

# Resultat – KM-lång 2015

2015-06-04

| H21 |                      |                | (6 / 6)        | Tid            | Efter        |                |
|-----|----------------------|----------------|----------------|----------------|--------------|----------------|
| 1.  | Pontus Petersson     | OK Orion       |                | 48:47          |              |                |
|     | 2:11 (2:11)          | 10:43 (12:54)  | 3:35 (16:29)   | 4:53 (21:22)   | 2:54 (24:16) | 1:18 (25:34)   |
|     | 3:47 (29:21)         | 3:06 (32:27)   | 1:28 (33:55)   | 3:10 (37:05)   | 0:27 (37:32) | 3:36 (41:08)   |
|     | 2:47 (43:55)         | 0:56 (44:51)   | 3:24 (48:15)   | 0:32 (48:47)   |              |                |
| 2.  | Aleksander Bernaciak | OK Orion       |                | 50:22          | +1:35        |                |
|     | 1:59 (1:59)          | 11:28 (13:27)  | 3:44 (17:11)   | 4:25 (21:36)   | 2:30 (24:06) | 1:17 (25:23)   |
|     | 3:57 (29:20)         | 2:58 (32:18)   | 1:26 (33:44)   | 3:19 (37:03)   | 1:35 (38:38) | 3:46 (42:24)   |
|     | 2:41 (45:05)         | 1:03 (46:08)   | 3:42 (49:50)   | 0:32 (50:22)   |              |                |
| 3.  | Daniel Gunnarsson    | OK Orion       |                | 56:49          | +8:02        |                |
|     | 2:30 (2:30)          | 11:09 (13:39)  | 4:02 (17:41)   | 5:35 (23:16)   | 3:28 (26:44) | 1:33 (28:17)   |
|     | 4:35 (32:52)         | 3:40 (36:32)   | 1:41 (38:13)   | 3:46 (41:59)   | 0:32 (42:31) | 4:14 (46:45)   |
|     | 3:37 (50:22)         | 1:39 (52:01)   | 4:10 (56:11)   | 0:38 (56:49)   |              |                |
| 4.  | Olof Sandgren        | OK Orion       |                | 58:15          | +9:28        |                |
|     | 5:06 (5:06)          | 11:00 (16:06)  | 4:18 (20:24)   | 5:08 (25:32)   | 2:33 (28:05) | 1:17 (29:22)   |
|     | 6:52 (36:14)         | 3:34 (39:48)   | 1:31 (41:19)   | 3:18 (44:37)   | 1:10 (45:47) | 3:52 (49:39)   |
|     | 3:12 (52:51)         | 1:14 (54:05)   | 3:33 (57:38)   | 0:37 (58:15)   |              |                |
| 5.  | Viktor Tovesson      | OK Orion       |                | 1:05:36        | +16:49       |                |
|     | 2:21 (2:21)          | 14:44 (17:05)  | 4:32 (21:37)   | 6:35 (28:12)   | 3:03 (31:15) | 1:45 (33:00)   |
|     | 5:31 (38:31)         | 4:27 (42:58)   | 2:00 (44:58)   | 4:07 (49:05)   | 0:40 (49:45) | 5:04 (54:49)   |
|     | 3:40 (58:29)         | 1:34 (1:00:03) | 4:47 (1:04:50) | 0:46 (1:05:36) |              |                |
| 6.  | Adam Georgsson       | OK Nackhe      |                | 1:10:39        | +21:52       |                |
|     | 7:46 (7:46)          | 13:10 (20:56)  | 4:58 (25:54)   | 6:46 (32:40)   | 3:34 (36:14) | 2:12 (38:26)   |
|     | 5:09 (43:35)         | 4:14 (47:49)   | 2:08 (49:57)   | 4:41 (54:38)   | 0:37 (55:15) | 5:00 (1:00:15) |
|     | 3:36 (1:03:51)       | 1:24 (1:05:15) | 4:40 (1:09:55) | 0:44 (1:10:39) |              |                |
| D16 |                      |                | (3 / 3)        | Tid            | Efter        |                |
| 1.  | Kajsa Andersson      | OK Orion       |                | 33:42          |              |                |
|     | 2:47 (2:47)          | 5:51 (8:38)    | 9:26 (18:04)   | 2:20 (20:24)   | 4:38 (25:02) | 7:57 (32:59)   |
|     | 0:43 (33:42)         |                |                |                |              |                |
| 2.  | Johanna Wilhelmsson  | OK Dacke       |                | 45:31          | +11:49       |                |
|     | 3:10 (3:10)          | 6:52 (10:02)   | 14:02 (24:04)  | 3:20 (27:24)   | 7:21 (34:45) | 9:44 (44:29)   |
|     | 1:02 (45:31)         |                |                |                |              |                |
| 3.  | Ellen Wahlbom        | OK Orion       |                | 47:00          | +13:18       |                |
|     | 2:43 (2:43)          | 17:49 (20:32)  | 9:33 (30:05)   | 2:11 (32:16)   | 5:02 (37:18) | 8:49 (46:07)   |
|     | 0:53 (47:00)         |                |                |                |              |                |
| H16 |                      |                | (2 / 2)        | Tid            | Efter        |                |
| 1.  | Oscar Johansson      | OK Dacke       |                | 29:31          |              |                |
|     | 1:54 (1:54)          | 8:36 (10:30)   | 6:18 (16:48)   | 2:07 (18:55)   | 1:38 (20:33) | 3:34 (24:07)   |
|     | 4:52 (28:59)         | 0:32 (29:31)   |                |                |              |                |
| 2.  | Andreas Jonsson      | OK Dacke       |                | 40:25          | +10:54       |                |
|     | 2:10 (2:10)          | 9:24 (11:34)   | 12:23 (23:57)  | 3:04 (27:01)   | 2:14 (29:15) | 4:14 (33:29)   |
|     | 6:19 (39:48)         | 0:37 (40:25)   |                |                |              |                |
| D14 |                      |                | (4 / 4)        | Tid            | Efter        |                |
| 1.  | Klara Andersson      | OK Orion       |                | 33:38          |              |                |
|     | 3:43 (3:43)          | 2:28 (6:11)    | 8:59 (15:10)   | 8:40 (23:50)   | 1:09 (24:59) | 7:59 (32:58)   |
|     | 0:40 (33:38)         |                |                |                |              |                |
| 2.  | Lovisa Johansson     | OK Dacke       |                | 34:08          | +0:30        |                |
|     | 4:44 (4:44)          | 2:22 (7:06)    | 7:53 (14:59)   | 8:42 (23:41)   | 1:12 (24:53) | 8:22 (33:15)   |
|     | 0:53 (34:08)         |                |                |                |              |                |
|     | Nellie Nilsson       | OK Orion       |                | Felst.         |              |                |
|     | 5:18 (5:18)          | 3:40 (8:58)    | 15:50 (24:48)  | – (–)          | – (–)        | – (42:19)      |
|     | 1:40 (43:59)         |                |                |                |              |                |
|     | Elin Ramberg         | OK Orion       |                | Ej start       |              |                |
| D12 |                      |                | (3 / 3)        | Tid            | Efter        |                |
| 1.  | Vilma Engström       | OK Orion       |                | 39:10          |              |                |
|     | 6:08 (6:08)          | 4:26 (10:34)   | 7:30 (18:04)   | 4:09 (22:13)   | 5:12 (27:25) | 5:07 (32:32)   |
|     | 5:34 (38:06)         | 1:04 (39:10)   |                |                |              |                |
|     | Lisa Swartz          | OK Orion       |                | Utg.           |              |                |
|     | 5:01 (5:01)          | 5:30 (10:31)   | – (–)          | – (–)          | – (–)        | – (–)          |
|     | – (–)                | – (–)          |                |                |              |                |
|     | Ella Bratt           | OK Orion       |                | Ej start       |              |                |
| H12 |                      |                | (7 / 7)        | Tid            | Efter        |                |
| 1.  | Anton Törnqvist      | FK Vittus      |                | 21:17          |              |                |
|     | 3:57 (3:57)          | 2:18 (6:15)    | 3:11 (9:26)    | 2:48 (12:14)   | 2:41 (14:55) | 1:49 (16:44)   |
|     | 3:51 (20:35)         | 0:42 (21:17)   |                |                |              |                |
| 2.  | Hugo Larsson         | OK Dacke       |                | 28:44          | +7:27        |                |
|     | 4:06 (4:06)          | 2:29 (6:35)    | 4:27 (11:02)   | 3:40 (14:42)   | 3:48 (18:30) | 2:36 (21:06)   |
|     | 6:43 (27:49)         | 0:55 (28:44)   |                |                |              |                |

|    |                 |              |              |              |              |              |
|----|-----------------|--------------|--------------|--------------|--------------|--------------|
| 3. | Erik Oscarsson  | OK Orion     | 30:35        | +9:18        |              |              |
|    | 4:38 (4:38)     | 2:51 (7:29)  | 8:06 (15:35) | 3:12 (18:47) | 4:40 (23:27) | 1:51 (25:18) |
|    | 4:37 (29:55)    | 0:40 (30:35) |              |              |              |              |
| 4. | Filip Håkansson | OK Orion     | 32:10        | +10:53       |              |              |
|    | 4:52 (4:52)     | 5:40 (10:32) | 6:09 (16:41) | 3:45 (20:26) | 3:31 (23:57) | 2:18 (26:15) |
|    | 5:07 (31:22)    | 0:48 (32:10) |              |              |              |              |
| 5. | Max Blomkvist   | FK Vittus    | 38:03        | +16:46       |              |              |
|    | 6:34 (6:34)     | 5:58 (12:32) | 8:47 (21:19) | 4:20 (25:39) | 4:06 (29:45) | 2:17 (32:02) |
|    | 5:14 (37:16)    | 0:47 (38:03) |              |              |              |              |
|    | Melker Larsson  | OK Orion     | Ej start     |              |              |              |
|    | Stepan Khakimov | FK Vittus    | Ej start     |              |              |              |

| D10 | (4 / 4)         | Tid          | Efter        |               |              |              |
|-----|-----------------|--------------|--------------|---------------|--------------|--------------|
| 1.  | Emma Zettervall | OK Dacke     | 22:56        |               |              |              |
|     | 5:55 (5:55)     | 1:34 (7:29)  | 2:21 (9:50)  | 2:35 (12:25)  | 3:17 (15:42) | 2:07 (17:49) |
|     | 2:16 (20:05)    | 2:01 (22:06) | 0:50 (22:56) |               |              |              |
| 2.  | Annie Oscarsson | OK Orion     | 32:49        | +9:53         |              |              |
|     | 5:00 (5:00)     | 1:37 (6:37)  | 6:39 (13:16) | 6:08 (19:24)  | 3:17 (22:41) | 2:50 (25:31) |
|     | 2:31 (28:02)    | 4:03 (32:05) | 0:44 (32:49) |               |              |              |
| 3.  | Agnes Berlin    | OK Orion     | 46:06        | +23:10        |              |              |
|     | 4:38 (4:38)     | 1:49 (6:27)  | 3:25 (9:52)  | 20:46 (30:38) | 4:16 (34:54) | 2:46 (37:40) |
|     | 4:35 (42:15)    | 2:50 (45:05) | 1:01 (46:06) |               |              |              |
|     | Lova Kronmar    | FK Vittus    | Ej start     |               |              |              |

| H10 | (5 / 5)          | Tid          | Efter        |              |              |              |
|-----|------------------|--------------|--------------|--------------|--------------|--------------|
| 1.  | Axel Bratt       | OK Orion     | 18:13        |              |              |              |
|     | 2:30 (2:30)      | 1:31 (4:01)  | 2:20 (6:21)  | 2:50 (9:11)  | 2:41 (11:52) | 1:47 (13:39) |
|     | 2:05 (15:44)     | 1:41 (17:25) | 0:48 (18:13) |              |              |              |
| 2.  | Oliver Håkansson | OK Orion     | 23:29        | +5:16        |              |              |
|     | 3:00 (3:00)      | 2:29 (5:29)  | 2:23 (7:52)  | 5:03 (12:55) | 3:10 (16:05) | 1:49 (17:54) |
|     | 2:22 (20:16)     | 2:28 (22:44) | 0:45 (23:29) |              |              |              |
| 3.  | Jakob Omelchenko | FK Vittus    | 25:00        | +6:47        |              |              |
|     | 3:53 (3:53)      | 1:44 (5:37)  | 2:49 (8:26)  | 3:39 (12:05) | 3:24 (15:29) | 2:10 (17:39) |
|     | 4:27 (22:06)     | 2:06 (24:12) | 0:48 (25:00) |              |              |              |
|     | Nils Swartz      | OK Orion     | Felst.       |              |              |              |
|     | 3:09 (3:09)      | 1:39 (4:48)  | 2:41 (7:29)  | 5:02 (12:31) | 3:03 (15:34) | 2:37 (18:11) |
|     | – (–)            | – (25:18)    | 1:19 (26:37) |              |              |              |
|     | Ivan Abramsson   | OK Orion     | Ej start     |              |              |              |

| D35 | (9 / 9)            | Tid            | Efter         |              |              |              |
|-----|--------------------|----------------|---------------|--------------|--------------|--------------|
| 1.  | Malin Svensson     | OK Orion       | 40:55         |              |              |              |
|     | 2:20 (2:20)        | 10:56 (13:16)  | 8:37 (21:53)  | 2:38 (24:31) | 2:13 (26:44) | 6:38 (33:22) |
|     | 6:44 (40:06)       | 0:49 (40:55)   |               |              |              |              |
| 2.  | Ulrika Hermansson  | OK Orion       | 42:37         | +1:42        |              |              |
|     | 2:42 (2:42)        | 12:26 (15:08)  | 8:32 (23:40)  | 3:01 (26:41) | 2:29 (29:10) | 5:20 (34:30) |
|     | 7:09 (41:39)       | 0:58 (42:37)   |               |              |              |              |
| 3.  | Jenny Håkansson    | OK Orion       | 43:21         | +2:26        |              |              |
|     | 2:53 (2:53)        | 11:03 (13:56)  | 9:50 (23:46)  | 3:13 (26:59) | 2:47 (29:46) | 4:55 (34:41) |
|     | 7:55 (42:36)       | 0:45 (43:21)   |               |              |              |              |
| 4.  | Linda Larsson      | OK Dacke       | 46:07         | +5:12        |              |              |
|     | 2:34 (2:34)        | 13:41 (16:15)  | 10:04 (26:19) | 3:53 (30:12) | 2:20 (32:32) | 4:39 (37:11) |
|     | 8:06 (45:17)       | 0:50 (46:07)   |               |              |              |              |
| 5.  | Maria Månsson      | OK Orion       | 47:35         | +6:40        |              |              |
|     | 2:44 (2:44)        | 12:55 (15:39)  | 12:12 (27:51) | 3:29 (31:20) | 2:14 (33:34) | 5:23 (38:57) |
|     | 7:48 (46:45)       | 0:50 (47:35)   |               |              |              |              |
| 6.  | Helena Gummesson   | OK Dacke       | 48:25         | +7:30        |              |              |
|     | 2:34 (2:34)        | 15:35 (18:09)  | 11:14 (29:23) | 4:41 (34:04) | 2:06 (36:10) | 4:47 (40:57) |
|     | 6:44 (47:41)       | 0:44 (48:25)   |               |              |              |              |
| 7.  | Kristina Andersson | OK Dacke       | 53:20         | +12:25       |              |              |
|     | 3:26 (3:26)        | 14:17 (17:43)  | 13:06 (30:49) | 4:00 (34:49) | 3:15 (38:04) | 5:46 (43:50) |
|     | 8:33 (52:23)       | 0:57 (53:20)   |               |              |              |              |
| 8.  | Linda Allwood      | FK Vittus      | 58:32         | +17:37       |              |              |
|     | 2:58 (2:58)        | 19:58 (22:56)  | 11:36 (34:32) | 5:01 (39:33) | 3:05 (42:38) | 7:00 (49:38) |
|     | 7:59 (57:37)       | 0:55 (58:32)   |               |              |              |              |
| 9.  | Susanna Caleklint  | FK Vittus      | 1:02:49       | +21:54       |              |              |
|     | 4:04 (4:04)        | 17:42 (21:46)  | 13:12 (34:58) | 5:40 (40:38) | 3:41 (44:19) | 7:13 (51:32) |
|     | 10:21 (1:01:53)    | 0:56 (1:02:49) |               |              |              |              |

| H35 | (10 / 10)       | Tid          | Efter        |              |              |               |
|-----|-----------------|--------------|--------------|--------------|--------------|---------------|
| 1.  | Yuri Omelchenko | OK Orion     | 42:27        |              |              |               |
|     | 2:25 (2:25)     | 0:45 (3:10)  | 3:23 (6:33)  | 1:25 (7:58)  | 3:09 (11:07) | 7:56 (19:03)  |
|     | 1:32 (20:35)    | 4:18 (24:53) | 4:18 (29:11) | 1:47 (30:58) | 2:49 (33:47) | 5:59 (39:46)  |
|     | 2:00 (41:46)    | 0:41 (42:27) |              |              |              |               |
| 2.  | Björn Andersson | OK Dacke     | 47:03        | +4:36        |              |               |
|     | 2:02 (2:02)     | 0:54 (2:56)  | 3:34 (6:30)  | 1:12 (7:42)  | 3:52 (11:34) | 10:09 (21:43) |
|     | 1:34 (23:17)    | 3:34 (26:51) | 6:03 (32:54) | 1:53 (34:47) | 3:15 (38:02) | 6:23 (44:25)  |
|     | 1:59 (46:24)    | 0:39 (47:03) |              |              |              |               |
| 3.  | Patrik Sjökvist | OK Orion     | 48:37        | +6:10        |              |               |
|     | 3:46 (3:46)     | 0:46 (4:32)  | 3:36 (8:08)  | 0:59 (9:07)  | 3:45 (12:52) | 9:10 (22:02)  |
|     | 1:42 (23:44)    | 5:12 (28:56) | 4:34 (33:30) | 1:40 (35:10) | 3:17 (38:27) | 7:17 (45:44)  |
|     | 2:12 (47:56)    | 0:41 (48:37) |              |              |              |               |

|    |                  |                |                 |                |                |                 |
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| 4. | Olof Ingemarsson | FK Vittus      | 53:53           | +11:26         |                |                 |
|    | 2:43 (2:43)      | 0:55 (3:38)    | 4:21 (7:59)     | 1:04 (9:03)    | 4:04 (13:07)   | 9:35 (22:42)    |
|    | 1:51 (24:33)     | 6:55 (31:28)   | 5:10 (36:38)    | 2:16 (38:54)   | 3:48 (42:42)   | 7:54 (50:36)    |
|    | 2:30 (53:06)     | 0:47 (53:53)   |                 |                |                |                 |
| 5. | Mattias Engström | OK Orion       | 1:01:55         | +19:28         |                |                 |
|    | 5:14 (5:14)      | 1:07 (6:21)    | 3:50 (10:11)    | 1:12 (11:23)   | 4:29 (15:52)   | 12:02 (27:54)   |
|    | 2:15 (30:09)     | 6:11 (36:20)   | 7:15 (43:35)    | 2:17 (45:52)   | 3:52 (49:44)   | 8:39 (58:23)    |
|    | 2:42 (1:01:05)   | 0:50 (1:01:55) |                 |                |                |                 |
| 6. | Marcus Blomkvist | FK Vittus      | 1:05:27         | +23:00         |                |                 |
|    | 6:38 (6:38)      | 0:49 (7:27)    | 4:13 (11:40)    | 5:25 (17:05)   | 3:38 (20:43)   | 11:30 (32:13)   |
|    | 2:08 (34:21)     | 7:17 (41:38)   | 6:22 (48:00)    | 2:31 (50:31)   | 3:21 (53:52)   | 8:25 (1:02:17)  |
|    | 2:30 (1:04:47)   | 0:40 (1:05:27) |                 |                |                |                 |
| 7. | Jens Bohlin      | FK Vittus      | 1:26:07         | +43:40         |                |                 |
|    | 6:08 (6:08)      | 1:22 (7:30)    | 5:10 (12:40)    | 2:05 (14:45)   | 4:49 (19:34)   | 14:48 (34:22)   |
|    | 3:07 (37:29)     | 9:03 (46:32)   | 8:09 (54:41)    | 2:42 (57:23)   | 8:02 (1:05:25) | 17:03 (1:22:28) |
|    | 2:53 (1:25:21)   | 0:46 (1:26:07) |                 |                |                |                 |
| 8. | Stefan Caleklint | FK Vittus      | 1:45:45         | +63:18         |                |                 |
|    | 9:10 (9:10)      | 4:34 (13:44)   | 6:04 (19:48)    | 1:56 (21:44)   | 6:24 (28:08)   | 14:17 (42:25)   |
|    | 3:09 (45:34)     | 12:47 (58:21)  | 20:11 (1:18:32) | 4:11 (1:22:43) | 4:39 (1:27:22) | 13:27 (1:40:49) |
|    | 4:10 (1:44:59)   | 0:46 (1:45:45) |                 |                |                |                 |
|    | Johan Swartz     | OK Orion       | Ej start        |                |                |                 |
|    | Magnus Kronmar   | FK Vittus      | Ej start        |                |                |                 |

|            |                |             |               |              |              |              |
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| <b>D45</b> | <b>(1 / 1)</b> | <b>Tid</b>  | <b>Efter</b>  |              |              |              |
| 1.         | Lena Swartz    | OK Orion    | 36:57         |              |              |              |
|            | 3:24 (3:24)    | 4:57 (8:21) | 10:39 (19:00) | 3:31 (22:31) | 5:05 (27:36) | 8:32 (36:08) |
|            | 0:49 (36:57)   |             |               |              |              |              |

|            |                  |                |                |                |                |                 |
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| <b>H45</b> | <b>(14 / 14)</b> | <b>Tid</b>     | <b>Efter</b>   |                |                |                 |
| 1.         | Niklas Bratt     | OK Orion       | 43:26          |                |                |                 |
|            | 3:03 (3:03)      | 0:52 (3:55)    | 3:08 (7:03)    | 0:57 (8:00)    | 3:24 (11:24)   | 8:08 (19:32)    |
|            | 1:32 (21:04)     | 4:09 (25:13)   | 4:05 (29:18)   | 1:36 (30:54)   | 3:11 (34:05)   | 6:40 (40:45)    |
|            | 2:00 (42:45)     | 0:41 (43:26)   |                |                |                |                 |
| 2.         | Pontus Jonsson   | OK Orion       | 46:10          | +2:44          |                |                 |
|            | 2:11 (2:11)      | 0:59 (3:10)    | 3:34 (6:44)    | 1:22 (8:06)    | 4:05 (12:11)   | 9:24 (21:35)    |
|            | 1:36 (23:11)     | 3:41 (26:52)   | 4:44 (31:36)   | 2:00 (33:36)   | 2:47 (36:23)   | 6:32 (42:55)    |
|            | 2:21 (45:16)     | 0:54 (46:10)   |                |                |                |                 |
| 3.         | Ulf Johansson    | OK Dacke       | 54:29          | +11:03         |                |                 |
|            | 2:53 (2:53)      | 1:00 (3:53)    | 3:51 (7:44)    | 1:31 (9:15)    | 3:35 (12:50)   | 10:48 (23:38)   |
|            | 2:03 (25:41)     | 5:19 (31:00)   | 5:32 (36:32)   | 2:11 (38:43)   | 4:02 (42:45)   | 8:22 (51:07)    |
|            | 2:31 (53:38)     | 0:51 (54:29)   |                |                |                |                 |
| 4.         | Martin Byggeth   | FK Vittus      | 55:58          | +12:32         |                |                 |
|            | 2:24 (2:24)      | 1:22 (3:46)    | 4:02 (7:48)    | 1:06 (8:54)    | 4:05 (12:59)   | 11:24 (24:23)   |
|            | 2:18 (26:41)     | 5:28 (32:09)   | 5:49 (37:58)   | 2:13 (40:11)   | 4:00 (44:11)   | 8:12 (52:23)    |
|            | 2:49 (55:12)     | 0:46 (55:58)   |                |                |                |                 |
| 5.         | Anders Nilsson   | OK Orion       | 1:06:00        | +22:34         |                |                 |
|            | 5:29 (5:29)      | 1:17 (6:46)    | 5:19 (12:05)   | 1:37 (13:42)   | 4:48 (18:30)   | 13:13 (31:43)   |
|            | 2:05 (33:48)     | 6:50 (40:38)   | 6:04 (46:42)   | 2:28 (49:10)   | 4:15 (53:25)   | 8:55 (1:02:20)  |
|            | 2:51 (1:05:11)   | 0:49 (1:06:00) |                |                |                |                 |
| 6.         | Johan Jakobsson  | OK Orion       | 1:09:00        | +25:34         |                |                 |
|            | 5:48 (5:48)      | 1:03 (6:51)    | 5:02 (11:53)   | 2:48 (14:41)   | 4:35 (19:16)   | 13:13 (32:29)   |
|            | 2:16 (34:45)     | 6:04 (40:49)   | 6:53 (47:42)   | 3:30 (51:12)   | 4:38 (55:50)   | 9:39 (1:05:29)  |
|            | 2:42 (1:08:11)   | 0:49 (1:09:00) |                |                |                |                 |
| 7.         | Björn Zettervall | OK Dacke       | 1:09:54        | +26:28         |                |                 |
|            | 3:35 (3:35)      | 5:20 (8:55)    | 5:06 (14:01)   | 1:15 (15:16)   | 3:58 (19:14)   | 10:38 (29:52)   |
|            | 3:35 (33:27)     | 6:49 (40:16)   | 8:21 (48:37)   | 2:29 (51:06)   | 4:23 (55:29)   | 10:39 (1:06:08) |
|            | 3:05 (1:09:13)   | 0:41 (1:09:54) |                |                |                |                 |
| 8.         | Sonny Långström  | FK Vittus      | 1:10:22        | +26:56         |                |                 |
|            | 2:36 (2:36)      | 1:11 (3:47)    | 10:33 (14:20)  | 1:17 (15:37)   | 3:48 (19:25)   | 9:59 (29:24)    |
|            | 3:17 (32:41)     | 10:34 (43:15)  | 7:53 (51:08)   | 2:29 (53:37)   | 4:29 (58:06)   | 8:44 (1:06:50)  |
|            | 2:47 (1:09:37)   | 0:45 (1:10:22) |                |                |                |                 |
| 9.         | Jan Svensson     | OK Orion       | 1:15:16        | +31:50         |                |                 |
|            | 4:16 (4:16)      | 1:14 (5:30)    | 5:18 (10:48)   | 1:32 (12:20)   | 6:47 (19:07)   | 13:08 (32:15)   |
|            | 1:59 (34:14)     | 5:58 (40:12)   | 8:27 (48:39)   | 3:36 (52:15)   | 4:34 (56:49)   | 12:39 (1:09:28) |
|            | 5:05 (1:14:33)   | 0:43 (1:15:16) |                |                |                |                 |
|            | Anders Håkansson | OK Orion       | Felst.         |                |                |                 |
|            | 3:34 (3:34)      | 0:54 (4:28)    | 3:24 (7:52)    | 1:00 (8:52)    | 4:29 (13:21)   | – (–)           |
|            | – (–)            | – (–)          | – (–)          | – (–)          | – (–)          | – (–)           |
|            | – (–)            | – (37:23)      |                |                |                |                 |
|            | Magnus Håkansson | OK Orion       | Felst.         |                |                |                 |
|            | – (–)            | – (10:51)      | 6:12 (17:03)   | 3:27 (20:30)   | 5:36 (26:06)   | 13:45 (39:51)   |
|            | 2:14 (42:05)     | 11:45 (53:50)  | 7:28 (1:01:18) | 3:13 (1:04:31) | 5:31 (1:10:02) | 8:21 (1:18:23)  |
|            | 3:30 (1:21:53)   | 1:00 (1:22:53) |                |                |                |                 |
|            | Jörn Antonischki | OK Orion       | Ej start       |                |                |                 |
|            | Mats Andersson   | OK Orion       | Ej start       |                |                |                 |
|            | Mikael Wahlbom   | OK Orion       | Ej start       |                |                |                 |

|            |                |              |               |              |              |               |
|------------|----------------|--------------|---------------|--------------|--------------|---------------|
| <b>D55</b> | <b>(3 / 3)</b> | <b>Tid</b>   | <b>Efter</b>  |              |              |               |
| 1.         | Gunnel Hansson | FK Vittus    | 47:29         |              |              |               |
|            | 4:16 (4:16)    | 6:39 (10:55) | 12:14 (23:09) | 3:27 (26:36) | 9:22 (35:58) | 10:48 (46:46) |
|            | 0:43 (47:29)   |              |               |              |              |               |

|                                        |                |                       |                |                      |                 |
|----------------------------------------|----------------|-----------------------|----------------|----------------------|-----------------|
| Kristin Johansson<br>Maria Strindhagen |                | OK Dacke<br>FK Vittus |                | Ej start<br>Ej start |                 |
| <b>H20</b>                             |                | <b>(2 / 2)</b>        |                | <b>Tid</b>           | <b>Efter</b>    |
| 1. Philip Persson                      | OK Orion       |                       | 37:48          |                      |                 |
| 1:43 (1:43)                            | 1:07 (2:50)    | 2:58 (5:48)           | 0:50 (6:38)    | 3:05 (9:43)          | 7:30 (17:13)    |
| 1:20 (18:33)                           | 3:12 (21:45)   | 3:42 (25:27)          | 1:24 (26:51)   | 2:33 (29:24)         | 5:59 (35:23)    |
| 1:52 (37:15)                           | 0:33 (37:48)   |                       |                |                      |                 |
| 2. Albin Henrysson                     | OK Dacke       |                       | 1:00:27 +22:39 |                      |                 |
| 3:04 (3:04)                            | 1:04 (4:08)    | 3:37 (7:45)           | 1:00 (8:45)    | 3:50 (12:35)         | 10:02 (22:37)   |
| 1:53 (24:30)                           | 8:17 (32:47)   | 7:45 (40:32)          | 1:45 (42:17)   | 3:17 (45:34)         | 12:08 (57:42)   |
| 2:07 (59:49)                           | 0:38 (1:00:27) |                       |                |                      |                 |
| <b>D65</b>                             |                | <b>(2 / 2)</b>        |                | <b>Tid</b>           | <b>Efter</b>    |
| 1. Lena Olsson                         | OK Orion       |                       | 1:18:06        |                      |                 |
| 10:05 (10:05)                          | 11:26 (21:31)  | 22:42 (44:13)         | 6:28 (50:41)   | 10:40 (1:01:21)      | 15:35 (1:16:56) |
| 1:10 (1:18:06)                         |                |                       |                |                      |                 |
| Agneta Bernbo                          | OK Orion       |                       | Felst.         |                      |                 |
| 9:16 (9:16)                            | 12:27 (21:43)  | – (–)                 | – (–)          | – (–)                | – (1:00:48)     |
| 2:03 (1:02:51)                         |                |                       |                |                      |                 |
| <b>H65</b>                             |                | <b>(8 / 8)</b>        |                | <b>Tid</b>           | <b>Efter</b>    |
| 1. Tommy Olsson                        | OK Dacke       |                       | 31:23          |                      |                 |
| 3:50 (3:50)                            | 4:15 (8:05)    | 8:16 (16:21)          | 1:59 (18:20)   | 4:17 (22:37)         | 8:01 (30:38)    |
| 0:45 (31:23)                           |                |                       |                |                      |                 |
| 2. Björn Linnarsjö                     | OK Orion       |                       | 35:53 +4:30    |                      |                 |
| 2:49 (2:49)                            | 6:07 (8:56)    | 9:49 (18:45)          | 2:43 (21:28)   | 5:29 (26:57)         | 8:09 (35:06)    |
| 0:47 (35:53)                           |                |                       |                |                      |                 |
| 3. Lennart Andersson                   | OK Orion       |                       | 36:39 +5:16    |                      |                 |
| 3:52 (3:52)                            | 6:31 (10:23)   | 8:56 (19:19)          | 2:47 (22:06)   | 5:13 (27:19)         | 8:31 (35:50)    |
| 0:49 (36:39)                           |                |                       |                |                      |                 |
| 4. Ingemar Andersson                   | OK Orion       |                       | 40:04 +8:41    |                      |                 |
| 3:49 (3:49)                            | 6:14 (10:03)   | 11:13 (21:16)         | 3:02 (24:18)   | 6:08 (30:26)         | 8:46 (39:12)    |
| 0:52 (40:04)                           |                |                       |                |                      |                 |
| 5. Leif Ingemarsson                    | FK Vittus      |                       | 40:27 +9:04    |                      |                 |
| 3:32 (3:32)                            | 5:58 (9:30)    | 11:16 (20:46)         | 3:47 (24:33)   | 6:16 (30:49)         | 8:46 (39:35)    |
| 0:52 (40:27)                           |                |                       |                |                      |                 |
| 6. Yngve Magnusson                     | OK Orion       |                       | 53:05 +21:42   |                      |                 |
| 5:17 (5:17)                            | 10:53 (16:10)  | 11:53 (28:03)         | 3:24 (31:27)   | 7:39 (39:06)         | 12:49 (51:55)   |
| 1:10 (53:05)                           |                |                       |                |                      |                 |
| 7. Leif Sjögren                        | OK Orion       |                       | 54:24 +23:01   |                      |                 |
| 4:15 (4:15)                            | 7:12 (11:27)   | 16:52 (28:19)         | 3:08 (31:27)   | 7:54 (39:21)         | 14:05 (53:26)   |
| 0:58 (54:24)                           |                |                       |                |                      |                 |
| 8. Rolf Anglert                        | OK Orion       |                       | 1:02:43 +31:20 |                      |                 |
| 4:52 (4:52)                            | 7:49 (12:41)   | 20:24 (33:05)         | 3:57 (37:02)   | 9:28 (46:30)         | 14:56 (1:01:26) |
| 1:17 (1:02:43)                         |                |                       |                |                      |                 |
| <b>H14</b>                             |                | <b>(4 / 4)</b>        |                | <b>Tid</b>           | <b>Efter</b>    |
| 1. Maxim Omelchenko                    | FK Vittus      |                       | 26:52          |                      |                 |
| 3:33 (3:33)                            | 2:02 (5:35)    | 6:03 (11:38)          | 6:56 (18:34)   | 1:01 (19:35)         | 6:41 (26:16)    |
| 0:36 (26:52)                           |                |                       |                |                      |                 |
| 2. Jakob Wilhelmsson                   | OK Dacke       |                       | 34:08 +7:16    |                      |                 |
| 4:11 (4:11)                            | 2:17 (6:28)    | 7:53 (14:21)          | 8:37 (22:58)   | 1:19 (24:17)         | 9:11 (33:28)    |
| 0:40 (34:08)                           |                |                       |                |                      |                 |
| Arvid Kronmar                          | FK Vittus      |                       | Ej start       |                      |                 |
| Erik Hansson                           | FK Vittus      |                       | Ej start       |                      |                 |
| <b>D21</b>                             |                | <b>(4 / 4)</b>        |                | <b>Tid</b>           | <b>Efter</b>    |
| 1. Cecilia Bratt                       | OK Orion       |                       | 35:37          |                      |                 |
| 2:49 (2:49)                            | 9:40 (12:29)   | 8:05 (20:34)          | 2:32 (23:06)   | 1:54 (25:00)         | 3:56 (28:56)    |
| 6:03 (34:59)                           | 0:38 (35:37)   |                       |                |                      |                 |
| 2. Amanda Johansson                    | OK Dacke       |                       | 45:55 +10:18   |                      |                 |
| 2:27 (2:27)                            | 13:48 (16:15)  | 10:17 (26:32)         | 3:27 (29:59)   | 2:38 (32:37)         | 4:29 (37:06)    |
| 8:03 (45:09)                           | 0:46 (45:55)   |                       |                |                      |                 |
| 3. Anna Josefsson                      | OK Orion       |                       | 53:43 +18:06   |                      |                 |
| 2:59 (2:59)                            | 15:13 (18:12)  | 12:20 (30:32)         | 3:51 (34:23)   | 2:51 (37:14)         | 5:46 (43:00)    |
| 9:48 (52:48)                           | 0:55 (53:43)   |                       |                |                      |                 |
| 4. Carolin Håkansson                   | OK Orion       |                       | 55:31 +19:54   |                      |                 |
| 3:01 (3:01)                            | 14:33 (17:34)  | 11:39 (29:13)         | 3:43 (32:56)   | 2:38 (35:34)         | 9:32 (45:06)    |
| 9:31 (54:37)                           | 0:54 (55:31)   |                       |                |                      |                 |
| <b>Ö1</b>                              |                | <b>(2 / 2)</b>        |                | <b>Tid</b>           | <b>Efter</b>    |
| 1. Emil Aronsson                       | FK Vittus      |                       | 24:15          |                      |                 |
| 3:43 (3:43)                            | 2:27 (6:10)    | 2:44 (8:54)           | 3:15 (12:09)   | 3:57 (16:06)         | 2:22 (18:28)    |
| 3:00 (21:28)                           | 2:03 (23:31)   | 0:44 (24:15)          |                |                      |                 |
| 2. Håkan Aronsson                      | FK Vittus      |                       | 24:19 +0:04    |                      |                 |
| 3:43 (3:43)                            | 2:24 (6:07)    | 2:47 (8:54)           | 3:14 (12:08)   | 3:54 (16:02)         | 2:22 (18:24)    |
| 3:04 (21:28)                           | 2:00 (23:28)   | 0:51 (24:19)          |                |                      |                 |

| Ö2  |                     |                | (1 / 1)       | Tid           | Efter        |              |  |
|-----|---------------------|----------------|---------------|---------------|--------------|--------------|--|
| 1.  | Lise-Lotte Aronsson | FK Vittus      |               | 32:53         |              |              |  |
|     | 5:49 (5:49)         | 3:32 (9:21)    | 5:26 (14:47)  | 3:23 (18:10)  | 4:10 (22:20) | 3:17 (25:37) |  |
|     | 6:17 (31:54)        | 0:59 (32:53)   |               |               |              |              |  |
| Ö3  |                     |                | (1 / 1)       | Tid           | Efter        |              |  |
| 1.  | Gunnel Henrysson    | OK Dacke       |               | 45:12         |              |              |  |
|     | 5:02 (5:02)         | 3:35 (8:37)    | 9:13 (17:50)  | 16:09 (33:59) | 1:35 (35:34) | 8:40 (44:14) |  |
|     | 0:58 (45:12)        |                |               |               |              |              |  |
| Ö4  |                     |                | (2 / 2)       | Tid           | Efter        |              |  |
| 1.  | Lars-Ola Larsson    | OK Orion       |               | 32:06         |              |              |  |
|     | 2:32 (2:32)         | 3:58 (6:30)    | 10:22 (16:52) | 1:57 (18:49)  | 4:52 (23:41) | 7:32 (31:13) |  |
|     | 0:53 (32:06)        |                |               |               |              |              |  |
|     | Maria Sibleleva     | FK Vittus      |               | Utg.          |              |              |  |
| Ö6  |                     |                | (1 / 1)       | Tid           | Efter        |              |  |
| 1.  | Magnus Saager       | OK Orion       |               | 45:09         |              |              |  |
|     | 1:59 (1:59)         | 0:48 (2:47)    | 3:27 (6:14)   | 1:04 (7:18)   | 3:32 (10:50) | 8:48 (19:38) |  |
|     | 1:57 (21:35)        | 4:38 (26:13)   | 4:48 (31:01)  | 1:33 (32:34)  | 2:58 (35:32) | 6:17 (41:49) |  |
|     | 2:26 (44:15)        | 0:54 (45:09)   |               |               |              |              |  |
| H55 |                     |                | (11 / 11)     | Tid           | Efter        |              |  |
| 1.  | Ola Svensson        | OK Orion       |               | 40:10         |              |              |  |
|     | 2:42 (2:42)         | 10:39 (13:21)  | 8:50 (22:11)  | 3:28 (25:39)  | 2:19 (27:58) | 4:42 (32:40) |  |
|     | 6:40 (39:20)        | 0:50 (40:10)   |               |               |              |              |  |
| 2.  | Kent Törnqvist      | FK Vittus      |               | 40:57         | +0:47        |              |  |
|     | 2:26 (2:26)         | 11:21 (13:47)  | 8:55 (22:42)  | 2:56 (25:38)  | 2:15 (27:53) | 4:53 (32:46) |  |
|     | 7:22 (40:08)        | 0:49 (40:57)   |               |               |              |              |  |
| 3.  | Per-Ivan Engström   | OK Orion       |               | 48:34         | +8:24        |              |  |
|     | 2:48 (2:48)         | 12:43 (15:31)  | 12:52 (28:23) | 3:35 (31:58)  | 2:43 (34:41) | 5:27 (40:08) |  |
|     | 7:32 (47:40)        | 0:54 (48:34)   |               |               |              |              |  |
| 4.  | Kenneth Fager       | FK Vittus      |               | 53:51         | +13:41       |              |  |
|     | 3:24 (3:24)         | 13:27 (16:51)  | 12:41 (29:32) | 4:17 (33:49)  | 3:23 (37:12) | 6:11 (43:23) |  |
|     | 9:31 (52:54)        | 0:57 (53:51)   |               |               |              |              |  |
| 5.  | Bengt Strindhagen   | FK Vittus      |               | 56:56         | +16:46       |              |  |
|     | 3:25 (3:25)         | 14:16 (17:41)  | 10:40 (28:21) | 6:58 (35:19)  | 2:47 (38:06) | 8:07 (46:13) |  |
|     | 9:36 (55:49)        | 1:07 (56:56)   |               |               |              |              |  |
| 6.  | Christer Nilsson    | FK Vittus      |               | 58:25         | +18:15       |              |  |
|     | 4:03 (4:03)         | 15:15 (19:18)  | 12:32 (31:50) | 5:12 (37:02)  | 3:44 (40:46) | 7:40 (48:26) |  |
|     | 8:56 (57:22)        | 1:03 (58:25)   |               |               |              |              |  |
| 7.  | Eskil Johansson     | OK Orion       |               | 59:30         | +19:20       |              |  |
|     | 3:42 (3:42)         | 14:06 (17:48)  | 16:22 (34:10) | 4:50 (39:00)  | 4:27 (43:27) | 6:33 (50:00) |  |
|     | 8:39 (58:39)        | 0:51 (59:30)   |               |               |              |              |  |
| 8.  | Karl-Axel Engström  | OK Orion       |               | 59:41         | +19:31       |              |  |
|     | 3:17 (3:17)         | 18:58 (22:15)  | 13:01 (35:16) | 4:14 (39:30)  | 2:51 (42:21) | 6:30 (48:51) |  |
|     | 9:50 (58:41)        | 1:00 (59:41)   |               |               |              |              |  |
| 9.  | Bo Svilling         | FK Vittus      |               | 1:02:06       | +21:56       |              |  |
|     | 3:38 (3:38)         | 17:13 (20:51)  | 14:02 (34:53) | 5:08 (40:01)  | 3:37 (43:38) | 6:31 (50:09) |  |
|     | 11:00 (1:01:09)     | 0:57 (1:02:06) |               |               |              |              |  |
|     | Mats Karlsson       | FK Vittus      |               | Utg.          |              |              |  |
|     | 4:17 (4:17)         | 14:43 (19:00)  | 11:52 (30:52) | – (–)         | – (–)        | – (–)        |  |
|     | – (–)               | – (–)          |               |               |              |              |  |
|     | Lennart Sohlin      | OK Orion       |               | Ej start      |              |              |  |