



HELSINGBORGS

SKID- OCH ORIENTERINGSKLUBB



Bulletin – Final details

Sunday 20th April 2014

Middle-distance

Event centre: The event centre is located at Kungsbygget. Follow signs from road 24 between Nordanå and Våxtorp.

Emergency number: The number is printed on the map. Call 0702-104915

Parking: Follow signs and guidance by officials. Walking distance from parking to arena is 300 m.

First start: 10.00 a.m. late entries start before the others.

Map: Kungsbygget, scale 1:7 500 DH60-DH90, other classes 1:10 000. Map drawn in 2014. Colour laser printing. All the small trails in white forest are not reported on the map. There are also a few small trails that have supervened during the clean up after the storm Sven. Control descriptions are printed on the map and separate control descriptions are available in the start lanes.

Punching system: Electronic – SPORTident NOTE! If a unit does not work – Use the manual backup and punch in the maps.

Start: The way to start is marked with orange/white tapes – 560 m.
NOTE! “Inskolning”, ÖM 12 and the “miniknat” start by the childcare at the arena. Unfortunately aren’t these courses appropriate for parents with children in strollers. Runners in open classes, “U-classes” and the youth classes are allowed to look at the map for one minute before the start signal.
NOTE! Runners in open classes must punch the start-unit before start.

Taped trails: In the forest there are a few indistinct paths that have been taped with white tape. This will affect all classes.

Tapes between controls: On the induction-course there are a few laps that are taped.

Clothing: Competitors shall wear clothing that fully covers the body except head, neck and arms. Officials may prohibit runners from starting if clothing is not sufficient. An Inspection will be made on the way to the start. This will be done near the clear-and check units that are located close to the arena.

Forbidden areas: All private property is prohibited to enter. Please respect this!

Open classes: Free start between 10.00 a.m. and 11.30 a.m. Entries to the guidance classes (U1 and U2) can be done at the arena. Runners in these classes must punch the start-unit before start.

Maximum running time: Maximum running time is 2,5 hours for all classes.

Results: Results will be put up at the arena. Live results will also be available – the link will be found in Eventor.



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Toilets: At the arena and on the way to the start

Services:

- <i>Shower</i>	Outdoors shower at the arena
- <i>Childcare</i>	From 09:00 a.m.
- <i>Refreshment room</i>	Well endowed canteen
- <i>Race shop</i>	Sporting sales by Pukes sport
- <i>"Child race"</i>	Between 09.30 a.m. and 11.00 a.m.

Prices: A collective prize giving ceremony will be held as quick as possible.

Event coordinator: Mats Nilsson,

Course setter: Tommy Peterson,

Media contact: Mats Nilsson

Competition- and course controller: Ulf Jönsson, Laholm

Competition jury: Jan-Erik Nelking, Skånes OF and IS Kullen (3 persons)

We thank our landholders for the cooperation regarding our events this weekend and we wish everybody GOOD LUCK in the forest!

Helsingborgs SOK