

# PM Abisko 2-days, Barents match 2-3 augusti 2014

Welcome to the second Abisko 2-days (last time was in year 2007), now also with the Barents match.

We want to thank Abisko Mountain Lodge for letting us to have the competition centre on their yard.

## Competition centre and parking

The competition centre will be at Abisko Mountain Lodge south of the railroad.



The parkings are on various places in Abisko Ö. Follow guidance from the parking officials and signs that start at the approach of Abisko Ö. Use the tunnel when passing the railroad.

## Start

First start on day 1 is 13:00 (12:30 the Challenge-class) and day 2 10:00 (09:30 the Challenge-class).

The distance to start day 1 is ca 1000 m and day 2 ca 150 m. Follow orange-white markings.

**Definitions are printed on map. Code number is also printed beside the controls. Only elite classes will get loose definitions.**

All classes will have start numbers. The start numbers can be find at the start. Same start number is used both days.

No toilets at the start places.

## Starting procedure all classes open classes and the Challenge class

Time start is used.

Empty and check your sport ident card on the units at the start.

A clock that shows the go forward-time (+3 minutes on real time) can be found outside the starting lines.

**3 minutes line:** Starting official bows the competitor and and checks the card.

**2 minutes line:** Only elite classes will get loose definitions at this line.

**1 minutes line:** Only youth classes will get their maps.

**Start:** Competitors in adult classes will take their maps and start. Of course the competitors in youth classes start also. Observe that it is the competitors responsibility to take the correct map.

**Late start:** If there are no special reasons for the late start the time will be counted from the ordinary starting time the competitor have. But if there are special allowed reasons for the late start then the competitor is allowed to start punch and hence the time is counted from starting punch time.

### **Starting procedure open classes**

The beginner class (Inskolning) is also an open class.

If you haven't made an entry before the competitions do that at the competition office/info. Give card number if you have a SI card otherwise you can ren a card for 50 SEK/day.

You can start between 12:45 and 14:00 on Saturday and 09:45 and 11:00 on Sunday.

Empty and check the card on the units at the starting place.

Start punch is used. Go to the corridor where the starting unit is for the open classes. Take correct map and start by punching the starting unit.

Starting official will take care that the starts will go continuously with suitable time between.

### **Starting procedure Challenge class.**

Mass start is used. The start is 12:30 on Saturday and 09:30 on Sunday.

Empty and check the card on the units at the starting place.

About 5 minutes before the start the competitors is gathered at starting line. Start official will give the maps about 2 minutes before the start. The competitors are not allowed to look at the map before the start signal. Start official will give a sign when the starts go.

### ***Finish***

Finish punch is used.

### ***Map***

The map was published 2006. The NW part is surface- and track-revised 2014. The contour interval is 5 m. Some fainter paths are marked with white markings for the beginner class (Inskolning). Those paths are marked with a red dashed line on maps with scales 1:10000 och 1:7500.

### **Scale**

Middle: 1:10 000. DH60-75 1:7500.

Long: DH16-21, H35 1:15 000, DH60-75 1: 7500. The other classes 1:10 000.

### ***Happy and sad paper faces***

To guide the beginner class (Inskolning) happy and sad paper faces are placed in the terrain. If the participant encounters a sad paper face then he or she is on wrong direction. Hence a happy face tells the participant that he or she is on the right way.

### ***Drink control***

One drink control is planned for D21E, H21E, H20E, H21, H35 and Open 9 on the long distance.

It's possible to drink from running water in the area.

### ***Research areas***

There are some small research areas (1-2 square meter) surrounded by acrylic glass. Be careful when passing these.

### ***Rental cards***

The competition office/info will give rental cards by club. The cost is 50 SEK (6 euro)/day. Not returned rental card will cost 900 SEK.

### ***Shower***

In Abisko school there is shower. Marking from TC. Take off your shoes when you enter the school.

### ***Child care***

The child care is placed in Abisko school.

### ***Refreshments***

Abisko Mountain Lodge will sell various food and coffee. You don't have to take your own food supply :)

### ***Game report***

Report to the competition office/info if you encounter animals.

The competition is on reindeer land. Be careful when you meet reindeers. If there are a herd of reindeers on your route choice try to go around that herd even if your route choice is affected. The herd must not be broken up.

### ***Toilets***

A number of dry toilets can be found at the competition centre.

### ***Prize ceremonies***

Prize ceremonies will occur when the competitions are over at the Competition Centre.

### ***Barents match***

Medals to the three best among the Barents match competitors in the elite classes on Saturday and Sunday. The best Barents team will be appointed on Sunday.

### ***Abisko 2-days***

Prizes to all competitors in youth classes. Prizes to the 5 best runners in D21E and to the 10 best runners in H21E according to total result. Prizes to the other classes if there are enough prizes.

### ***Lapland 5-days***

A prize to the winners of the classes that have competed in all the competitions included in the series.

## ***Competition jury***

Eva Leffler, OK Renen

Jan Lindelöf, Seskarö IF

Peter Westin, Vittjärvs IK

Substitute: Frans Wickbom, I 19 IF