



Linköpings OK



invites you to

Swedish League #3, Middle Distance with **World Ranking Event** and **Spectator Races, May 1st 2025**

In connection to this, the region of Östergötland also offers VADSTENASPRINTEN May 2nd, LINKÖPING INDOOR May 2nd and 10MILA May 3-4.



Venue and directions

The arena Nybygget is located about 20 km southeast of Linköping, north of Värnässjön outside the village of Bankekind. Directions from Road 35 between Linköping and Åtvidaberg (GPS: 58.3564, 15.8312). From this point there is about 8 km on mostly paved roads. Distance from parking to arena: 300–700 m.

World Ranking Event

The classes W21 and M21 are World Ranking Event classes.

Terrain description

Terrain type: Mostly forested terrain with few roads and paths. All courses pass an agricultural area with fields and meadows.

Elevation: Moderately hilly area with some hills being rich in details of contours, cliffs and boulders.

Runnability: Mostly good runnability. Some of the longer courses encounter sections with reduced runnability due to denser forest. The vegetation is mainly coniferous and of varying ages. A few smaller clear-cut areas exist.

Embargoed areas

The competition area marked on the map in [Swedish Eventor](#) is prohibited for all training and competition activities until the competition is over. As this is a level 1 competition, the restriction applies to all club members and team officials, also those not participating in the competition.

Map

The map is Grävsten-Nybygget with a contour interval of 5 m. The scale in WRE/Swedish League is 1:10 000. For classes in the spectator races, the scale is 1:10 000 for D/H16-40 and 1:7 500 for the rest.

Classes and winning times

Swedish League:

- W/M21 30–35 min
- D/H20 E 25–30 min
- D/H18 E 25–30 min

Once the selection process is complete, runners who don't make it to the main classes will be assigned to corresponding subclasses.

The spectator races include age-based classes and open classes.

Start

First start at 12:00.

Swedish League has pre-start. No quarantine.

Selection process/drawing/seeding

See Swedish Orienteering Federation (SOFT) webpage, <https://www.orientering.se/>

Cancellations

If you cancel your participation in any of the Swedish League classes, you must inform the organizers as soon as possible, regardless of how late you cancel. Cancellation shall be made via this website:

<https://www.idk.se/SOFT/aterbud/index.php?ID=13>.

A list of stand-by runners will be published on Swedish Eventor.

Registration

- Registration is open until Thursday April 24th at 11:59 PM via Swedish Eventor. The link to Eventor is also available from IOF Eventor. To register for the WRE classes, an IOF person ID is required. Swedish Eventor supports IOF person ID and provides instructions for registration.
- Late registration can be made until Sunday April 27th at 11:59 PM for a 50% increased fee.
- Registration to open classes can be made on site for the regular fee.

Entry fees and payments

- Swedish League: 360 SEK
- Spectator races, age-based classes: Adults 220 SEK, youths 95 SEK
- Spectator races, open classes: Adults 180 SEK, youths 95 SEK

Swedish clubs are invoiced after the event.

Foreign runners must make their payment in advance before April 26th:

Payee: Linköpings Orienteringsklubb
IBAN: SE 12 8000 0848 0607 3002 4411
BIC: SWEDSESS
Bankgiro no: 5487-4169

Provide name, organization and class when paying.

Registered foreign runners who have not paid their fee in advance must pay in cash to the competition office on site before start.

Start lists and Bulletin #2

The start lists as well as Bulletin #2 will be published no later than Tuesday April 29th on Swedish Eventor.

Punching system

SPORTident. Touchfree is not activated. Runners without a registered SI-card will be allocated a rental SI-card for a fee of 35 SEK. A lost card is invoiced to the club with 600 SEK.

Competition rules

The Swedish Orienteering Federation's competition rules plus special rules for Swedish League and IOF Word Ranking Event.

Prizes

Prizes in the Swedish League classes as well as in the youth classes.

Busses, camper vans and caravans

There are parking possibilities for busses, camper vans and caravans. For camper vans and caravans, overnight parking (no electricity, but toilets) is also available. The fee for camper vans and caravans is 30 SEK (day) and 100 SEK (overnight). The fee for busses is 200 SEK. Pre-registration has to be made in Eventor. The fees are invoiced to the club.

Accommodation

Our partners are offering discounted prices at hotels in Linköping. For more information, see a separate document in Eventor.

Food service

Field lunch will be available. Pre-registration has to be made via Eventor.

The well-stocked food market includes hamburgers, sausages and vegetarian alternatives.

General service

Tents for changing clothes for runners in Swedish League, warm outdoor showers next to the arena, sport shop Pölder Sport, <https://polder.se/>, child care (pre-registration via Eventor) and "miniknat" for the very young.



Organisation

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| Race director: | Claes Otterborg |
| Race director (assistant): | Hanna Modig Tjärnström |
| Course setter SL: | Olof Ljunggren |
| Course setter SL (assistant): | Sigrid Ljunggren |
| Course setter spectator races: | Markus Henriksson |
| Event controller: | Thomas Svensson |
| Course controller: | Thomas Persson |
| Contact email: | SL2025@lok.se |
| Project manager SOFT: | Henrik Skoglund, henrik.skoglund@orientering.se , +46 732 55 84 80 |

Welcome!



Huvudpartner Svensk orientering

bagheera

Premiumpartner Svensk orientering

