



Världens bästa klubb vinner

25manna 2015



Saturday the 10th of October

Information

Homepage: www.25manna.nu Inquiries: info@25manna.se

Event Venue

Lövsättra in Vallentuna kommun about 25 km north of central Stockholm.

Start and estimated finish

Mass start at 9:00 – the winning team is expected to cross the finish line around 14:00. Restarting at 16:00.

The ladies determine

This year the ladies will determine the finish of the relay by running the last leg.

Terrain

Woodland with moderate height variation and mostly very good passability. Cultured ground and a number of bigger and smaller paths and trails occurs. The level of detail is moderate.

Мар

Scale 1:10 000, drawn by la Lillstrand 2014-2015, equidistance 5 m. Offset, Affärstryckeriet.

Leg		Course length km	Difficulty	Right to participate
LCg		9	,	•
1		7,6	Blue	All
2		5,1	Blue	Woman
3	4	4,3	Red	Woman
4	4	2,5	White	No W19-39, M15-54
5	4	6, I	Blue	All
6	4	4,3	Red	No M17-39
7	4	5,3	Red	All
23	1	3,9	Orange	No W19-34, M15-49
24		9,0	Blue	All
25		6,0	Blue	Woman

Preliminary course lengths and team composition

The above course length includes about 300 meters of taped route. The team is allowed to use a maximum of 9 men M21-39 and must include at least 7 women. Out of those women, at least one must be W14 or younger or W45 or older and one must be W18 or younger or W35 or older. Additionally, the team must also have at least one MW16 or younger.



Världens bästa klubb vinner



ΡM

Event details will be published on the website no later than September 15.

Car parking

At designated areas, max 1 500 m from the arena. Route guidance in the PM.

Bus

Alighting from the bus will be 2100 to 2500 meters from the arena and walking route consists of trails in the forest, arable land and gravel road. Boarding at return is in the same place.

Public transport

Subway from T-centralen at 9:03 red line towards Mörby centrum, change at Danderyds sjukhus to bus 626 towards Linanäs and change at Kundvägen to bus 615 towards Ullna and alighting from the bus at Lövsättra vägskäl at 9:58. Then a short walk on a road 1,2km – 1,5km. More information at www.sl.se. Look out for changes in the autumn timetable.

Entry and confirmation

Entry via Eventor:

<u>http://eventor.orientering.se/Events/Show/10619?culture=en-GB</u> from June 1st and must be received *no later than September 1*. Electronic registration can be checked in Eventor. Instructions for submitting of team formation will be detailed in the PM. **Note: Team envelopes will be issued only when the fee is paid.**

Sportident

Do not enter SI-numbers in the entry. Upon check-in the barcode at the number bib will be scanned and connected to the SI-card.

Note: The SI-card may be used only once during the race.

If the card is not returned, the club will be charged 600 SEK.

Late entry

Until October Ist to an in-creased fee as described below.

Is it difficult for your club to get a full team to 25manna? Register a combined team with another club and enjoy the atmosphere! Combined teams according to SOFT's rules are welcome.

Tent

We offer the possibility to rent a tent that will be put up at a good spot at the event venue. Discounted price at early booking, before 1st of July.

Accommodation

We offer accommodation on a hard surface + breakfast at the school Vallentuna gymnasium, 10 km from the arena. Limited number of spots. Reservations are made together with the entry,



Världens bästa klubb vinner



see Accommodation-PM. Information and questions about accommodation answered through: <u>ante.eriksson@telia.com</u>.

Entry fees

/				
Ordinary entry fee	3900 SEK/team	Parking fee 500 SEK included (car/bus)		
Entry fee after September 1, 2013	5300 SEK/team	Parking fee 500 SEK included (car/bus)		
Windbreak (club tent) fee	300 SEK/area	Space 5x5m		
Tent Saturday and Sunday in two different sizes are put up at a good spot at the event venue:				
Tent 5x5m	6500 SEK	6100 SEK on early booking (before 1 st		
		of July).		
Tent 4x4m	4500 SEK	4100 SEK on early booking (before 1 st		
		of July).		
Rental of SI-cards	50 SEK/each	SI-cards type 9		
Not returned SI-card	600 SEK/each			
Accommodation on hard surface,	160 SEK/night	Reservation must be made September		
adult, including breakfast		27th at latest. Breakfast included.		
Accommodation on hard surface,	140 SEK/night	Reservation must be made September		
youth, born 2001 or later		27th at latest. Breakfast included.		
Food packages for own serving, 10		Reservation must be made September		
portions		27th at latest Price and menu will be		
		published on the home page in august.		

Payment of fees

Payment	Payment of all fees must be made no later than September 14.
	When paying enter reference in the format: Club, type of
	fee
	Fees for late entry are paid immediately after entry
	Questions regarding payment: willy.ljungdell@gmail.com
	Payment must have been made in order to collect the team bag.
From Sweden	Bankgiro: 474-0122
	Täby Orienteringsklubb
From other	IBAN SE085000000053981064275
countries	BIC: ESSESESS
	Payment recipient: Täby Orienteringsklubb, Box 1408, 183 14 Täby

Open courses with direct entry

Open courses with course lengths 2,5 - 7,5 km and different difficulties will be offered at the arena. Course lengths and degrees of difficulty according to SOFT's instructions. Fees -MW16, 70 SEK, others 115 SEK.

Entry is open between 8:30-13:30 with free start between 09:15-14:00. Pre-entry also possible through Eventor (Motionsorientering-25manna).







String course (Miniknat)

Will be offered in close connection to the event venue. Starting 09:30-14:00. 20 SEK per participant. The fee includes a price at the finish.

Shower

Warm Outdoor Shower.

Service

Well-assorted café with food and grill. Menu and prices will be published at the home page. There will be a possibility for clubs to order food packages for own serving. Sport equipment sales and first aid care.

Organisers Åsa Bergström , Täby OK och Marianne Carlberg, Vallentuna-Össeby OL.

Course planner Peter Nordström, Täby OK Pelle Carlberg, Vallentuna-Össeby OL

Controller - event Ola Kåberg, OK Ravinen

Controller - courses Lars-Håkan Sandvik, Attunda OK

Välkomna till 25manna 2015

Ver 2015-09-14 2015 05 04



