



**Pan - Kristianstad
Invites you to
TrailO longdistance
Saturday 28 of March 2015**



Classes	TrailO- Elite, TrailO- A, TrailO- B and TrailO- C. Open classes: TrailO- A and B.
Courselengths	1500 - 2000m.
Competition rules	According to SOFTrules
Time keeping	Sportident. SI-cards can be rented for 20 SEK
Entry	Latest on Monday 16th of march by Eventor or if necessary to competition leader, see below. NB! If any kind of help is required, please inform us when making your entry. Use Eventor/tilläggsjänster.
Entry fees	Pre- Elite 170 SEK. Other classes: adults 120 SEK and youth up to 16 years 70 SEK. Solutionmap is included. Payment from abroad: Pan-Kristianstad, Swift: SWEDSESS, IBAN: SE44 8000 0831 3950 3111 1999 in advance (show receipt) or cash at arrival.
Late entries	Latest on Thursday 26th of March at 8.00 pm (Entry fee 50% higher).
Arena and P	Åhusgården, Åspet, Sigfrids väg 5 Åhus. Signposted from road 118 in the southern part of Åhus. Parking close to the arena.
Start	First start at 11.00 am. To start/finish max 1000m. Start and finish punching: Sport Ident.
Map	Kronoskogen, Åhus. Mapmaking: laserscanned, scale 1: 7 500 Dec. 2013 by Kenneth Kajsajuntti . Contour intervals 2m. Enlarged to 1: 5 000. Colorlaser printed.
Terrain	Detailed and partly hilly beach forest. The course follows bigger and smaller paths with compact layer.
Service	Small cafeteria indoors. Toilet, also for disabled indoors.
Prizes	Prizegiving at Hotel Åhusstrand Saturday evening at the "PreO-dinner", see below.
Tävlingsledare	Inga-Britt Bengtsson +46 44238544, +46708661159 inga-britt.bengtsson@bredband.net Inga Gunnarsson +46 44128432,+46 768810615 inga.g@telia.com
Coursesetter	Roland Ekelöf +46 706320496 roland.ekelof@stigmannen.se Stigmännen Karlshamns OK.
Controler	Mats Persson +46 733206818 mp@t-kartor.se
Information	See above. PM, startlists and results Eventor.
PreO dinner	Hotel Åhusstrand Saturday evening at 18.00 pm. Price 250 SEK. Entry by Eventor or to competition leader.
Luxury TrailO weekend	Hotel Åhusstrand: Hotel-package TrailO. See separate information.

Welcome to the Spring in Skåne

27 March Malmö OK arranges TrailO Night in Ystad 65 km south of Åhus.
29 March Ringsjö OK arranges TrailO competition NW of Höör 70 km W of Åhus.

