



## **CHASE START STAGE 3 - IDREFJÄLLENS 3-DAYS**

We will use three different starting methods during the last stage of the Idrefjällens 3-days and we describe these below:

- Classes D10, H10, D12, H12, D75, H75 and H85 have as usual, i.e. a drawn start list. with 2-minute intervals between starts.
- Classes D14, H14, D16 and H16 have a chase start for those runners who are a maximum of 15 minutes behind the leader after two stages. Others, who are more than 15 minutes behind the leader will start **AFTER** this time with 1 minute start interval in the order in which they are placed after two stages.
- Other classes, HD18-HD65 have a chase start for those runners who are max 15 minutes behind the leader after two run stages. Others, who are more than 15 minutes behind the leader after two run stages will start from about 15-45 minutes **BEFORE** the class chase start begins. These runners will start at 1-minute intervals in order of placement after two stages.

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## TIME SCHEDULE STAGE 3 - IDREFJÄLLENS 3-DAY



Class	Start time	Comments
D10	11.00	Drawn starting list
D12	11.00	Drawn starting list
D16	11.00	Chase starts within 15 min after the leader. Others start after with minute start
D75	11.00	Drawn starting list
H21K	11.00	Chase start within 15 min after the leader. Others start before from 10.50 approx.
H85	11.00	Drawn starting list
H10	11.01	Drawn starting list
H12	11.01	Drawn starting list
D14	11.05	Chase starts within 15 min after the leader. Others start after with minute start
D21K	11.05	Chase start within 15 min after the leader. Others start before from 10.50 approx.
H20	11.05	Chase start within 15 min after the leader. Others start before from 10.50 approx.
D18	11.10	Chase start within 15 min after the leader. Others start before from 10.55 approx.
D65	11.10	Chase start within 15 min after the leader. Others start before from 10.55 approx.
D20	11.15	Chase start within 15 min after the leader. Others start before from 11.00 approx.
H21	11.15	Chase start within 15 min after the leader. Others start before from 11.00 approx.
H75	11.15	Drawn starting list
H14	11.20	Chase starts within 15 min after the leader. Others start after with minute start.
H16	11.20	Chase starts within 15 min after the leader. Others start after with minute start
H18	11.20	Chase start within 15 min after the leader. Others start before from 11.05 approx.
D21	11.25	Chase start within 15 min after the leader. Others start before from 11.10 approx.
D35	11.25	Chase start within 15 min after the leader. Others start before from 11.10 approx.
D55	11.25	Chase start within 15 min after the leader. Others start before from 11.10 approx.
H35	11.25	Chase start within 15 min after the leader. Others start before from 11.10 approx.
D45	11.30	Chase start within 15 min after the leader. Others start before from 11.15 approx.
H45	11.30	Chase start within 15 min after the leader. Others start before from 11.15 approx.
H55	11.30	Chase start within 15 min after the leader. Others start before from 11.15 approx.
H65	11.35	Chase start within 15 min after the leader. Others start before from 11.20 approx.

