



WELCOME TO 41ST EDITION OF IDRE O-WEEK!

MEMO 2015

O-WEEK EVENT CENTER

is located in conference room Lappspiran in the Main building, Idre Fjäll. Telephone +46-253-41455 or +46-70-7465812.

CHANGING AND SHOWERS

The events of Idre O-Week take place in a protected area where we are not allowed to let out draining water. Thus we cannot offer showers at competition centers and suggest you use your accommodations for changing and showers. Or use a wet cloth. Showers can also be bought at Idre Fjäll's Sporthall (20SEK).

POSTS

All competition posts have proper building with a SportIdent unit and a real flag. *Notice that confirmation SOUNDS ARE TURNED OFF on all posts but for the last control and by finish line.* Any permanent O-arrangements in terrain have plastic flags of training model.

MAPS

Map scales are 1:15000 (HD16-HD21), 1:7500 (HD60 and older) and 1:10000 (other classes).

Wednesday Middle distance use map scale 1:7500 (HD60 and older) and 1:10000 (other classes).

Sprint map scale is 1:4000 (all classes).

NATURE PROTECTED AREA

Please notice that much of our competitions areas are located in the Stådjan-Nipfjället nature protected area, which i.g. means that dogs must be on leash.

PUNCHING SYSTEM

We use SportIdent punching system for all competitions. *Notice that SOUNDS ARE TURNED OFF all units in the terrain!!*

Please check that your SportIdent tag number is correct in all startlists! You can rent SportIdent tags for 40SEK/race.

START

At the start, control descriptions and maps are handed out separately. Staple guns behind map boxess. After start signal, you run to your map box and pick up the map. HD10-HD16 receive their maps ahead of start signal.

NUMBER BIBS

are worn by all competitors except in U-classes and Open classes. Same number bib is used all three events on 3-days.

STARTLISTS and RESULTS

can be found on the wall at Event center and webpublished on www.kart-bosse.se/idrefjall and eventor.orientering.se/events Resultlists are also handed out at the Event center, one paper copy per cabin/room/club.

CHILD CARE available all days at competition centra.

MINIOR COURSE all days, contact child care for maps and directives.

MAPS AND TRAINING PACKAGES

Maps and permanent O-flags are available for areas *Slättvålen*, beautiful run-inviting reindeerlichen-covered grounds *Vildmarkspasset*, 30 posts of varying difficulty. Available for sale in Activity center (Sporthall) and Event center.

COMPETITION CENTERS (CC) each day, see map on wall at the Event center or www.kart-bosse.se/idrefjall

JUNE 21, FJÄLL-O

Individual race. First start 10am. CC at Nipfjället (summer parking space), 8 km from Idre Fjäll. Distance CC-start 150m.

JUNE 22, FJÄLL-SPRINT

CC at the top of Grängesvålen's ski slopes. Transportation from Idre Fjäll to top station in aerial 6-chair lift. The lift starts running 8am. Cars are only allowed up on the mountain with special permission from the event center.

First start 10am. Distance CC-start 400m. Full clothing.

It is possible to run an ordinary class and JK40.

JUNE 23-25, 3-DAYS

Individual 3-day event. Lotted start day 1 and 2, chasing start according to accumulated time differences day 3. You are allowed to start all days regardless of ability to complete earlier events.

CCs are announced on the wall at Event center and on www.kart-bosse.se/idrefjall. First start 10am each day.

DAY 1, CC Burusjön, 8 km from Idre Fjäll.

CC-Start1: 500m. CC-Start2 (H10, D10, U1, U2, ÖM1): 300m. Parking along the road, can be as much as 1500m walking distance parking-CC. Carpooling encouraged!

DAY 2, CC Nipstugan, Nipfjället, 8 km from Idre Fjäll.

CC-start: 150m.

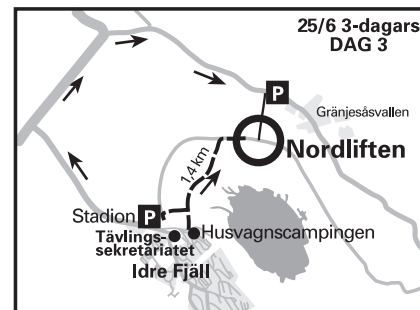
DAY 3, CC Nordliften (valley station)

CC-start1 and 2: 700m. Start2 (H10, D10, U1, U2, ÖM1).

Three possible ways to get to CC:

1. Walk from Caravan Camp, 1400m
2. Park at Idre Fjäll Ski Stadium, walk 1500m.
3. Park at Gränjesåsvålen's lift 6km from Idre Fjäll (limited parking space!) and walk 500m.

Contact our Event center for special permission if you need to go to CC by car.



DRAW YOUR ROUTE CHOICES!

We encourage you to drop by the event center and draw your route choices! Your adventures are all interesting, regardless of age, class and performance. A number of courses with route choices and comments from Kart-Bosse each year turn up on Bosse's blog.

