

OK Hällen invites you to
Stigtomtakavlen

Björken April 17-18th, 2014



Classes

H17E Leg 1 Night 8.7 km Forked Leg 2 Night 9.6 km Forked Leg 3 Night 6.0 km No forking Leg 4 Day 8.6 km No forking Leg 5 Day 10.6 km Forked Leg 6 Day 5.7 km Forked	H 13-16 (4-6 participants) Leg 1 2.4 km No forking Yellow Leg 2 2.9 km No forking Orange Leg 3 4.4 km Forked. Violet Leg 4 5.1 km Forked. Violet Leg 1 max 14 year	D 13-16 (4-6 participants) Leg 1 2.4 km No forking Yellow Leg 2 2.9 km No forking Orange Leg 3 3.5 km Forking Violet Leg 4 4.3 km Forking Violet Leg 1 max 14 year
D17E Leg 1 6.0 km Forked Leg 2 5.0 km No forking Leg 3 7.0 km Forked	H 12 (3-5 participants) Str. 1-3 2.4 km No forking Yellow	D 12 (3-5 participants) Leg 1-3 2.4 km No forking Yellow
H 200 Leg 1 5.9 km Forked Leg 2 5.9 km Forked Leg 3 4.2 km No forking Red Leg 4 5.9 km Forked	D 140 Leg 1 4.5 km Forked Leg 2 3.5 km No forking Red Leg 3 4.5 km Forked	Open relay No forking Leg 1 4.2 km Red Leg 2 3.4 km Blue Leg 3 2.4 km Yellow Leg 4 6.4 km Blue
H 180 Leg 1 4.5 km forked Leg 2 3.5 km no forking Red Leg 3 4.5 km forked		Open recreational courses ÖM 3, 5-9 (Only available on Friday)

Specific information

Teams in HD12 and HD13-16 are allowed to have 1-2 extra runners on the first leg. The first incoming runner who hands over to the next leg must have all punches approved otherwise the team will be disqualified.

On the first leg in classes H13-16/D13-16 all runners must be 14 years of age or younger.

Classes H180, H200 och D140 are open for runners of all ages, however the combined age of the runners must still reach the minimum allowed age for the class.

The open relay is open to runners of all ages, a runner may run two legs but an SI-card may only be used once during the competition. Runners from leg 1-3 in H17E may also participate in this class.

Punching system

SportIdent. Each SI-card may only be used once during the competition (Thursday to Friday). An SI-card that has been used in the relay can also be used in an open recreational course.

Competition fee

H17E; SEK 1080, D17E; SEK 540, H200; SEK 440, H180 / D140; SEK 330, H13-16/D13-16; SEK 260 + SEK 65/extra runner, H12/D12; SEK195 + SEK 65/extra runner, Open relay; SEK 400, Open recreational course; SEK 60 for youth, SEK 100 for adults.

In the entry fee for H17E/D17E an additional fee is included for added services such as offset printed map, online results on the web, tv-control in the forest and heated tents for changing.

Late entry fee, +50%. Entry fee at competition day, +100%. Rented SI-cards SEK 30/ pcs. All fees will be invoiced.

Registration

Registration is done through Eventor.

Specify at registration the number of rental SI-cards needed.

Address	Entry	Late entry	Time
http://eventor.orientering.se/	April 9th		Latest 23:59 hrs
		April 16th	Latest 19:00 hrs

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Team composition	The team composition should be handed in at the time of entry in Eventor or at the latest at 19.00 hrs on Thursday April 16th in Eventor. If no SI-card number is specified a rental SI-card will be allocated to the runner and the club will be charged SEK 30.	
Start list	Will be put in Eventor and on OK Hällens web site. On www.okhallen.se you can also find live results, competition comentators, tv-picture ect.	
Assembly area	Bygd, ca 8 km SE of Tystberga. On E4 take exit 135 at Tystberga. Directions at road 778 between Tystberga and Studsvik.	
Parking	Only allowed in designated area. Max 1500 meters from the arena. Fee SEK 20 per day. There are no room for caravans at the competition area. Please let us know if you arrive by bus by email: stigtomtävlingen@okhallen.se GPS coordinates parking: 58.8170, 17.3260 (Lat N 58° 49' 1" , Lon E17° 19' 33)	
Start	At the arena. The first leg of the H17E relay start Thursday at 21.00 hrs on April 17th. First start on Friday is 09:30 hrs for all clases, including the pursuit start in H17E	
Restart	Restart on leg 3 in H17E may occur for teams that are far behind the leading team.	
Map	Björken. Newly mapped area by Roy Fransson 2012-2013. Offset printed map in scale 1:10.000, contour interval 3-5 meters.	
Terrain description	Wilderness with several larger and smaller marshes. Large, detailed hills mixed with easily run parties of flat rock. Moderately hilly terrain. Mainly good accessibility, some areas with lower accessibility due to vegetated marshes and areas with thicker vegetation.	
Showers	Shower outside with tempered water and heated tent for changing.	
Activities for children	Babysitting and an orienteering course for children will be available on Friday at the arena.	
Services	Canteen with coffe, candy ect. and a small selection of food at the arena.	
Sports equipment	Letro Sport	
Main officials	Event Director	Jonas Svernestam
	Course plannes	Göran Karlsson Mikael Kindborn
	Event controller	Sune Lindell
	Course controller	Sune Lindell, technical Anders Karlsson, practical
	Press	Tomas Öberg tomas_lundstrom@hotmail.com
Information	Website OK Hällén	www.okhallen.se
	Website Eventor	http://eventor.orienteering.se/events/show/5778
	E-mail:	stigtomtävlingen@okhallen.se
Other	At the arena there will be a tent with screens showing live results and pictures from the forest. The competition will take place in a natural reserve where camping is forbidden. Please visit www.visitnykoping.se to get more information about Nyköping and to get some advice on accommodations in the nearby area.	

WELCOME - OK HÄLLEN