

OK Hällen welcomes you to
Stigtomtävlingen

Björken 17-18 april 2014



PM Stigtomtävlingen

Assembly area Bygd, ca 8 km SE of Tystberga. On E4 take exit 135 at Tystberga. Take left towards Studsvik. Directions at road 771 in Tystberga.

Parking Only allowed in designated area. Between 0-500 meters from the arena. In poor weather up to 1500 meters. Fee SEK 20 per day. There is no room for caravans at the parking area. If you arrive by bus, please let us know by email:
stigtomtävlingen@okhallen.se

GPS coordinates parking: 58.8170, 17.3260 (Lat N 58° 49' 1", Lon E17° 19' 33)

Team envelope Handed out at the information desk. Team envelopes can be stored at the information desk by the organizer over night between Thursday and Friday. No safety pins are provided by the organizer.

Map Björken. Area newly mapped by Roy Fransson in 2012-2013. Offset printed map in scale 1:10.000, contour interval 3-5 meters. In open recreational courses class 5 and 7 you can choose to get a digital printed map in scale 1:7 500.

There is a passage over a marsh marked on the map. The passage is marked in the terrain with interception stripes. Please be careful when passing.

Lokala tecken:	
—	Rågång Drivningsväg
x	Kojruin Mindre jakt pass
o	Kolbotten
x	Särpräglad träd
→	Vägbom
•	Sten 1,2m
•	Sten 2,0m
•	Sten 2,5m

In the competition area there are many hunting towers, both new and old which are not all reported on the map.

Unclear paths In the area closest to the arena there are some unclear paths that are marked in the terrain with white stripes.

Terrain description Wilderness with several larger and smaller marshes. Large, detailed hills mixed with easily run parties of flat rock. Moderately hilly terrain. Mainly good accessibility, some areas with lower accessibility due to vegetated marshes and areas with thicker vegetation.

Team composition The team composition should be handed in at the time of entry in Eventor or at the latest at 19.00 hrs. on Thursday April 16th in Eventor. If no SI-card number is specified a rental SI-card will be allocated to the runner and the club will be charged SEK 30. Changes of team composition or SI-card numbers can be handed in at the arena by way of exception on the day of the competition, but no later than 60 minutes before the start. For H17E, the team composition for the whole relay must be handed in 60 minutes before the start on Thursday April 17th. Changes are made on a form that is included in the team envelope.

Number Bibs Bibs with advertisement for Sörmlandsbanken will be worn by all competitors.

Please observe labeling by leg. Last leg will have numbers in red colour.

H17E	1-199	D17E	201-350
H200	401-450	D140	351-399
H180	451-500	D13-16	601-700
H13-16	501-600	D12	801-899
H12	701-799		
Open relay	901-999		

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Start	H17E	Thursday	21:00 am	
	H17E	Friday	ca 10:00am	pursuit start
	D13-16, H180, H200, Open relay	Friday	09:40 am	
	D12, D140	Friday	09:50 am	
	H13-16	Friday	10:00 am	
	D17E, H12	Friday	10:10 am	
Restart	H17E Thursday	ca 60 min after the leading team runs out on leg 3		
	H17E Friday	11:00 am for all teams that are more than 60 min after		
	13:00 am Friday	H17E, D17E, H200 (ca. 20 minutes after first team finish in H17E)		
	12:30 am Friday	For all other teams		
	Preliminary times, time will be announced by the speaker. Teams that start in the restart are placed after the other teams in the results.			
Maximum time	Thursday	The finish closes 2 hrs. after the restart.		
	Friday	The finish closes 2 hrs. after the last restart.		
Forking	There will be forkings in all classes and legs except for Open relay, H/D12, H/D13-16 leg 1 and 2, D140 leg 2, H180 leg 2, H200 leg 3, D17E leg 2 and H17E leg 3 and 4.			
Public control	Some legs in H/D17E will pass a public control at the arena. Between the two controls the runners should follow red/white stripes that is marked on the map with a dashed line.			
Online Surveillance	Online surveillance of Stigtomtävlen will consist of one TV control, radio controls and pre-warning controls. In order to follow the competition live go to www.okhallen.se .			
Punching system	Sportident. Rented SI-cards is handed out in the team envelope. If a team loses a rented SI-card the team will be charged SEK 450.			
	Each SI-card may only be used once during the relay competition (Thursday to Friday). An SI-card that has been used in the relay can also be used in an open recreational course.			
	At each control point there are at least 2 SI-punches. If you don't get a light or sound signal at the first, punch at the other.			
	SI-card with space for less than 30 punches cannot be used at leg 5 in H17E. SI-card 6 or 9 (or newer) is recommended at this leg			
Change over	Incoming runners must punch at the finish line, leave their map at a designated area and then collect the map for the outgoing runner. Outgoing runners should follow white stripes to the starting point.			
Disqualified teams	Teams that are disqualified for some reason are allowed to continue in the competition. Teams in H/D17E that are in the lead or close to the lead will be stopped for approximately 15 minutes before change over to the next leg in order to not affect the final result of the competition.			
Specific information	Teams in H/D12 and H/D13-16 are allowed to have 1-2 extra runners on the first leg, all teams gets 3 maps at the start. Maps that are not used should be handed over to the functionaries on the way to the starting point. The first incoming runner who changes over to the next leg must have all punches approved otherwise the team will be disqualified.			

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On the first leg in classes H/D13-16 all runners must be 14 years of age or younger.

The open relay is open to runners of all ages, a runner may run two legs but an SI-card may only be used once during the competition. Runners from leg 1-3 in H17E may also participate in this class.

Acting as shadow for children is allowed, but not by a runner who later will participate in H/D17E.

Refreshments	Tempered sports drink and water are served at a control at leg 1, 2 and 5 in H17E.
Control points	All control points are marked with a control and the control points that are used at night are also marked with a reflex.
Finish	On the last leg the finish punch will be done after the finish line. Finish line judges will decide the final result.
Open recreational-courses	Open recreational courses are available on Friday; ÖM3, 5-9. Fee for youth (up to 16 years) is SEK 60, for adults SEK 100. Rent for SI-card SEK 30. Start 09.30 am to 11.30 am. It is allowed to act as shadow for children but not by a runner who later will participate in H/D17E.
Cloven	Report cloven observations (deer, moose) in the terrain to the information desk.
Showers	Shower outside with tempered water and heated tent for changing.
Toilets	At the arena and at the change over area.
Distrubution of maps	At the information desk 15 minutes after the last restart.
Price giving ceremony	Will take place once final results are available in each class and will be announced by the speaker.
Competition rules	Besides this PM the competition rules that are issued by the Swedish orienteering federation apply.
Services	Canteen offering coffee, candy, sausages and hamburgers etc. is located at the arena.
Activities for children	Babysitting and an orienteering course for children will be available on Friday at the arena.
Sports equipment	Letro Sport
Health care	Available at the arena.
Main officials	Event Director Jonas Svernestam, +46701-75 11 15 stigtomtakavlen@okhallen.se Stefan Gustafsson Mikael Kindborn
Course planers	Mikael Kindborn, Göran Karlsson
Course controllers	Sune Lindell, Anders Karlsson
Event controller	Sune Lindell
TBE-vaccination	During Friday it will be possible to get a TBE-vaccination. Price SEK 290 for adults and SEK 270 for children. You can pay by credit card. www.fasting.nu