



invites entries to Abisko 2-days with the Barents Match and part of the Lapland 5-day

”Orienteering in a unique environment with the Lapponian Gate in the background”



The competition area between Abisko E/Ö and the Lapponian Gate is visible on this image, Photo: Peter Rosén, www.laplandmedia.se

Saturday 2 Augusti 2014, Middle distance

Sunday 3 August 2014, Long distance

Competition Centre

Abisko East (about 100 km NW Kiruna), signeposted from the E10 highway

Web site

<http://www.ifkkiruna.se>

Classes

DH21E, DH20E, DH18E

DH10, DH12, DH12 Kort (Kort=Short), **DH14, DH14 Kort, DH16, DH16 Kort** In short youth classes pairs are allowed

DH21, DH35-75 with 5 year-intervals

ÖM1, ÖM3, ÖM8 (ÖM = Open fitness class)

Challenge 15 DH Easy course over 15 km as the crow flies

U1, U2, Inskolning Junior classes for beginners. Shadowing is permitted

The following classes are added in the long distance on Sunday:

DH17-20 Kort, DH21 Kort, ÖM9

Too few entries can lead to classes being merged.

Entry

As the first choice entries should be done in Eventor

(<http://eventor.orientering.se/Events/Show/6155?culture=en-GB>).

Non-Swedish competitors can create accounts in Eventor. In exceptional cases e-mail your entry to anmalan@ifkkiruna.se. Entries can be made up to and including Sunday 27 July.

Entry fees: Elite classes 160 SEK (18 Euro)/day, youth classes 50 SEK (6 Euro)/day and the rest of the adult classes 110 SEK (12 Euro)/day.

The higher fees in the scale of fees (according to Swedish rules) for adults are motivated by the distance to the competition centre as most of the race officials live in Kiruna C (about 100 km from competition centre).

Swedish clubs will be invoiced.

Non-Swedish clubs can use following information for payments:

IFK KIRUNA

Idrottsvägen 10

981 39 Kiruna

IBAN SE98 8000 0826 4405 4309 7281

BIC SWEDSESS

Sparbanken Nord

Lars Janssonsgatan 18

SE-98131 Kiruna

It is also possible to pay in cash at the competition centre. Only SEK and Euro are accepted.

Late entry

Can be made up to and including Wednesday 30 July for 50% higher fee.

Entry on place	Entry on the competition day can be made in the open classes for the ordinary entry fee.
Punching system	SportIdent. If no card number is indicated in the entry a rental card will be allocated. Rental fee is 50 SEK (6 Euro) per day. Non-returned rental card costs 800 SEK (90 Euro). Start punching for junior beginner classes and open classes. Finish punching for all classes. For the mass start Challenge classes an official will decide the finishing position for the first three runners at a finish line a few meters before the finish punch.
First start	Saturday: 13:00 . Mass start at 12:30 at the competition centre for the Challenge-classes. Sunday: 10:00 . Mass start at 09:30 at the competition centre for the Challenge-classes.
Map	Abisko SO från 2006, revised 2014. Map can be seen in Eventor. The scale of the maps will be given in the competition PM.
Terrain	Short easy courses: Forest with a coherent path network. Other courses: Forest with some small lakes, paths and swamps. Open fell moors exist. The terrain is moderately to very hilly. The amount of detail is mostly moderate but there are some parts with more detail primarily in the contours. Good runnability. The forest consists mainly of mountain birch. The leaves on the low birch trees could affect the visibility.
Game report	The competitors must report to an official if they encounter animals during the competition and say when and where.
Child care	If you have any need for child care please mail anmalan@ifkkiruna.se .
Prizes	Prizes will be based on the total result of the two days.
Barents Match	The Barents Match will be between the different teams (Sweden, Norway, Finland and Russia) in the classes DH18-21E. More information about the Barents Match in a separate PM.

Lapland 5-day



LAPPLANDS
FEMDAGARS
30JUL-3AUG
2014



Lapland 5-day is arranged together with Lapplandsfjällens OK. The

events which are included are 30/7 Årrenjarkasprinten, 31/7 Kvikkjokks Fjäll-O, 1/8 Kärkkevagge Barents prologue and 2-3/8 Abisko 2-day. According to a special point system a total result list will be calculated for the Lapland 5-day. The winners in each class will be given a special prize for the achievement. See Eventor for entries to the competitions on 30/7-1/8.

Accommodation

Abisko Mountain Lodge: www.abiskomountainlodge.se, +4698040100

Abisko Turiststation (2 km from Abisko East): www.abisko.nu, +4698040200

Abisko Fjällturer (vandrarhem): www.abisko.net, 0980-401 03

Abisko Guesthouse: <http://www.abiskoguesthouse.com>, +46768099882, +46705592254

Björkliden Fjällby (10 km from Abisko Östra/East): www.bjorkliden.com, +4698064100

www.o-resa.se: Travel and accommodation can be booked in connection to all competitions in Lapland 5-day.

Contact

Event director: Mats Luspa, +46703365773, matsl@irf.se

Course setter: Mats Dahlberg, +46703278808, dahlberg.ekelund@telia.com

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Laplandsfjällens OK: sven.lundback@gmail.com