



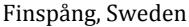


Finspångs SOK welcomes you to

Silva League Stage 1

Long distance, World Ranking Event (WRE)

Sunday 20th April 2014



Bulletin 2

Final Details





(ver 1, 2014-04-13) Supplementary information or late changes may apply and it is the responsibility of the competitor to take note of final details posted on the arena on the competition day.

Event center

The event center is located in Lotorp, 4 km outside Finspång. Follow signs at road 51 from the eastern entrance of Finspång.

Parking

Follow parking signs and the guidance by officials. Walking distance from parking to arena is 300-1000 m. I case of very unfavorable weather conditions the distance may be up to 2,5 km. Make sure to arrive in good time!

Buses shall be pre-notified to Barbara Leuenberger, tel. +46(0)70-253 46 54. Caravans are not allowed in the parking area.

Parking fee is 20 SEK and is taken up at the entrance to the arena.

Arena location, GPS: Long. 15.82431, Lat. 58.73728

Late entry

Entries should primarily be made online through **Eventor**.

Last time for late entry is Thursday 17th April at 12.00 am.

Entry fee is SEK 240 ($ext{ } ext{ } ext{$

IBAN: SE21 8000 0848 0690 3150 4245 BIC/SWIFT-address: SWEDSESS

Map

New offset printed map with scale 1:15 000 and contour interval 5 m. Drawn by Kent Åke Olsson, 2013-2014.

Local symbols:

- Giant boulder
- Charcoal kiln relic
- Distinctive tree (green cross)
- Root cellar (brown cross)
- Hut ruin (black cross)

Old orienteering maps over the competition area can be downloaded from here:

Loreberg 2000

Lunddalsbladet 1981

Control descriptions

Control descriptions are not printed on the map. Separate control descriptions are available in the start lanes and may be placed inside the map case (without turning the map) by the competitor before the starting time.

Local control description symbol: × Root cellar

Selection and start draw

The start draw will be held after deadline for late entry. Subclasses (E2, E3 etc.) will be created depending on the number of entries. Selection will take place according to the rules of the Swedish Orienteering Federation (SOFT) and the International Orienteering Federation (IOF).

Contact for selection process Silva League/WRE

Tommy Eriksson, SOFT, tel. +46 10 4765 370 tommy.eriksson@orientering.se

Start list

Start list (and reserve list for junior classes) will be published online through <u>Eventor</u> on Friday 18th April.

Drop outs

If a runner cannot attend the competition the organizer has to be notified of the cancellation. By mail to sl2014.fsok@gmail.com up to 18.00 (pm) on Saturday 19th, and after that point directly to Ingrid Svensson, tel. +46 70 5937 115.

Reserve runner allocation

Allocation of reserve runners for junior classes will be held at the *Silva League Information* at **8.30 am**. (90 min before first start in the classes concerned).

Selection is done according to the reserve list and to claim a place the competitor must attend in person or be represented by a team official.

No reserve allocation in WRE-classes.

Number bibs

Start number bibs shall be worn on the cheast and the number bibs may not be folded or cut. Only the main classes (Elite 1) are wearing number bibs.

Registration

All runners in main classes M21 Elite 1, W21 Elite 1, H20E1, D20E1, H18E1 and D18E1 must register at the *Silva League Information* when arriving at the arena, where one obtains number bibs, safety pins, final details and a GPS-vest for those who are concerned.

Runners representing foreign clubs must have paid the entry fee to be able to collect their number bib.

Start

First start 09:00 am in M21 Elite 1, W21 Elite 1, M21 Elite 2 and W21 Elite 2. First start 10:00 am for all other elite classes.

Distance to start 1 (Silva League) is 3,9 km, half road and half trail, very slight ascent. The way to start is marked with signs and orange-white tapes. Take your time and enjoy the lake view!

At the start area there is drinking water, toilets and a tent for changing and shelter. Spare clothing and bags will be transported back to the arena. Competitors shall wear clothing that fully covers the body except head, neck and arms. Officials may prohibit runners from starting if clothing is not sufficient.

Quarantine

No later than **10.30 am** all elite class runners must have left the arena. There is no need for a special quarantine zone because of the long distance to the start. For those who start at the very end we recommend to bring a small backpack with your necessities and use the facilities at the starting area for your final preparation.

Use of any device that enables online information about the competition is strictly prohibited on the way to start and at the starting area.

GPS-tracking

List of runners selected for GPS-tracking will be announced at the *Silva League Information* tent, where also the handing out of vests is performed.

The GPS transmitter is handed out by officials at the starting area. Runners refusing to wear the GPS unit may be prohibited to start by officials.

The GPS unit and vest shall be returned to officials directly after the finish.

Refreshments

Refreshments are served at the starting area, at specific refreshment controls on the course and at the finish. Just water at start and finish. Water and sports drink (Vitargo) on the course.

Punching system

SportIdent. Own SI-card number shall be submitted with entry, otherwise a rental SI-card will be provided at additional charge (SEK 30).

All competitors have to check their SI-card number towards the start list and report any discrepancy. The SI-card must be emptied and checked by punching the "Töm" and "Check" units on the way to start. If a runner encounters a failing Sportident unit on the course (no light- or beep signal), the runner should primarily punch the adjacent Sportident unit and only, as a last option, use the manual backup and punch in the map.

Clothing and bags

Spare clothing and bags from the start can be picked up at the designated area behind the finish area on the way to the showers.

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Classes and course details

Silva League comprises all elite classes. Only W21E1/E2 and M21E1/E2 are assigned

World Ranking status.

Class	Expected winning time	Length	Total climb*	No of controls	No of refreshments on course	Size of control description
W21 Elite 1	70 min	10,7 km	540 m	17	2	153 x 63 mm
W21 Elite 2	70 min	8,6 km	490 m	14	1	135 x 63 mm
D21 Elit 3	70 min	8,0 km	-	14	1	135 x 63 mm
D20 Elit 1	60 min	7,8 km	-	13	1	129 x 63 mm
D20 Elit 2	60 min	6,6 km	-	11	1	117 x 63 mm
D20 Elit 3	60 min	6,6 km	-	11	1	117 x 63 mm
D18 Elit 1	50 min	6,7 km	-	12	1	123 x 63 mm
D18 Elit 2	50 min	5,7 km	-	13	1	129 x 63 mm
D18 Elit 3	50 min	5,7 km	-	13	1	129 x 63 mm
M21 Elite 1	90 min	16,1 km	765 m	22	2	183 x 63 mm
M21 Elite 2	90 min	14,4 km	690 m	21	2	177 x 63 mm
H21 Elit 3	90 min	13,8 km	-	19	2	165 x 63 mm
H21 Elit 4	90 min	13,7 km	-	20	3	171 x 63 mm
H20 Elit 1	70 min	12,2 km	-	18	2	159 x 63 mm
H20 Elit 2	70 min	10,0 km	-	15	2	141 x 63 mm
H20 Elit 3	70 min	9,8 km	-	16	2	148 x 63 mm
H18 Elit 1	55 min	8,7 km	-	14	1	135 x 63 mm
H18 Elit 2	55 min	7,4 km	-	12	1	123 x 63 mm
H18 Elit 3	55 min	7,4 km	-	12	1	123 x 63 mm

^{*} Total climb is calculated according to Competition Rules for International Orienteering Federation (IOF) Foot Orienteering Events from Januari 1st 2014 and the additional instructions in British Orienteering Rules of Orienteering 2014, Appendix B: Course Planning.

Terrain description

All courses go through a nice forest with a touch of wilderness, several small lakes and a lot of forested marshes. Some graveled roads cross through the area but paths and ditches are very few. No power lines or cultivated areas, and houses mainly exist adjacent to the arena.





Good to excellent run ability. Mainly pine-forest and very few areas with reduced visibility. Some courses passes through a flat rock area with a visibility of more than 100 m. Lightly to moderately hilly terrain with some detailed slopes with a maximum incline of 50 m.

Forest thinning

A few areas have had thinning made during the winter with some residues as a consequence. These areas have in general still very good run ability and are not marked otherwise. Scattered piles of residues are present but are easily avoided.

Forbidden areas

All private property marked with symbol ISOM 527 (■). Concerns all classes.

Out-of-bounds area marked with symbol ISOM 709 (IIII). Borders to out-of-bounds areas can be either unmarked or marked with blue and yellow tapes in the terrain. Concerns all classes.

Road, including roadside and ditch, that is marked with symbol ISOM 711 (×) is forbidden to tread. Concerns some of the elite classes.

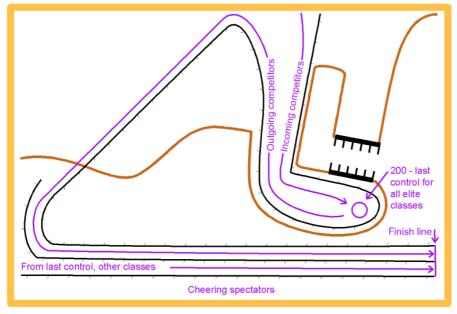
Footbridges

On the map there are three narrow footbridges marked as crossing points ()() over wet marches. The usage of these footbridges is optional.

Last control

Clarification about last control and the way to the finish line:

The last control for all elite classes is located on a small ridge very close to the finish line and therefore the course overprint of the last control and the way to the finish line may be difficult to read on the map. This schematic picture shows the area around the last control. Note that the way in to and the way out from the last control is through the same corridor.



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Maximum running time

Maximum running time is 2,5 hours for all classes.

Complaints and protests

Complaints about infringements of competition rules may be submitted at the *Silva League Information* tent or directly to the Event coordinators. Protest against the organizers' decision shall be submitted in writing at the *Silva League Information* tent or directly to the competition jury.

Prize giving ceremony

Top-7 in each main elite class (Elite 1) gets honored at the prize giving ceremony adjacent to the speaker, about 15 min after last prize winner's finish. Winners in all other elite classes (subclasses) will receive their award at the prize giving for the spectator race "Finspångsorienteringen".

Race shop

Sporting sales by Letro sport. www.letro.se

Restaurant Bruksvallen

Homemade Lasagna is served between 11.30 and 14.30 to the price of 80 SEK. Pre-booking of meals can be made through Eventor up to Thursday 17th 12.00 am.

Kiosk & Grill

Hot dogs, hamburgers, potato salad, sandwiches, cakes, candy, fruit, coffee, tea and cooling drinks. Cash payment only.

Other services at the arena

Child care (open from 8 am), Childrens string course (Fee 20 SEK and open 9–13), Massage (100 SEK/15 min).

Facilities

Toilets are located by the south entrance to the arena. There are also toilets at the starting area. Open air showers with tempered water. Basic medical care directly adjacent to the finish.

Trainings

Training courses in relevant nearby terrain are provided at the price of 40 SEK/map. More information is to be found here: www.finspangssok.se

Accommodation

http://www.visitostergotland.se/sv/finspang/bo/

Information

Please visit the <u>Eventor</u> website for more information, start list and any important updates!

Media and VIP

Press- and VIP tent with wifi is located adjacent to the finish. Please pre-register to Olle Lindman, se contact info below.

Organizing Committee

Event coordinators

Henrik Göhl, tel. +46 739 222128 henrik.gohl@glocalnet.net Erik Ernstsson, tel. +46 702 133642 erik.ernstsson@siemens.com

Course setter Silva League

Kenneth Svensson

Speaker

Per Forsberg and Anders Axelsson

Media contact

Olle Lindman, tel. +46 727 156109 perolle.lindman@tele2.se

Selection process Silva League/WRE

Tommy Eriksson, SOFT, tel. +46 10 4765 370 tommy.eriksson@orientering.se

IOF Event Adviser

Roland Nilsson, SOFT, tel. +46 709 603 479

Competition controller

Håkan Åberg, TGOK

Course controller

Anders Åberg, TGOK

Competition Jury

Vivianne Lindstam, SOL Tranås Gitte Engström, Linköpings OK Richard Holmgren, Bergnäsets AIK

Roland Nilsson, SOFT, is the convenor of the jury





Welcome to Easter in Finspång!