

General information

Kolmårdskavlen Relay

Monday 21 April

Location	Getå Hultet, Åby. Direction from E4, Strömsfors junction 126, and from road 55/56 at the southern and northern Åby exit. From the exits it is about 15 minutes ride on small roads.						
	NOTE: No entry from the south via Getå. See route guidance on www.kolmardsdubbeln.se						
Parking	On assigned location max 600 m to assembly area. Car parking charge 20 SEK. If you are considering bringing a coach, kindly contact the organisers +46 (0)730-499 631.						
Map	Korpklint. 1:10 000, 1:7 5000 for M/W 60 and older, contour interval 5 m. Cartography by Andreas Franzon. Resurveyed 2012 by Andreas Franzon and members of OK Kolmården. Certified digital print by BL-Idrottsservice. Hunting stands are not marked on the map. Some vague paths are white taped.						
Terrain	Mixed forest, a few paths. Moderate climb with some detailed slopes. Mostly good to very good runability. Some rocky areas occur.						
Club bags and team envelopes	Available for collection at the assembly area (self service). The bags contain bibs, rented SI-cards and a club start list. Please bring your own safety pins.						
Team composition	Final team composition must be registered no later than Sunday 20 April at 16:00, via Eventor. In special circumstances on the competition day no later than 1 hour before start. Forms are available at the information desk. Note that cancellations of additional runners on the middle leg in the youth classes also need to be reported. Note: Each runner needs an SI-card. Runners not providing an SI-number with their entry will be assigned a hired SI-card. Lost hired SI-cards will be charged 500 SEK.						
Competitor bibs	Bibs must be worn by all runners. Last leg red text, other legs black text. Please bring your own safety pins.						
Start times	9:00 M17E 10:00 M120, W120, W16 10:20 M16, W14, W150, M150 10:40 W12, M180, W17E 11:00 M12, M14, Open relay						
Relay Class details	<i>Class</i>	<i>Legs</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>
	M17E	5	9.5 - <i>black</i>	7.5 - <i>black</i>	7.5 - <i>black</i>	9.5 - <i>black</i>	9.5 - <i>black</i>
	W17E	3	6.5 - <i>black</i>	4.8 - <i>black</i>	6.5 - <i>black</i>		
	M120	3	6.3 - <i>black</i>	6.3 - <i>black</i>	6.3 - <i>black</i>		
	M150	3	4.8 - <i>black</i>	4.8 - <i>black</i>	4.8 - <i>black</i>		
	M180	3	3.7 - <i>black</i>	3.7 - <i>black</i>	3.7 - <i>black</i>		
	W120	3	4.3 - <i>black</i>	4.3 - <i>black</i>	4.3 - <i>black</i>		
	W150	3	3.7 - <i>black</i>	3.7 - <i>black</i>	3.7 - <i>black</i>		
	M12	3	2.7 - <i>yellow</i>	2.2 - <i>white</i>	2.7 - <i>yellow</i>		
	M14	3	3.4 - <i>orange</i>	2.7 - <i>yellow</i>	3.4 - <i>orange</i>		
	M16	3	5.4 - <i>violet</i>	3.4 - <i>orange</i>	5.4 - <i>violet</i>		
	W12	3	2.7 - <i>yellow</i>	2.2 - <i>white</i>	2.7 - <i>yellow</i>		
	W14	3	3.4 - <i>orange</i>	2.7 - <i>yellow</i>	3.4 - <i>orange</i>		

W16	3	4.4 - violet	3.4 - orange	4.4 - violet
Open	3	4.4 - violet	3.4 - orange	4.8 - black

- Forking** All legs except the middle leg in the youth classes are forked. Also the open relay is not forked.
- Changeover** Incoming runners punch on the finish line, hand their maps to an official and collect the next leg's map from the barrier, where the changeover happens.
In the youth classes, every team has 3 maps on the middle leg. The first runner to finish on the middle leg changes over to the third leg. Leftover maps will be left at the barrier.
- Radio controls** Every leg in W17E and M17E.
- Restart** About 15 minutes after the M17E finish. Announced by the speaker.
- Disqualified teams** Disqualified teams are allowed to continue with the competition. Teams that may affect the outcome of the competition in W17E and M17E will be held back about 15 minutes after changeover.
- Entry-on-the-day courses** Entry from 9:00 onwards, with start between 9:00 – 12:00. Fees: youths up to 16 years old 60 SEK, others 100 SEK. Rental SI-card 25 SEK.
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|-----|------------------|-----|-------------|-----|-----------------|
| ÖM1 | 2.1 km very easy | ÖM3 | 2.6 km easy | ÖM5 | 3.3 km moderate |
| ÖM6 | 5.6 km hard | ÖM7 | 3.1 km hard | ÖM8 | 4.6 km hard |
| ÖM9 | 7.4 km hard | | | | |
- Electronic punching** Sportident. If the unit fails, use the reserve control punch on the map.
- Control description sheets** Control descriptions will be printed on the competition maps.
- Map distribution** Maps will be handed out (self service) at the assembly area after the restart, and will be announced by the speaker. Runners in entry-on-the-day courses keep their maps after finishing.
- Reporting wild animals** Please report sightings of wild animals after finishing.
- Prize giving** The number of prizes in each class will be announced at the results board. Prizes will be awarded in stages, as announced by the speaker. The open relay and entry-on-the-day courses will have a prize draw, with prizes to be collected at the prize table.
- Toilets - shower** Toilets at the assembly area and within the changeover area. Hot showers outdoors next to assembly. Environment friendly shampoo is available at shower.
- Catering** Sandwiches, buns and cakes, drinks and sweets. Also pasta salad, potato salad, goulash soup and hotdogs. Cake draw.
- Miniknat** Next to assembly area. Start between 10:00 – 12:30 hours. Fee 10 SEK.
- Child care** At assembly area. No fee.
- Sport traders** Letro Sport will have a wide range of goods.
- Live results** Live results will be continuously published to www.kolmardsdubbeln.se during the competition.
- Main officials**
- Competition managers*
Hans Persson, +46 (0)70-512 74 16, Maria Nordwall, +46 (0)730-97 69 25
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| <i>Course planners</i>
Mikael Westerberg, Peter Berggren | <i>Course controller</i>
Anders Larsson, IFK Norrköpings OK |
| <i>Press officer</i>
Evert Elgefjord, +46 (0)708-19 37 31 | <i>Competition controller</i>
Lena Fröberg, GoIF Tjalve |