



Invitation to 43-kavlen August 10–11 2013



Linköpings OK together with OK Eken and OK Denseln have the pleasure to invite you to the 31st *43-kavlen* event to take place in Karstorp in Åtvidaberg. There will be a new map in an area that to a large extent has never been used for orienteering events. The arena will be on a pasture next to this wilderness area.

We will continue with *the Duel* introduced in the latest *43-kavlen*. Clubs may challenge each other and compete against a neighbouring club or the fiercest rival club. The duels will be presented on the website before and followed by the speaker during the competition. The best placed winning team in the Duel in each class gets a prize. This year it is Finnish Anttola Urheilijat which has a free start in M43/H43.

New this year is that we will return to the age limit 35 years and we merge the two women's classes into one.

On Sunday August 11th there will be the *43-epilog*, an individual competition with traditional classes at *Vidingsjö motionscentrum* in Linköping.

Tomas Boman, Competition Manager

Event Centre

Karstorp, south of the Åtvidabergs golf course. Event signs from road 35 in Åtvidaberg, thereafter circa 10 minutes driving.

Coordinates N58.19513, E15.9618

[Show map](#)

Map and terrain

Map "Karstorp", drawn by Holger Persson and Per-Inge Svensson OK Eken. Revised 2013 by Thomas Persson who is also the course planner. Scale 1:10 000 for the classes W43/D43 and M43/H43; scale 1:7 500 for M60/H60.

The terrain consists of three parts, next to the start easy running in young and flat forest but with some rock bed.

Then comes a part with denser forest and also a few clear-cut areas and after that the area the course planner describes as the park. That area consists of a highly detailed, open pine forest with blueberry sprigs as the only factor interfering with running. All courses longer than five km will pass here.

In the competition area there are only a few small trails and one crossing, minor road, the final part is in pastures and oak forests.

Classes

M60/H60

Five legs. Start Saturday August 10 at 14:00.

Leg	Straight or forked	Difficulty	Course length (km)
1	forked	black	4,5
2	forked	black	4,5
3	straight	red	3,5
4	forked	black	5
5	forked	black	5

Average age minimum 60 years. Also open for women.

W43/D43

Five legs. Start Saturday August 10 at kl 14:15.

Leg	Straight or forked	Difficulty	Course length (km)
1	forked	black	5,5
2	straight	black	4
3	straight	red	3,5
4	straight	black	4
5	forked	black	5,5

Average age minimum 43 years, minimum age 35 years. Only women..

M43/H43

Ten legs. Start Sunday August 11 at 01:30.

Leg	Straight or forked	Type	Difficulty	Course length (km)
1	forked	night	black	5,5
2	forked	night	black	5,5
3	straight	night	black	9,5
4	straight	night/dawn	black	5,5
5	straight	dawn/day	black	5,5
6	straight	day	red	3,5
7	forked	day	black	4,5
8	forked	day	black	4,5
9	forked	day	black	6,5
10	forked	day	black	9,5

Average age minimum 43 years, minimum age 35 years. Also open for women. If restart leg 10 is shortened from circa 9 to circa 6 km.

Registration: Times and fees

Class	Registration latest July 28	Late registration latest August 7
W43/D43 / M60/H60	750 SEK/team	1125 SEK/team
M43/H43	1500 SEK/team	2250 SEK/team

SI-cards can be rented for 30 SEK. A camping square 7 x 7 m costs 200 SEK. SI-cards and camping square can be booked together with the registration.

In the fees are included service fees for extended speaker coverage, an extra set of maps and parking. The fees shall be paid upon registration on bank giro 5487-4334

Outside Sweden to:

IBAN: SE9680 0008 4806 9842 9643 49, SWIFT-address SWEDSESS

Registration shall primarily be made via *Eventor*. By exception registration may be received via e-mail to 43-kavle@lok.se.

Information

To ensure not to miss information about the competition, subscribe to the *43-kavlen* newsletter. Click on the headline *Nyhetsbrev/Newsletter* on the website. In the newsletters all major news about 43-kavlen will be reported.

Other

Electronic punching using the Sportident SI-card will be used.

SOFT competition rules will apply. It is permitted that two or three clubs join and form one combination team per class (however, the best runners should primarily be assigned to the club teams). Each runner may only participate in one of the classes W43/D43, M43/H43, or M60/H60 during the event.

Camping at the Event Centre in own tents and caravans (no vestibule tents). Parking is next to the camping ground and Event Centre.

There will be a well-stocked canteen.

Competition management

	Name	Telephone	E-mail
Competition Manager	Tomas Boman	+46(0)702-562378	tomas.boman@bredband.net
	Pär Ericsson	+46(0)703-283176	per.eriksson@atvidaberg.se
Information	Lennart Sturesson	+46(0)706-651134	lennart@lok.se
Course Planner	Thomas Persson		
Course and competition controller	Kjell Holm		

Addresses

43kavle@lok.se

Linköpings Orienteringsklubb

Vidingsjö, LOK-gården

SE-589 53 Linköping



ORIENTERINGSKLUBBEN
DENSELN

