



WELCOME TO THE 35th INTERNATIONAL YOUTH 10MILA RELAY FRIDAY 7th of AUGUST – SATURDAY 8th AUGUST 2015 NEAR KARLSBORG

HD12

- 1** 3,2 km yellow
- 2** 2,5 km white
- 3** 2,5 km white (parallel)
- 4** 3,2 km yellow

Start Friday 7th of August 18.00.
Finnish appr. 19.00.

No forking.

Open for boys and girls born
2003 and later.

HD18

- 1** 5,5 km night purple
- 2** 5,5 km night purple
- 3** 4,0 km night orange
- 4** 6,5 km dawn purple
- 5** 2,8 km day yellow (parallel)
- 6** 2,8 km day yellow
- 7** 2,8 km day yellow
- 8** 3,5 km day orange
- 9** 3,5 km day orange
- 10** 7,0 km day purple

Start Saturday 8th of August
03.00. Finish appr. 08.30.

Forking on leg 1-2, 6-7 and 8-9.

Open for boys and girls born
1997 and later.

D18

- 1** 4,5 km day purple
- 2** 4,5 km day purple
- 3** 2,8 km day yellow (parallel)
- 4** 3,2 km day orange
- 5** 5,5 km day purple

Start Saturday 8th of August
05.30. Finish appr. 08.00.

Forking on leg 1 and 2

Open for girls born 1997 and
later.

Parallel legs can be run by 1-3 runners. First runner sends the next leg out and all counts in the team.

Terrain

The competition area in the outskirt of the wilderness of Tiveden consists of open and easy run forests and area with more character of wilderness. The longer courses get to more detailed area. Closer to the competition centre it's flatter and more trails where the easier courses is. The steepest areas is in the east part and the rest is much flatter. The accessibility is good to really good. Some areas with compact forests and cutting areas exist.

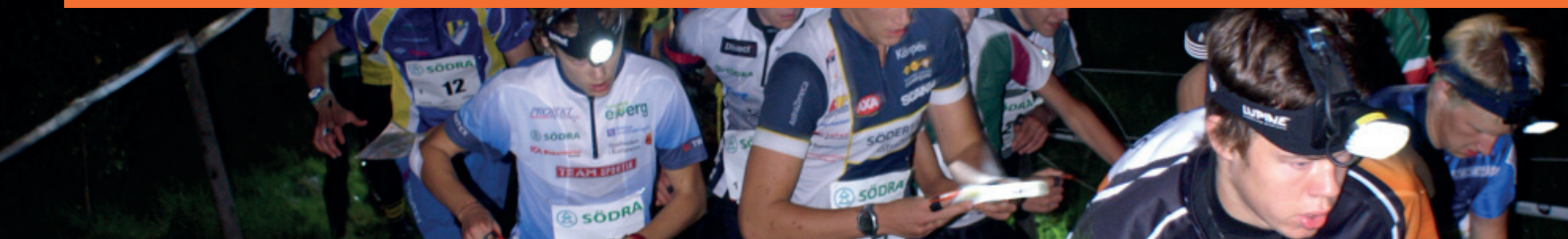
Map

Scale 1:10 000, equidistant 5 meters. Map produced 2015 by Göran Larsson.

Punching system

Sportident. SI-Card 5, 6, 8, 9, 10, 11 can be used. Each SI-card can only be used once in the competition. You cannot use the same card in different classes. The SI-card number does not have to be included in the registration. The number is connected to the runner at check in to the exchange area. SI-cards can be rented.





Teams

Combined teams from different clubs are allowed to participate, according to rules of the Swedish orienteering federation. The rule is created with the intention that all youth-runners should be able to participate not for clubs who want to create a winning team. Read more about combined teams at www.u10mila.se (swedish). Runners in HD12 can also run in one of the other two relays.

Competition centre

Perstorps skyttecentrum, Karlsborgs kommun. Signs from road 49 and road 202, then appr. 3 km.

Competition office and information

At the competitions centre. Open from Friday 7th of August 13.00.

Parking

Parking for cars 800 - 1 200 meters from the competition centre. Parking fee 10 SEK.

Buses

There will be an area for bus parking. Bus drop will be possible at the competition centre. Parking for buses costs 100 SEK.

Registration

Ordinary registration at latest Tuesday 14th of July. All registration (teams, tents, food etc) are made in Eventor (eventor.orientering.se). The registration are valid when the payment is registered. Late entry, 50% higher rate, until the 2nd of August. Note that all teams should add the service "Team Entry" because Eventor doesn't support the team fee that U10mila uses.

Names of runners

In Eventor at latest Thursday 6th of August. It is also possible to hand in the names at the competition centre, at latest Friday 16.00 for HD12 and 21.00 for HD18 and D18.

Number bibs

Number bibs and other competition material can be collected at the competition centre from Friday 14.00. All payments have to be registered.

Camping

Camping is open from Friday 7th of August 12.00. Camping closes Sunday 9th of August 14.00. Camping rates, see last page. One camping square is appr. 8 x 8 meter. Caravans and tents are in the same camping site, appr. 100 meters from competition centre. Toilets and water at the camping site. Military tents, for maximum 20 people can be rented raised and ready to use. The military tents are close to the competition centre. Club tents at the competition centre, one square is 5x5 meters. Registration for all camping and club tents in Eventor at registration. The booking is guilty when the payment are registered.

Services

Shower at the competition centre. Breakfast, lunch and dinner is served in the restaurant. Menu can be found at www.u10mila.se. Sandwiches, hot dogs, pizza and more is available 24 hours. SM Sport has a sport shop Friday-Sunday. Health care and tourist information in the competition centre.





UNGDOMSSTAFETT NATIONELLA TÄVLINGAR

www.u10mila.se

KARLSBORG

7-9 AUG 2015



Food

Food coupons can be ordered in Eventor and ordered coupons will be included in the club bag with the number bibs. A small number of coupons can be bought at the arena for a slightly higher price. Breakfast, lunch and dinner are served during the whole weekend.

Payment

From Sweden: Bankgiro (BG): 396-4491 U10mila Norra Skaraborg. Enter reference when paying in the following format: Club and type of fee.
Foreign payment: IBAN: SE15 8000 0829 9091 3064 9446 and BIC (SWIFT-adr): SWEDSESS.

Best youth-club in the world

If your club has teams in all three relays you can win the title "The best youth-club in the world". The best club according to all three relays wins the title and free registration for one team in Ungdomens 10mila 2016. Be the best - beat the rest.

Homepage

www.u10mila.se

E-mail

info@u10mila.se

Address

U10mila Norra Skaraborg c/o Åke Karlsson, Tallstigen 11, 546 33 Karlsborg

Organizers

| | | | |
|----------------------|----------------|------------------|---------------|
| Competition manager: | Lars Karlsson | OK Skogsstjärnan | 076 252 75 72 |
| Ass. comp. manager: | Reits Hall | OK Amne | 070-655 52 79 |
| Course setter: | Kent Andersson | OK Skogsstjärnan | 070-515 18 49 |
| Competition control: | Lars Holmberg | IF Hagen | 0500-48 05 04 |
| Course control: | Uno Magnusson | IF Hagen | 070-569 03 62 |





Ungdomens 10mila 2015 - Services and fees

| Type | Fee | Note |
|-----------------------|---------------|--|
| Team HD12 | 400 SEK/team | |
| Team HD18 | 1200 SEK/team | |
| Team D18 | 700 SEK/team | |
| SI-card rent | 25 SEK | |
| Printed results | 50 SEK | |
| Camping square | 350 SEK | 8 x 8 m, same for tent and caravan |
| Military tent, max 20 | 1500 SEK | Square and raise included in the prize |
| Area for club tent | 200 SEK | 5 x 5 meters |
| Bus parking | 100 SEK | |
| Dinner Friday | 60 SEK | |
| Night food | 50 SEK | |
| Breakfast Saturday | 40 SEK | |
| Lunch Saturday | 60 SEK | |
| Dinner Saturday | 60 SEK | |
| Breakfast Sunday | 40 SEK | |

Stay the weekend

After Ungdomens 10mila you can participate in two individual races Saturday and Sunday. Camping with full service is open Friday-Sunday.

