

## Invitation to 3-days competition

You are most welcome to Eskilstuna Weekend, a three-day orienteering competition for the whole family. The competition includes three stages: Friday evening, Saturday and Sunday.

### Programme.

Eskilstuna Weekend 2013 will take place as follows:

Friday July 4<sup>th</sup>, starts from 6 p.m. Saturday July 5<sup>th</sup>, starts from 11 a.m. Sunday July 6<sup>th</sup>, starts from 11 am

### Classes and course lengths

	Stage 1 approx	Stage 2 approx	Stage 3 approx		Stage 1 approx	Stage 2 approx	Stage 3 approx
<b>Elite distance</b>				<b>Youth classes</b>			
H 21 Elit	5 500	11 200	11 000	H 16	3 300	5 500	5 300
D 21 Elit	4 200	8 000	8 000	H 16 Kort	3 000	4 200	3 900
H 20 Elit	4 500	8 400	8 200	H 14	2 800	4 200	3 900
D 20 Elit	3 800	6 700	6 400	H 14 Kort	2 500	3 300	3 000
H 18 Elit	4 100	7 600	7 400	H 12	2 500	3 300	3 000
D 18 Elit	3 700	6 000	5 500	H 12 Kort	2 100	2 400	2 600
				H 10	2 100	2 400	2 600
Chasing start on 3rd day only in Classes <b>H-D21 Elite, H-D20 Elite and H-D18 Elite</b>				D 16	3 000	4 700	4 500
<b>Normal distance</b>				D 16 Kort	2 800	4 000	3 700
H 90	1 800	2 200	2 200	D 14	2 800	4 000	3 700
H 85	2 200	2 600	2 600	D 14 Kort	2 500	3 300	3 000
H 80	2 500	2 900	2 900	D 12	2 500	3 300	3 000
H 75	2 800	3 500	3 500	D 12 Kort	2 100	2 400	2 600
H 70	2 900	3 900	3 900	D 10	2 100	2 400	2 600
H 65	3 000	4 700	4 400	<b>Development classes</b>			
H 60	3 000	5 300	5 000	U 1	1 800	2 400	2 400
H 55	3 400	5 700	5 500	U 2	2 300	2 500	2 500
H 50	3 400	6 300	6 000	<b>Learning class</b>			
H 45	3 800	6 800	6 400	2 100	2 200	2 100	
H 40	3 900	7 700	7 300	<b>Open classes</b>			
H 35	4 500	8 200	7 800	Öppen 1	2 000	2 500	2 500
H 21	4 100	7 600	7 500	Öppen 3	2 300	3 000	3 000
H 21 Kort	3 400	5 000	4 800	Öppen 5	3 000	3 600	3 600
H 17-20 Kort	3 200	5 000	4 800	Öppen 6	4 000	5 000	5 000
D 80	1 800	2 200	2 200	Öppen 7	2 400	3 000	3 000
D 75	2 300	2 700	2 700	Öppen 8	3 400	4 500	4 500
D 70	2 300	2 900	3 000	Öppen 9	4 500	7 500	7 500
D 65	2 400	3 400	3 300	<b>Challenge class:</b>			
D 60	2 500	3 500	3 400	We have plans for a Challenge Class			
D 55	2 900	4 000	3 700	Information about this will be issued later			
D 50	2 900	4 200	3 800	H = men D = woman Kort = short			
D 45	3 000	4 700	4 400	<b>Development classes</b> = For children / reduced level of difficulty.			
D 40	3 200	5 100	4 600	<b>Open classes:</b>			
D 35	3 400	5 800	5 200	Registration at the event each day (no pre-entry).			
D 21	3 400	5 800	5 200	<b>Learning class</b> = Beginners, introduction			
D 21 Kort	3 000	4 100	4 200				
D 17-20 Kort	2 800	4 100	4 100				

<b>Camping area</b>	Åsborgen (sportsground) and/or Ärla School. Both are located in Ärla. Camping areas will be open from 12 noon Friday July 4 <sup>th</sup> until 12 noon Monday July 7 <sup>th</sup> Caravan and tent sites, 80 square metres. Fee: 240 SEK/tent, 300 SEK/Caravan Indoor accommodation on hard floors is available at a cost of 150 SEK/person. All fees for camping shall be paid upon arrival. For other types of accommodation please contact Eskilstuna Tourist Information, tel +46-16-710 70 00
<b>Competition centre</b>	The Competition centre for all three days is at the lake Klockarsjön, about 9 km southeast of Ärla. This will be signposted from the centre of Ärla and from road 55 (about 10 km northeast of Malmköping)
<b>Registration</b>	Entries, postmarked June 23rd at the latest, should be sent to the following address:  ESKILSTUNAVECKAN, Karl Larsson, Lindsäter 1 S- 635 06 ESKILSTUNA Sweden  Alternatively, you can e-mail: <a href="mailto:karl123larsson@gmail.com">karl123larsson@gmail.com</a> All fees are to be paid at the competition arena before your first run.
<b>Late registration</b>	will be accepted up until Wednesday July 2nd at 50% extra cost. E-mail. <a href="mailto:karl123larsson@gmail.com">karl123larsson@gmail.com</a>
<b>Registration fees</b>	Elite classes: 480 SEK for three days Youth classes: up to 16-year 195 SEK for three days Other adult age classes: 330 SEK for three days Open classes: up to 16-year 65 SEK, over 16 years 110 SEK per day.
<b>Registration cards</b>	SI-system (SportIdent) will be used in all classes. Competitors may rent cards for the competition at a cost of 30 SEK / day or 90 SEK for all three days.
<b>Parking</b>	Parking along forest roads, 100-800m from the arena. Parking permits are available at a cost of 50 SEK per vehicle for the 3 days or 20 SEK per day. These are available from the event centre or directly at the event parking. Note that parking area is limited. Please try to share transport wherever possible.
<b>Start</b>	600-1800 m from the arena. First starts day 1: 6 pm, day 2: 11 am and day 3: 11 am
<b>Map</b>	Printed 2014 with latest revision in 2013-14. Scale 1:10 000, contour interval 5 m. Competitors in age classes HD60 and above have scale 1:7 500, contour interval 5 m.
<b>Terrain</b>	All stages will be held in forested areas with reasonable path and road networks. Hilly ground with good contour detail. Very detailed features in places. Several large marshes, mainly on day 2 and 3. Generally very good runnability. Vegetation is evergreen and deciduous forest of varying age.
<b>Day care and baby-sitting</b>	will be available at the competition arena on all three days of the event.
<b>Official opening</b>	at the event arena on Friday July 4 <sup>th</sup> at 5.15 p.m.
<b>Prizes</b>	For stages 1-2 to the winners of all classes. Prize ceremonies for stage 3 will take place as soon as each class is completed.
<b>Information</b>	Tomas Ljungkvist tel. +46 16-701 63, mobile +46 702 25 37 06 E-mail: <a href="mailto:tomas.ljungkvist@gmail.com">tomas.ljungkvist@gmail.com</a>

*We look forward to meeting you in the beautiful surroundings of Eskilstuna*



**ÄRLA IF**

**IK STANDARD**

