



Bulletin 2

Silva League (WRE) Stage 4

Sprint distance Friday, May 2nd 2014

Venue and driving directions

All runners must gather in the quarantine zone at Bredstorp Sports Center.
GPS coordinates to the quarantine: N 58° 1' 36" E 15° 0' 18"E

Arena

Spectators and coaches are welcome to Arena "Ekmarkspark" in central Tranås.
GPS coordinates: N 58° 1' 59" E 14° 58' 47" (Stadshusplan, Tranås).
Runners are not allowed to visit the Arena before start!

Driving directions to the quarantine and to the arena will be posted from Road 32, exit Tranås North. See separate Traffic-PM.

Embargoed areas

The competition area is a strict embargo, see map at Eventor and silvaleaguetranas.se.

Parking

Parking for competitors at Bredstorp Sports Ground.
Parking for spectators at Junkaremålsskolan according to separate traffic PM or at public parking spaces.

Quarantine

The quarantine zone is located at Bredstorp Sports Center in Tranås.
Quarantine will open at 11.30 AM.

Check-in times, not later than:

All sub-classes (E2)	1.30 PM
M/W18 Elite 1	2.20 PM
M/W20 Elite 1	3.15 PM
M/W21 Elite 1	4.10 PM



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Runners that arrive late will be denied to start. **Participants are not allowed to visit the arena before the race!** This also applies for coaches that wish to visit the quarantine. Mobile phones, laptops and similar technical devices are strictly prohibited in the quarantine zone.

All runners will get a participant envelope with baggage tag, warm-up map, sample map and (for main classes) number bibs and safety-pins.

The warm-up area is not marked in the terrain. It is the competitor's responsibility to stay within the marked area on the warm-up map.

Indoor toilets and changing rooms.

Baggage should be tagged and placed at the drop-off zone adjacent to the quarantine entrance. The baggage will be transported to the Arena where it can be picked up after the race. Start lists and final details will be posted in the quarantine zone.

Light refreshments will be available for purchase.

Number bibs

Number bibs shall be worn on the chest by all competitors in the main classes and may not be folded. Bibs and safety pins will be found in the participant envelope.

Number series:

W21 Elite1	No 001-100
M21Elite1	No 101-200
W20 E1	No 201-299
M20 E1	No 301-399
W18 E1	No 401-499
M18 E1	No 501-599

GPS tracking

The last 25 runners in W/M 21 Elite 1 will be assigned a GPS Tracking device. A list of these runners will be published on Eventor and is also posted in the quarantine zone.

GPS device and vest should be picked up not later than 15 minutes before call up to the timed start and not earlier than 1 hour before the competitor's starting time.

Note! Personal GPS devices with display or audio feedback are not allowed in WRE classes W/M21 Elite and W/M21 Elite 2.



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Start

First start is at 1.30 PM. Start lists will be published Wednesday evening, April, 30th, on Eventor.

Pre-start is adjacent to the quarantine zone. Competitors must report at pre-start 20 minutes before their start time. Distance from pre-start to timed start is 1200 meters. Follow orange/white tapes. The marked path must be followed. Toilets are available at the timed start.

At the timed start, competitors shall report to the call up line 3 minutes before their start time. 2 minutes before start the competitor may pick up the control description (also printed on the map). 1 minute before start, the competitor may advance to the map box. The map may be picked up at the starting signal.

Late runners must wait until all other participants in the class have started.

Clothing left at the timed start will be transported to the arena.

Class	First start
Samtliga underklasser (E2, E3)	13.30
D18 E1	14.20
H18 E1	14.30
D20 E1	15.30
H20 E1	15.15
W21 Elite1	16.10
M21 Elite 1	16.20

Cancellation

Participants withdrawing from the competition shall notify the organizers before 10.00 AM on the day of the competition. Cancellations until May 1st should be made by e-mail to lennart.58@telia.com, and later by phone to +46 70 6563568.

Reserve runner allocation

Reserve lists for DH20 E1 and DH18 E1 will be published Wednesday night at Eventor. Allocation of reserve runners will be held Friday at noon (12.00) in the quarantine. To claim a place, the competitor must attend in person or be represented by a team leader.



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Course details

Class	Course length	No. of controls
W21 Elite1	3,0	18
M21 Elite1	3,4	18
D20 Elit 1	2,8	16
H20 Elit 1	3,2	18
D18 Elit 1	2,7	15
H18 Elit 1	2,9	16
W21 Elite 2	2,8	14
M21 Elite 2	3,1	21
D20 Elit 2	2,5	13
H20 Elit 2	2,9	17
D18 Elit 2	2,4	14
H18 Elit 2	2,7	15
D18 Elit 3	2,4	14
H18 Elit 3	2,5	14

Terrain description

All courses pass residential areas, parks and a very easy-run wooded area. About 2/3 of the course is in urban environment. Flat to moderately hilly, very good runnability.

Map

Offset printed map, "Ekmarksberg", drawn 2009 and revised 2014 according to sprint standard by Tomas Persson.

Scale 1:4 000. Equidistance 2 m.

Control descriptions

Printed on the map. Separate control descriptions are also available at the timed start. (Maximum size 165 x 63 mm)

Passing the arena

All main classes will be passing the arena. After the control, there is a taped path and where it ends, the course continues. There is no control or newstarting point at the end of the tape.

Local map symbols:

X = Hut, play ground equipment

O = Sponsor Vehicle



Forbidden areas

All competitors must respect forbidden areas marked on the map and not enter or cross these areas. Some forbidden areas and passages will be marked in the terrain with blue/yellow tapes for clarification.

Clothing

Competitors must wear clothing that **fully covers** the body except head, neck and arms.

Punching system

Sportident. SI-cards up to SI-11 can be used. Rental of SI-card (SI-5): SEK 20. Lost SI-card will cost SEK 250. Rented SI-cards will be handed out at the quarantine. Clear and check at pre-start.

Finish punching

Finish punching at the finish line for all classes.

Controls

Controls are marked with a flag, a code number, two electronic punching devices and one manual punching device.

Traffic

There will be existing traffic in the competition area. Traffic guards will be present at some passages but please be careful when crossing roads.

Results

Preliminary results will be posted at the Arena. Final results will be published on the event homepage and in Eventor after completed competition.

Online coverage

GPS tracking of selected runners in the classes W/M 21 Elite.
Online results and speaker sound streaming will be available on the event homepage.

Cool-down

It is not allowed for runners to enter the embargoed area until the completion is completed. Cool-down jogging is allowed on the walkway leading to showers and changing rooms.





Changing rooms and shower

Before the race, there are indoor changing rooms in the quarantine at Bredstorp Sports Center. Indoor showers and changing rooms in Idrottshuset after the race. Follow the signs from the Arena, about 300 meters.

Note! It is not allowed to return to the quarantine or the timed start after the race.

Toilets

For runners: In the quarantine, at the timed start and at the showers/changing rooms at Idrottshuset.

For spectators: At the Arena.

Refreshments

Light refreshments will be available for purchase in the quarantine and at the Event Arena.

Medical care

Available at the Arena.

Prize-giving Ceremony

Top-five in each main Elite Class will be honored. Prize-giving ceremony will be held shortly after last prize-winner's finish. In sub-classes, the winner will be honored and may collect his or her prize at the arena.

Press

There is a press tent at the Arena.

Press contact: Emil Lindström, phone +46 76 8263021

Speaker

Per Forsberg

Competition rules

IOF Competition Rules, SOFT Competition Rules and specific directives for Silva League apply.





Complaints and protests

All complaints should be made in writing to the Event Coordinators not more than 15 minutes after the last results have been published. Protests against the Organizer's decision should be made in writing within 1 hour from the announcement of the decision.

Jury

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Organizing Committee

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Event web site: www.silvaleaguetranas.se

Welcome to Tranås!



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