

|                    |         |                    |          |         |
|--------------------|---------|--------------------|----------|---------|
| 1. Forsa OK 1      | 1       | Henrik Trolin      | 32:13    | 1       |
|                    |         |                    |          | 32:13   |
|                    |         |                    |          |         |
|                    | 2       | Hanna Kjellin      | 12:15    | 1       |
|                    |         | Jimmy Johansson    | 12:34    | 45:48   |
|                    |         | Elin Johansson     | 13:15    |         |
|                    | 3       | Karin Trolin       | 30:42    | 1       |
|                    |         | Gunnar Forsgren    | 27:31    | 1:16:33 |
|                    |         | Jonas Gustavsson   | 25:26    |         |
|                    | 10      | Gustav Kwick       | 31:14    | 1       |
|                    | Sluttid |                    | 01:48:11 |         |
| 2. Sundsvalls OK 3 | 1       | Karin Larsson      | 56:27    | 3       |
|                    |         | Oscar Sundlöf      | 33:47    | 33:47   |
|                    |         |                    |          |         |
|                    | 2       | Elin Unander       | 12:44    | 7       |
|                    |         | Björn Johansson    | 13:48    | 52:18   |
|                    |         | Ingrid Petersson   | 17:53    |         |
|                    | 3       | Jenny Unander      | 32:43    | 6       |
|                    |         | Henrik Lundgren    | 31:09    | 1:25:23 |
|                    |         | Jorunn Lindström   | 32:05    |         |
|                    | 10      | Håkan Stolt        | 28:38    | 2       |
|                    | Sluttid |                    | 1:54:25  |         |
| 3. Sundsvalls OK 4 | 1       | Rolf Johansson     | 35:03    | 6       |
|                    |         | Andreas Sandberg   | 39:07    | 35:03   |
|                    |         |                    |          |         |
|                    | 2       | Sofie Fröjd        | 11:27    | 9       |
|                    |         | Axel Lundgren      | 20:53    | 56:20   |
|                    |         | Björn Abelsson     | 11:52    |         |
|                    | 3       | Cecilia Edström    | 32:44    | 2       |
|                    |         | Johanna Sjölund    | 30:00    | 1:23:11 |
|                    |         | Tommy Fröjd        | 26:25    |         |
|                    | 10      | Per Nordling       | 31:27    | 3       |
|                    | Sluttid |                    | 1:55:01  |         |
| 4. Sundsvalls OK 2 | 1       | Catrin Johansson   | 50:21    | 2       |
|                    |         | Satu Svedberg      | 48:56    | 32:44   |
|                    |         | Tomas Edström      | 32:44    |         |
|                    | 2       | Albin Kårén        | 13:12    | 6       |
|                    |         | Irmelie Enström    | 18:32    | 51:53   |
|                    |         | Winn Björklund     | 13:44    |         |
|                    | 3       | AnnaKarin Haglund  | 36:00    | 3       |
|                    |         | Anna Hammarberg    | 28:23    | 1:23:41 |
|                    |         | Daniel Antonsson   | 31:31    |         |
|                    | 10      | Lars Holmquist     | 33:26    | 4       |
|                    | Sluttid |                    | 1:57:31  |         |
| 5. Härnösands OK 1 | 1       | Emanuel Gahlin     | 39:14    | 10      |
|                    |         |                    |          | 39:14   |
|                    |         |                    |          |         |
|                    | 2       | Tilde Engberg      | 14:11    | 8       |
|                    |         | Elin Edström       | 12:11    | 54:04   |
|                    |         | Seth Borglund      | 12:46    |         |
|                    | 3       | Susanna Edström    | 31:18    | 4       |
|                    |         | Erik Hansson       | 27:18    | 1:23:49 |
|                    |         | Per Edström        | 25:04    |         |
|                    | 10      | Torbjörn Engberg   | 33:25    | 5       |
|                    | Sluttid |                    | 1:57:33  |         |
| 6. Sundsvalls OK 5 | 1       | Clary Rex          | 49:36    | 9       |
|                    |         | Magnus Jonsson     | 38:56    | 38:56   |
|                    |         |                    |          |         |
|                    | 2       | Nils Lundgren      | 11:15    | 12      |
|                    |         | Julia Nordlander   | 13:03    | 59:54   |
|                    |         | Alice Larsson      | 20:21    |         |
|                    | 3       | Katarina Johansson | 29:14    | 5       |
|                    |         | Anna Lundgren      | 27:33    | 1:24:41 |
|                    |         | Jan Nordin         | 24:19    |         |
|                    | 10      | Stefan Ivarsson    | 35:25    | 6       |
|                    | Sluttid |                    | 2:00:29  |         |

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| 7. Njurunda OK 1   | 1       | Johnny Blästa          | 35:41   | 7       |
|                    |         |                        |         | 35:41   |
|                    |         |                        |         |         |
|                    | 2       | Christina Wibron       | 13:30   | 4       |
|                    |         | Karin Martin           | 11:25   | 49:36   |
|                    |         | Niklas Martin          | 10:21   |         |
|                    | 3       | Max Sjöberg            | 34:43   | 8       |
|                    |         | Maria Castenborg       | 37:19   | 1:27:24 |
|                    |         | Patrick Castenborg     | 35:56   |         |
|                    | 10      | Jörgen Blästa          | 37:16   | 7       |
|                    | Sluttid |                        | 2:05:04 |         |
| 8. Härnösands OK 2 | 1       | Willy Gahlin           | 33:48   | 4       |
|                    |         |                        |         | 33:48   |
|                    |         |                        |         |         |
|                    | 2       | Märta Molin            | 13:18   | 2       |
|                    |         | Kerstin Caap Hällgren  | 12:58   | 47:34   |
|                    |         | Leif Selling           | 11:23   |         |
|                    | 3       | Anita Galin            | 41:57   | 9       |
|                    |         | Alexander Andersson    | 31:39   | 1:28:03 |
|                    |         | Per Molin              | 26:14   |         |
|                    | 10      | Erik Borglund          | 38:59   | 8       |
|                    | Sluttid |                        | 2:07:23 |         |
| 9. Forsa OK 2      | 1       | Per-Åke Bladh          | 35:42   | 8       |
|                    |         |                        |         | 35:42   |
|                    |         |                        |         |         |
|                    | 2       | Annika Staaf           | 13:26   | 5       |
|                    |         | Emelie Jonasson        | 11:59   | 49:37   |
|                    |         | Tomas Jonsson          | 13:19   |         |
|                    | 3       | Jan-Gunnar Swärd       | 37:23   | 7       |
|                    |         | Matilda Jonsson        | 32:55   | 1:26:00 |
|                    |         | Sven Bergström         | 31:00   |         |
|                    | 10      | Carl-Erik Sjöberg      | 44:24   | 9       |
|                    | Sluttid |                        | 2:10:48 |         |
| 10. Ljusdals OK 1  | 1       | Rune Jonsson           | 49:23   | 16      |
|                    |         |                        |         | 49:23   |
|                    |         |                        |         |         |
|                    | 2       | Eva Skyttner           | 18:37   | 13      |
|                    |         | Viktor Bütikofer       | 14:26   | 1:09:34 |
|                    |         | Christoffer Ovegren    | 19:42   |         |
|                    | 3       | Ulrica Swärd Bütikofer | 31:25   | 11      |
|                    |         | Tommy Östh             | 33:19   | 1:43:20 |
|                    |         | Magnus Engberg         | 31:51   |         |
|                    | 10      | Anders Ovegren         | 38:57   | 10      |
|                    | Sluttid |                        | 2:23:43 |         |
| 11. Njurunda OK 2  | 1       | Anders Björklund       | 40:44   | 11      |
|                    |         |                        |         | 40:44   |
|                    |         |                        |         |         |
|                    | 2       | Gunnar Norén           | 17:41   | 11      |
|                    |         | Anita Sundling         | 12:47   | 59:47   |
|                    |         | Tomas Sjöberg          | 18:22   |         |
|                    | 3       | Peter Sjöbom           | 39:02   | 10      |
|                    |         | Paulina Tomasdotter    | 43:58   | 1:38:53 |
|                    |         | Christoffer Backlund   | 29:22   |         |
|                    | 10      | Leif Sundling          | 44:47   | 11      |
|                    | Sluttid |                        | 2:24:04 |         |
| 12. VK Uvarna 2    | 1       | Jonas Nilsson          | 41:27   | 12      |
|                    |         | Jonas Wiberg           | 47:39   | 41:27   |
|                    |         |                        |         |         |
|                    | 2       | Ellen Norman           | 16:42   | 10      |
|                    |         | Rolf Dahlström         | 13:27   | 58:42   |
|                    |         | Kristina Nilsson       | 13:01   |         |
|                    | 3       | Björn Walther          | 34:31   | 12      |
|                    |         | Kjell Eriksson         | 49:50   | 1:45:56 |
|                    |         | Amanda Åström          | 39:41   |         |
|                    | 10      | Thomas Engberg         | 44:19   | 12      |
|                    | Sluttid |                        | 2:30:40 |         |

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| 13. Ljusdals OK 2  | 1       | Hanna Flordal             | 49:24          | 17<br>49:24       |
|                    |         |                           |                |                   |
|                    |         |                           |                |                   |
|                    | 2       | Jon Flordal               | 19:42          | 14<br>1:09:35     |
|                    |         | Emilia Ovegren            | 18:09          |                   |
|                    |         | Oskar Bütikofer           | 18:08          |                   |
|                    | 3       | Christina Flordal         | 46:26          | 13<br>1:54:54     |
|                    |         | Jan-Erik Skyttner         | 40:54          |                   |
|                    |         | Stina Skyttner            | 36:37          |                   |
|                    | 10      | Urs Bütikofer             | 39:08          | 13                |
|                    | Sluttid |                           | 2:34:35        |                   |
| 14. Hudiksvalls OK | 1       | Åsa Bäckstrand            | 42:39          | 13<br>42:39       |
|                    |         | Marianne Åsåker           | 1:26:14        |                   |
|                    |         |                           |                |                   |
|                    | 2       | Hjalmar Vennberg          | 19:39          | 15<br>1:13:18     |
|                    |         | Inga-Lena Bergfält        | 30:00          |                   |
|                    |         | Rolf Krohn                | 17:49          |                   |
|                    | 3       | Evert Bergström           | 54:33          | 15<br>1:56:12     |
|                    |         | Stefan Gunnarsson         | 35:34          |                   |
|                    |         | Catherine Vennberg        | 32:52          |                   |
|                    | 10      | Lennart Winberg           | 44:11          | 14                |
|                    | Sluttid |                           | 2:40:56        |                   |
| 15. Timrå SOK      | 1       | Christer Möllenberg       | 50:25          | 15<br>47:34       |
|                    |         | Torbjörn Carlsson         | 47:34          |                   |
|                    |         |                           |                |                   |
|                    | 2       | Roland Lundqvist          | 28:56          | 16<br>1:17:09     |
|                    |         | Lars Maxén                | 12:53          |                   |
|                    |         | Peter Lindberg            | 15:11          |                   |
|                    | 3       | Heléne Cardell            | 46:36          | 14<br>1:55:43     |
|                    |         | Gaston Håden              | 37:21          |                   |
|                    |         | Laila Näslund             | 54:21          |                   |
|                    | 10      | Åke Höglund               | 45:53          | 15                |
|                    | Sluttid |                           | 2:42:09        |                   |
| VK Uvarna 1        | 1       | Mikael Eriksson           | 34:00          | 5<br>34:00        |
|                    |         |                           |                |                   |
|                    |         |                           |                |                   |
|                    | 2       | Elin Nilsson              | 13:47          | 3<br>47:57        |
|                    |         | Sara Nilsson              | 11:50          |                   |
|                    |         | Sanna Wassbrink           | 13:28          |                   |
|                    | 3       | Jim Persson               | 33:02 (felst.) | Felst.<br>1:22:38 |
|                    |         | Elisabeth Norman-Isaksson | 34:17          |                   |
|                    |         | Johanna Åström            | 31:33 (felst.) |                   |
|                    | 10      | Marcus Eriksson           | 34:05          | Felst.            |
|                    | Sluttid |                           | 1:57:07        |                   |
| Selånger SOK       | 1       | Sven-Erik Sundin          | 46:01          | 14<br>46:01       |
|                    |         |                           |                |                   |
|                    |         |                           |                |                   |
|                    | 2       | Kajsa Lindqvist           | 17:39          | Felst.<br>1:04:24 |
|                    |         | Anna Lampinen             | 14:11          |                   |
|                    |         | Sten Åke Vedin            | 11:48 (felst.) |                   |
|                    | 3       | Sofia Lindén              | 36:55          | Felst.<br>1:35:55 |
|                    |         | Tomas Virtanen            | 33:03          |                   |
|                    |         | Bo Mellerstedt            | 29:26          |                   |
|                    | 10      | Sebastian Nordström       | 42:26 (felst.) | Felst.            |
|                    | Sluttid |                           | 2:18:43        |                   |
| Sundsvalls OK 1    | 1       | Johan Nordin              | 43:37 (felst.) | Felst.<br>43:37   |
|                    |         | Inger Lorentzson          | 1:36:21        |                   |
|                    |         |                           |                |                   |
|                    | 2       | Frida Svedberg            | 10:53          | Felst.<br>59:35   |
|                    |         | Astrid Rex                | 18:27          |                   |
|                    |         | Hannes Lindahl            | 18:27          |                   |
|                    | 3       | Ove Jansson               | 37:47          | Felst.<br>1:33:52 |
|                    |         | Göran Berg                | 33:48          |                   |
|                    |         | Kristina Nordlander       | 33:37          |                   |
|                    | 10      | Thomas Rex                | 27:32          | Felst.            |
|                    | Sluttid |                           | 2:01:48        |                   |