area

Please note that there are special rules for the embargoed area which affect runners of WUOC and persons in contact with such runners. See [www.wuoc2010.se/Home/EmbargoedAreas](http://www.wuoc2010.se/Home/EmbargoedAreas) for more information.



Larger picture: <http://www.wuoc2010.se/Content/maps/sprint1.jpg>

## WUOC

WUOC Sprint championship is held between 15:30 and 17:30 with the same competition center as the WUOC Tour/Sprint-DM.

## Late entries

Late entries is only possible until Friday July 16<sup>th</sup>, 23:59 via Eventor <http://eventor.orientering.se> Persons entered between 10<sup>th</sup> and 16<sup>th</sup> of July should pay by cash in Euros or SEK at competition centre before the start.

## Open courses / On the day entry

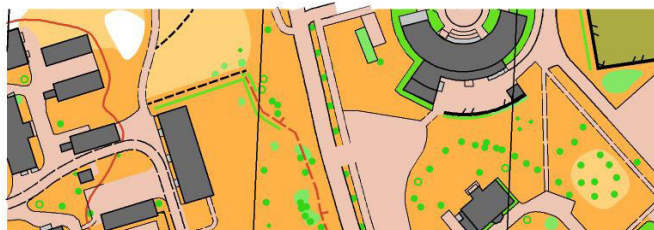
Open courses and courses for child-beginners are sold at the competition center between 17:30 and 19:00. Free start between 18:30 and 20:00. The entry fee should be paid in cash (Euro or SEK) at the Event office located in a tent behind the finish. Fee: 50 SEK (youths up to age 16), 90 SEK for others.

## Number bibs

HD14, HD16 and HD21 will carry number-bibs on their chest. The bibs will be available at the start (self-service).

## Map

Newly drawn map (2009-2010) by Claes Nideborn according to ISSOM2007. The map is digitally printed in scale 1:4000 with 2.5 meters equidistance.



## Terrain

The courses are set in a mix of urban and non-urban terrain (most parts will be urban). There will be plenty of paths and roads.

Most parts have no or little height-differences. The courses go mostly on asphalt, grass and gravel roads.

The area is intersected of some smaller roads with moderate traffic. **Watch out for the cars!**

## Forbidden areas

**Roads:** It is strictly forbidden to cross the big road that passes Gammelgården. All courses must use the tunnel that is marked on the map when crossing the road.

**Fences:** Two types of fences exist in the area. It is **NOT ALLOWED** to pass fences marked with double hatches and thick lines (see below). Fences drawn with single hatches and thin line may be passed (but not damaged).



Forbidden to pass



Allowed to pass

**Private area:** All private areas and flower beds are forbidden to pass (ISSOM symbol 528.1).

**Impassable vegetation:** In the urban area some vegetation (mainly hedges) is drawn as Impassable vegetation (ISSOM 421), see picture below. These are forbidden to pass and to jump over! Some hedges are marked with blue/yellow tapes in the terrain.



Forbidden to pass.

## ISSOM

Please review the ISSOM map standard and the special map symbols that exist for a sprint competition:

<http://lazarus.elte.hu/mc/specs/issom2007.pdf>

## Control description

Control descriptions are printed on the map and are also available at the start.

## Controls

Controls are marked with a flag, an electronic punching unit and a backup punch. In some areas there are lots of controls close to each other. Check your control description!

## Punching systems

The Sportident punching system is used. Rental cards are available for 30 SEK/3€.

There will be a fee of 500SEK for a lost or not returned SI-Card.

The SI-card should be cleared at the clear-unit placed on the way to start.

Check that you get both sound and light signal from the unit when punching! If you do not get both sound and light signal you should use the backup punch with the designated squares on the map.

## Start

First start at 18:30.

Distance from event center to start: 1000 meters (Orange and white tape marks the route).

Startlists will be published on [www.wuoc2010.se](http://www.wuoc2010.se) and [www.domnarvet.com](http://www.domnarvet.com) on the 18<sup>th</sup> of July and will also be available at the competition center.

Runners that are late to the start will be allowed to start up to 30 minutes after their allocated start time (the start personal will however decide when it is appropriate to start to not interfere with other runners).

Runners of Inskolning, U1, U2, U3, U4 and Open Courses should punch a start unit when starting. There will be no allocated starttimes for these classes. Start when you like!

## Clothes

Due to local city regulations runners will **not be allowed** to start at the WUOC Tour Sprint in shoes with spikes or metal studs. The shoes will be controlled at the start.

## Shower/toilets

Toilets are available at the event center. **There will be no toilets at the start!**

Shower is available indoors, distance from event center to the showers is 800 meters (red and white tapes mark the route).

## Prices

Prices will be given to the best runners in the youth-classes.

Price giving ceremony will start after each class is finished.

Prices for non-youth classes will be given only to region-runners participating in the region championship.

## Food and Beverages

Grilled sausages, hamburgers with beverages, baguettes, coffee and candy will be available for purchase at the competition center.

## Sport equipment

SM Sport: [www.smsport.se](http://www.smsport.se) will be selling sport goods at the competition center.

## Child care

Child care for children over the age of two is available at the Competition Center.

## Kids course

A kids course (with start on the competition center) is available for a fee of 10SEK. Bring your own SportIdent card or borrow one at the start.

## Results

Results will be posted on the competition center and published on [www.wuoc2010.se](http://www.wuoc2010.se) and [www.domnarvet.com](http://www.domnarvet.com).

## Maximum time

1 hour.

## Organization

**Event director:** Karin Elfving, [elfving.karin@gmail.com](mailto:elfving.karin@gmail.com), 070-6397423

**Assistant event director:** Eva Elfving, [elfvingeva@hotmail.com](mailto:elfvingeva@hotmail.com), 070-3154742

**Course setters:** Lina Bäckström och Eva Jurenikova

**Course controller:** Pavlo Ushkvarok

**Competition Controller:** Erik Sundberg

**Jury:**

Carina Sandberg,	Säterbygdens OK
Mats Jönsson,	Korsnäs IF OK
Bengt Stenerhag,	Västerbergslagens OL

**Speaker:** Ola Jodal

**Information is available at** [www.wuoc2010.se](http://www.wuoc2010.se) **and** [www.domnarvet.com](http://www.domnarvet.com).

Very welcome to Borlänge, Sweden and good luck on the courses!



**Sponsors**

