

Joy, Fellowship, Excitement!

40-years jubilee!



INVITATION

25manna 2013



Saturday the 12th of October in Brunna, Upplands Bro

Information

Homepage: www.25manna.nu

Inquiries: info@25manna.nu

Event Venue

Brunna in Upplands Bro about 30 km north west of central Stockholm.

Start and estimated finish

Mass start at 09:00 – the winning team is expected to cross the finish line around 14:00.

Restart will be at 16:00.

The ladies conclude

This year the men will start and for the first time the ladies will run the second leg. The ladies will conclude by running the last leg. The principle is that men and women take turns at running the first and last leg.

Terrain

Woodland with moderate height variation and mostly good runnability. The level of detail is normal, but more detailed areas occur. Open ground close to the arena. A small number of bigger and smaller paths and trails occur mainly in the northern part of the area some of them made by motorcross. The competition area includes both old spruce and denser deciduous forest.

The map covers a very interesting area where there was a fire many years ago. There are stretches with open areas mixed with very dense forest. Areas with felled forest occur in connection with the fire area.

Map

Scale 1:10 000, revised 2013.

Contours 2,5 m.

Preliminary course lengths and team composition:

Leg	No of runners	Course length km	Difficulty	Right to participate
1	1	6,5	Blue	All
2	1	5,1	Blue	Women - NEW
3	4	4,2	Red	Women
4	4	3,0	White	No W19-39, M15-54
5	4	6,7	Blue	All
6	4	4,3	Red	No M17-39
7	4	5,0	Red	All
23	1	3,8	Orange	No W19-34, M15-49
24	1	8,5	Blue	All
25	1	5,5	Blue	Women

The above course lengths include about 300 m of taped route.

The team is allowed to use a maximum of 9 men M21-39 and must include at least 7 women. Out of those women, at least one must be -W14/W45- and one must be -W18/W35-. Additionally, the team must also have at least one MW16 or younger

Event details

Event details will be published on the website no later than September 15th.



Joy, Fellowship, Excitement!



40-years jubilee!



Car, Bus and Caravan parking

At designated areas, max 2500 m from the arena. Route guidance in the event details. Caravans can be parked at the accommodation.

Public transport

Commuter trains from Stockholm Central Station towards Kungsängen/Bålsta, get off at Kungsängen station. From Kungsängen station bus 559 or 559B to exit Marknadsstigen + about 700 m walk.

(www.reseplanerare.sl.se),

Entry and confirmation

Entry via Eventor

<http://eventor.orientering.se/Events/Show/4528?culture=en-GB> from June 1th and must be

received *no later than September 1th*.

Electronic registration can be checked in Eventor. Instructions for submitting of team formation will be detailed in the event details.

Note: Team bags will be issued only when the fee is paid.

SportIdent

Do not enter SI-numbers in the entry. Upon check-in the barcode on the number bib will be scanned and linked to the SI-card.

Note: The SI-card may be used only once during the race. If the card is not returned, the club will be charged 600 SEK.

Late entry

Until October 1st with an increased fee as described below.

Accommodation

We offer accommodation on a hard surface + breakfast at a school within about 2 500 m walking distance to the event venue. Limited number of places. Reservations are made together with the entry. Information and questions about accommodation is answered through logi@25manna.nu.

Contact Katarina Brozin for hotel bookings (katarina.brozin@scandichotels.com) and xxx booking number 6746601.

Entry fees

Ordinary entry fee, until September 1st	3200 SEK/team	Parking fee 400 SEK included (car/bus)
Late entry fee, until October 1st	4200 SEK/team	Parking fee 400 SEK included (car/bus)
Club tent fee	250 SEK/area	Space 6 x 4 m
New: Peak tents ("Topptält"). Rental tents in three different sizes, put up and ready on arrival and placed in a good location at the event venue.		
Peak tent ("Topptält") 3x3m	3900 SEK/each	
Peak tent ("Topptält") 4x4m	4900 SEK/each	
Peak tent ("Topptält") 5x5m	6700 SEK/each	
Rental of SI-cards	50 SEK/each	SI-cards type 6
Not returned SI-card	600 SEK/each	
Accommodation on hard surface, adult, including breakfast	150 SEK/night	Reservation must be made by October 1th. Breakfast included.
Accommodation on hard surface, youth, born -01 or later	130 SEK/night	Reservation must be made by October 1th. Breakfast included.
Caravan parking (close to accommodation)	250 SEK/each	Reservation must be made by October 1th.
New: Packed lunches for your own preparation. More information about the content, see 25manna.nu		
Package 1: Sandwiches 30 off	180 SEK	
Package 2: Hot dogs 40 off	275 SEK	
Package 3: Goulash soup 10 portions	275 SEK	One portion is 2,5 dl
Package 4: Salad of 500 grams (incl cutlery)	60 SEK	<ul style="list-style-type: none"> • Pasta salad (cheese and ham) • Chicken salad with bulgur • Feta cheese salad (vego/gluten free)



Joy, Fellowship, Excitement!



40-years jubilee!



Payment of fees

Payment	Payment of all fees must be made no later than September 10. When paying enter reference in the format: Club, type of fee Fees for late entry should be paid immediately after entry. Questions regarding payment: carin.runqvist@home.se Payment must have been done in order to collect the team bag
From Sweden	Plusgiro 1 10 26-2 Järfälla Orienteringsklubb
From other countries	IBAN SE63 9500 0099 6026 0011 0262 BIC-code (SWIFT-address) NDEASESS Payment recipient: Järfälla Orienteringsklubb Bank: Nordea Bank AB, 105 71 Stockholm

Open courses with direct entry

Courses that will be offered:

ÖM1	2,5 km	white
ÖM4	5,0 km	gul
ÖM5	3,5 km	orange
ÖM7	2,0 km	blue
ÖM8	4,5 km	black

Entry is open between 08:30-13:30 with free start between 09:00-14:00. Fees -MW16, 60 SEK, others 110 SEK.

Pre-entry also possible through Eventor (Motionsorientering-25manna).

String course (Miniknat)

String courses are available at the event centre. Starting 09:30-14:00. 20 SEK per participant. The fee includes a prize at the finish.

Shower

Warm outdoor shower close to the event centre.

Service

Well assorted café with food and grill. Menu and prices will be published on the home page. NEW: Possibility for clubs to pre-order food packages for collection and own serving will be offered.

Sport equipment sales.

First aid with attending doctor.

Organisers

Jonathan Alm, Järfälla OK and Maria Cole, Väsby OK.

Course planners

Birgitta Billstam, Järfälla OK, Anders Enström and Kristofer Thorslund, Väsby OK.

Controller - event

Claes Andersson, Snättringe SK

Controller - courses

Göran Nilsson, Snättringe SK

Welcome to the 25manna weekend 2013!

