



+ Markdubbeln

www.u10mila.se

Öxabäck 1-3 aug 2014

INVITATION UNGDOMENS TIOMILA 2014 1-2 AUGUST

Kärra Öxabäck Marks Kommun

Fritsla VIK, Horreds SK, Kinnaströms SK, OK Mark, OK Råven,
Skene SolS invite to the 34:rd edition of Ungdomens Tiomila

Classes and courses

HD -12	HD -18	D -18
<ol style="list-style-type: none">3,0 km yellow2,3 km white2,3 km white (parallel)3,0 km yellow	<ol style="list-style-type: none">5,5 km night purple5,5 km night purple4,1 km night orange6,5 km dawn purple2,8 km day yellow (parallel)2,8 km day yellow2,8 km day yellow3,6 km day orange3,6 km day orange7,0 km day purple	<ol style="list-style-type: none">4,4 km dag purple4,4 km dag purple2,9 km dag yellow (parallel)3,2 km dag orange5,9 km dag purple
<p>Start Friday 1nd of August 18.00. Finish appr. 19.00.</p> <p>No forking</p> <p>Open for boys and girls born 2002 and later.</p>	<p>Start Saturday 2rd of August 03.00. Finish appr. 08.30.</p> <p>Forking on leg 1-2, 6-7 and 8-9.</p> <p>Open for boys and girls born 1996 and later</p>	<p>Start Saturday 2nd of August 05.30. Finish appr. 08.00.</p> <p>Forking on leg 1 and 2.</p> <p>Open for girls born 1996 and later.</p>

Parallel legs...

... can be run by 1-3
runners. First runner
sends the next leg out and
all counts in the team.



Terrain

Type: Forest, closest to the arena mixed with agricultural areas. Several paths that get less dense the further from the arena you get.

The undulation is moderate to light

The forest are mostly spruce but there are smaller areas of deciduous forest. The white areas on the map are easy to run and have good visibility.

There are areas with less visibility and reduced running speed but they are in general not homogenous, they are mixed with smaller white and yellow areas and are possible to use.

Map

Scale 1:10 000, equidistant 5 meters. Map produced 2013 och 2014. Made by Herderssons Special maps.

Punching system

Sportident. SI-Card 5, 6, 8, 9, 10, 11 can be used. Each SI-card can only be used once in the competition. You cannot use the same card in different classes. The SI-card number does not have to be included in the registration. The number is connected to the runner at check in to the exchange area. SI-cards can be rented.

Teams

Combined teams from different clubs are allowed to participate, according to rules of the Swedish orienteering federation. The rule is created with the intention that all youth-runners should be able to participate not for clubs who want to create a winning team. Read more about combined teams at www.u10mila.se (swedish). Runners in HD 12 can also run in one of the other two relays.

Competition center

Kärre Öxabäck, Marks kommun. Signs from road 156 in Örby, then 9 km to the arena, and from road 1532 in Öxabäck, then 6 km to the arena. And from road 154 in Överlida, then 17 km to the arena.

Competition office and information

At the competitions center. Open from Friday 1st of August 13.00.

Parking

Parking for cars approx. 300 meters from the competition centre. Parking fee 20 kronor.

Buses

Please let us know by the registration if you arrive by bus. Bus drop is 100 meters from the military tents. Parking for buses costs 100 kronor.

The bus parking is 7 km away, transport of driver to the arena can be arranged.

Registration

Ordinary registration at latest Tuesday 10th of June. All registration (teams, tents, food etc) are made in Eventor (eventor.orientering.se). The registration are guilty when the payment is registered. Late entry, 50% higher rate, until the 27th of July.

Note that all teams should apply "Laganmälan" to participate in the Club prize "Världens bästa ungdomsklubb".

Rates

HD-12 - 400 kronor, D-18 - 700 kronor, HD-18 - 1 200 kronor. No extra costs for extra runners on parallel legs.

Names of runners

In Eventor at latest Thursday 31st of July. It is also possible to hand in the names at the competition center, at latest Friday 16.00 for HD 12 and 21.00 for HD 18 and D 18.



Number bibs...

... and other competition material can be collected at the competition center från Friday 14.00. All payments have to be registered.

Camping

Camping is open from Friday 1nd of August 12.00. Camping closes Sunday 3th of August 14.00. Camping rates, see last page.

One camping square is appr. 8 x 8 meter. Caravans and tents are in the same camping site, appr. 500 meters from competition centre. Toilets and water at the camping site.

Military tents, for maximum 20 people can be rented raised and ready to use. The military tents are close to the competition centre.

Club tents at the competition centre, one square is 5x5 meters.

Registration for all camping and club tents in Eventor at registration. Te booking is guilty when the payment are registered.

Services

Shower 200 meters from the competition center. Breakfast, lunch and dinner is served in the restaurant. Menu can be found at www.u10mila.se. Sandwiches, hot dogs, pizza and more is available 24 hours. SM Sport has a sport shop Friday-Sunday.

Health care and tourist information in the competition center.

Food

Food coupons can be ordered in Eventor and ordered coupons will be included in the club bag with the number bibs. A small number of coupons can be bought at the arena for a slightly higher price. Breakfast, lunch and dinner are served during the whole weekend.

Payment

From Sweden: Bankgiro (BG): 741-0392 (Marks Orienteringskrets. Ange referens vid betalning i följande format: Klubb, typ av avgift.

Foreign payment:

IBAN: SE5580000803250046487781 and BIC (SWIFT-adr): SWEDSESS .

Organizers

Competition manager: Kjell Johansson

Course setter: Bo Herdersson, 070-6587251

Course setter: Martin Svensson, 0766-210334

Course control: Tomas Andersson OK Tranan

Course control: Kenneth Johansson OK Tranan

Competition control: Henrik Erickson 076-1330307

Press: Urban Sörqvist 073-8063103

Information Camping: Ronny Ragnarsson 070-5360417

Information Food: Marita Larsson 073-0576112

Information: Urban Sörqvist 073-8063103

Adress: Marks Orienteringskrets U10mila
c/o Sören Fägersten Albacken 6 51158 Kinna

Homepage: www.u10mila.se

E-mail: info@u10mila.se

BEST YOUTH-CLUB IN THE WORLD

If your club has teams in all three relays you can win the title "The best youth-club in the world". The best club according to all three relays wins the title and free registration for one team in Ungdomens 10mila 2015. Be the best - beat the rest.



Ungdomens 10-mila 2014 - service and fees

Type	Fee	Note
Team HD-12	400 SEK/team	
Team HD-18	1 200 SEK/lag	
Team D18	700 SEK/lag	
SI-card rent	25 SEK	
Printed results	50 SEK	
Camping square	350 SEK	8 x 8 m, same for tent and caravan
Military tent, max 20	1500 SEK	Square and raise included in prize
Area for club tent	200 SEK	5 x 5 m
Bus parking	100 SEK	
Dinner Friday	60 SEK	
Nightfood	50 SEK	
Breakfast Saturday	40 SEK	
Lunch Saturday	60 SEK	
Dinner Saturday	60 SEK	
Breakfast Sunday	40 SEK	
Lunch Sunday	60 SEK	

Stay the weekend!

After Ungdomens 10-mila you can participate in two individual races Saturday and Sunday.

The middle distance (Saturday afternoon) is in the same area as Ungdomens 10mila. Diverse terrain with the finale on a slope where it is crucial to have stamina and technic in place.

The long distance (Sunday morning) offers solid long stretches through varied forest that will challenge both body and mind.

Camping with full service is open Friday-Sunday.

