

Resultat – DM, Stafett, Öppna banor

2015-08-30

ÖM1	(31 / 31)	Tid	Efter	
1. Gustav Asp	IFK Göteborg	22:17		
2:17 (2:17)	4:37 (6:54) 2:55 (9:49)		2:17 (12:06) 1:59 (14:05)	0:51 (14:56)
1:55 (16:51)	2:20 (19:11) 2:04 (21:15)		0:33 (21:48) 0:29 (22:17)	
2. Samuel Bakkenes	Frölunda OL	23:27	+1:10	
2:07 (2:07)	4:14 (6:21) 2:55 (9:16)		2:43 (11:59) 2:11 (14:10)	0:57 (15:07)
1:56 (17:03)	3:00 (20:03) 1:55 (21:58)		0:45 (22:43) 0:44 (23:27)	
3. Linnéa Oskarsson	Sjövalla FK	28:29	+6:12	
2:12 (2:12)	4:21 (6:33) 3:49 (10:22)		3:13 (13:35) 2:44 (16:19)	0:58 (17:17)
3:31 (20:48)	4:04 (24:52) 2:20 (27:12)		0:44 (27:56) 0:33 (28:29)	
4. Julia Lundqvist	OK Alehof	29:38	+7:21	
2:58 (2:58)	4:23 (7:21) 3:43 (11:04)		3:18 (14:22) 2:20 (16:42)	1:30 (18:12)
2:12 (20:24)	5:53 (26:17) 1:58 (28:15)		0:44 (28:59) 0:39 (29:38)	
5. Maja Torsein	Frölunda OL	30:51	+8:34	
3:15 (3:15)	5:13 (8:28) 3:26 (11:54)		3:23 (15:17) 4:09 (19:26)	1:20 (20:46)
2:19 (23:05)	3:43 (26:48) 2:33 (29:21)		0:51 (30:12) 0:39 (30:51)	
6. Jarvis Hansson		31:07	+8:50	
3:12 (3:12)	6:03 (9:15) 3:43 (12:58)		2:49 (15:47) 3:17 (19:04)	1:19 (20:23)
3:09 (23:32)	3:44 (27:16) 2:30 (29:46)		0:42 (30:28) 0:39 (31:07)	
7. Oskar Kallander	Frölunda OL	31:22	+9:05	
3:29 (3:29)	5:32 (9:01) 3:38 (12:39)		2:59 (15:38) 3:02 (18:40)	0:57 (19:37)
2:52 (22:29)	4:28 (26:57) 2:45 (29:42)		0:48 (30:30) 0:52 (31:22)	
8. David Bergström	Frölunda OL	31:32	+9:15	
3:40 (3:40)	5:27 (9:07) 3:30 (12:37)		3:03 (15:40) 2:56 (18:36)	1:03 (19:39)
3:18 (22:57)	4:00 (26:57) 2:46 (29:43)		0:51 (30:34) 0:58 (31:32)	
9. Emil Wallenius	Frölunda OL	31:39	+9:22	
4:04 (4:04)	5:25 (9:29) 3:32 (13:01)		3:19 (16:20) 3:10 (19:30)	1:41 (21:11)
2:54 (24:05)	3:46 (27:51) 2:13 (30:04)		0:53 (30:57) 0:42 (31:39)	
10. Pontus Bergström	Frölunda OL	32:26	+10:09	
4:15 (4:15)	5:25 (9:40) 3:37 (13:17)		3:04 (16:21) 3:13 (19:34)	1:43 (21:17)
2:52 (24:09)	3:42 (27:51) 2:59 (30:50)		0:55 (31:45) 0:41 (32:26)	
11. Alice Bohlin	IFK Göteborg	32:43	+10:26	
2:22 (2:22)	5:38 (8:00) 3:45 (11:45)		3:15 (15:00) 2:37 (17:37)	1:56 (19:33)
3:20 (22:53)	5:56 (28:49) 2:20 (31:09)		0:36 (31:45) 0:58 (32:43)	
12. David Erdalen	IFK Göteborg	33:06	+10:49	
3:25 (3:25)	4:58 (8:23) 4:21 (12:44)		3:34 (16:18) 3:43 (20:01)	1:22 (21:23)
2:55 (24:18)	4:11 (28:29) 2:46 (31:15)		0:53 (32:08) 0:58 (33:06)	
13. Elin Axelsson	Lerums SOK	33:07	+10:50	
2:29 (2:29)	6:12 (8:41) 3:38 (12:19)		4:23 (16:42) 5:43 (22:25)	1:30 (23:55)
2:48 (26:43)	3:25 (30:08) 1:49 (31:57)		0:39 (32:36) 0:31 (33:07)	
14. Gabriel Slätt	OK Alehof	33:10	+10:53	
3:48 (3:48)	5:37 (9:25) 4:19 (13:44)		3:39 (17:23) 3:20 (20:43)	1:16 (21:59)
3:06 (25:05)	3:10 (28:15) 3:07 (31:22)		0:54 (32:16) 0:54 (33:10)	
15. Nora Krans	Sjövalla FK	34:02	+11:45	
2:59 (2:59)	4:01 (7:00) 5:32 (12:32)		5:50 (18:22) 4:08 (22:30)	1:25 (23:55)
3:01 (26:56)	4:10 (31:06) 1:42 (32:48)		0:40 (33:28) 0:34 (34:02)	
16. Maja Öjerskog	Frölunda OL	35:51	+13:34	
3:17 (3:17)	5:07 (8:24) 4:41 (13:05)		4:31 (17:36) 4:44 (22:20)	1:25 (23:45)
4:36 (28:21)	3:03 (31:24) 2:51 (34:15)		0:52 (35:07) 0:44 (35:51)	
17. Ebba Lövgård	OK Alehof	36:31	+14:14	
3:17 (3:17)	7:32 (10:49) 4:44 (15:33)		4:30 (20:03) 4:59 (25:02)	1:02 (26:04)
2:21 (28:25)	4:19 (32:44) 2:21 (35:05)		0:43 (35:48) 0:43 (36:31)	
18. Alma Lundqvist		36:33	+14:16	
3:16 (3:16)	7:29 (10:45) 4:36 (15:21)		4:34 (19:55) 4:57 (24:52)	1:12 (26:04)

	2:17 (28:21)	4:12 (32:33)	2:31 (35:04)		0:43 (35:47)	0:46 (36:33)	
19. Axel Persson		Göteborg-Majorna OK		39:44	+17:27		
	4:13 (4:13)	7:14 (11:27)	5:35 (17:02)		6:17 (23:19)	3:36 (26:55)	1:06 (28:01)
	2:24 (30:25)	3:47 (34:12)	3:49 (38:01)		0:48 (38:49)	0:55 (39:44)	
20. Anna-Lisa Kinell		IFK Göteborg		40:02	+17:45		
	3:16 (3:16)	6:48 (10:04)	6:54 (16:58)		5:29 (22:27)	3:36 (26:03)	1:37 (27:40)
	3:16 (30:56)	4:39 (35:35)	2:56 (38:31)		0:51 (39:22)	0:40 (40:02)	
21. Melker Samor		Lerums SOK		40:11	+17:54		
	3:56 (3:56)	7:28 (11:24)	4:58 (16:22)		4:59 (21:21)	4:42 (26:03)	1:28 (27:31)
	4:47 (32:18)	3:58 (36:16)	2:31 (38:47)		0:41 (39:28)	0:43 (40:11)	
22. Annie Fors		Frölunda OL		40:33	+18:16		
	3:11 (3:11)	4:43 (7:54)	3:25 (11:19)		2:56 (14:15)	14:36 (28:51)	1:11 (30:02)
	2:34 (32:36)	4:51 (37:27)	1:58 (39:25)		0:36 (40:01)	0:32 (40:33)	
23. Clara Signelid		Frölunda OL		40:39	+18:22		
	3:14 (3:14)	4:44 (7:58)	3:25 (11:23)		2:53 (14:16)	14:36 (28:52)	1:07 (29:59)
	2:40 (32:39)	4:53 (37:32)	1:59 (39:31)		0:36 (40:07)	0:32 (40:39)	
24. Arve Forssten		OK Gipen		40:59	+18:42		
	3:02 (3:02)	4:46 (7:48)	4:44 (12:32)		3:15 (15:47)	3:31 (19:18)	1:19 (20:37)
	2:40 (23:17)	14:05 (37:22)	2:00 (39:22)		0:43 (40:05)	0:54 (40:59)	
25. Alice Källstrand		Åmåls OK		42:29	+20:12		
	5:29 (5:29)	6:55 (12:24)	5:14 (17:38)		4:54 (22:32)	3:49 (26:21)	1:57 (28:18)
	3:16 (31:34)	5:16 (36:50)	3:52 (40:42)		0:51 (41:33)	0:56 (42:29)	
26. Rasmus Granäng		Kungälv OK		48:30	+26:13		
	12:45 (12:45)	4:07 (16:52)	3:08 (20:00)		3:11 (23:11)	2:12 (25:23)	0:48 (26:11)
	13:55 (40:06)	4:40 (44:46)	2:38 (47:24)		0:28 (47:52)	0:38 (48:30)	
27. Linnéa Grönroos		OK Alehof		49:34	+27:17		
	3:22 (3:22)	11:15 (14:37)	11:28 (26:05)		4:24 (30:29)	6:55 (37:24)	0:58 (38:22)
	3:24 (41:46)	3:56 (45:42)	2:21 (48:03)		0:53 (48:56)	0:38 (49:34)	
28. Saga Wildheim		Mölnadal Outdoor IF		50:43	+28:26		
	7:12 (7:12)	8:22 (15:34)	5:49 (21:23)		5:25 (26:48)	6:00 (32:48)	2:19 (35:07)
	5:38 (40:45)	5:36 (46:21)	2:36 (48:57)		0:48 (49:45)	0:58 (50:43)	
Elias Forssten		Kungälv OK		Felst.			
	3:02 (3:02)	4:48 (7:50)	4:44 (12:34)		3:11 (15:45)	3:37 (19:22)	1:20 (20:42)
	2:33 (23:15)	– (–)	– (27:35)		1:03 (28:38)	0:41 (29:19)	
Gabriel Sundell				Utg.			
	– (–)	– (–)	– (–)		– (–)	– (–)	– (2:15:53)
	3:50 (2:19:43)	5:42 (2:25:25)	4:37 (2:30:02)		1:30 (2:31:32)	– (–)	
Johan Elmeklo		Frölunda OL		Ej start			

ÖM4	(32 / 32)			Tid	Efter		
1. Tobias Karlsson		Sävedalens AIK		32:10			
	3:31 (3:31)	2:41 (6:12)	4:06 (10:18)		3:20 (13:38)	2:24 (16:02)	2:36 (18:38)
	1:46 (20:24)	1:19 (21:43)	1:36 (23:19)		2:16 (25:35)	5:05 (30:40)	0:50 (31:30)
	0:40 (32:10)						
2. Viktor Vallin		Göteborg-Majorna OK		33:42	+1:32		
	3:23 (3:23)	0:38 (4:01)	4:22 (8:23)		3:20 (11:43)	3:04 (14:47)	2:52 (17:39)
	2:36 (20:15)	1:27 (21:42)	1:33 (23:15)		3:13 (26:28)	5:15 (31:43)	1:20 (33:03)
	0:39 (33:42)						
3. Robert Eneljung		IFK Göteborg		34:31	+2:21		
	2:25 (2:25)	0:44 (3:09)	3:33 (6:42)		2:51 (9:33)	2:05 (11:38)	2:52 (14:30)
	2:45 (17:15)	0:48 (18:03)	1:44 (19:47)		5:15 (25:02)	8:24 (33:26)	0:41 (34:07)
	0:24 (34:31)						
4. Carin Magnusson		OK Tor		35:41	+3:31		
	4:09 (4:09)	0:43 (4:52)	6:08 (11:00)		3:47 (14:47)	2:41 (17:28)	3:40 (21:08)
	2:17 (23:25)	1:07 (24:32)	1:57 (26:29)		1:58 (28:27)	5:23 (33:50)	1:13 (35:03)
	0:38 (35:41)						
5. Michaela Källstrand		Åmåls OK		38:55	+6:45		
	5:36 (5:36)	0:43 (6:19)	5:15 (11:34)		3:52 (15:26)	5:15 (20:41)	3:40 (24:21)
	2:14 (26:35)	1:03 (27:38)	1:56 (29:34)		1:59 (31:33)	5:34 (37:07)	1:14 (38:21)
	0:34 (38:55)						

6.	Helen Karlbom	IFK Göteborg	41:17	+9:07		
	2:45 (2:45)	1:18 (4:03) 4:23 (8:26)		4:40 (13:06)	5:37 (18:43)	4:04 (22:47)
	2:04 (24:51)	2:02 (26:53) 1:40 (28:33)		3:05 (31:38)	7:57 (39:35)	1:08 (40:43)
	0:34 (41:17)					
7.	Ulla Einarsson	Kungälv OK	44:51	+12:41		
	3:52 (3:52)	0:49 (4:41) 9:28 (14:09)		4:59 (19:08)	3:33 (22:41)	4:15 (26:56)
	2:51 (29:47)	1:27 (31:14) 2:16 (33:30)		3:53 (37:23)	5:22 (42:45)	1:35 (44:20)
	0:31 (44:51)					
8.	Hanna Jögarð	OK Nackhe	46:53	+14:43		
	3:31 (3:31)	0:51 (4:22) 8:20 (12:42)		8:10 (20:52)	2:55 (23:47)	3:38 (27:25)
	2:55 (30:20)	1:33 (31:53) 1:54 (33:47)		4:59 (38:46)	6:24 (45:10)	1:13 (46:23)
	0:30 (46:53)					
9.	Britt Rangert	IK Ymer	47:54	+15:44		
	4:29 (4:29)	1:08 (5:37) 6:29 (12:06)		5:18 (17:24)	3:37 (21:01)	4:32 (25:33)
	3:16 (28:49)	1:32 (30:21) 4:12 (34:33)		2:44 (37:17)	8:22 (45:39)	1:37 (47:16)
	0:38 (47:54)					
10.	Linda Olsson	Göteborg-Majorna OK	48:02	+15:52		
	4:35 (4:35)	1:00 (5:35) 6:07 (11:42)		5:05 (16:47)	4:46 (21:33)	4:35 (26:08)
	4:14 (30:22)	1:55 (32:17) 3:23 (35:40)		2:26 (38:06)	7:32 (45:38)	1:56 (47:34)
	0:28 (48:02)					
11.	Lars Persson	klubblös	48:06	+15:56		
	4:28 (4:28)	1:04 (5:32) 6:15 (11:47)		4:53 (16:40)	5:00 (21:40)	4:28 (26:08)
	4:06 (30:14)	1:54 (32:08) 3:28 (35:36)		2:24 (38:00)	7:43 (45:43)	1:53 (47:36)
	0:30 (48:06)					
12.	Annie Månsson	Göteborg-Majorna OK	48:36	+16:26		
	4:19 (4:19)	1:16 (5:35) 6:07 (11:42)		5:01 (16:43)	4:45 (21:28)	4:40 (26:08)
	4:17 (30:25)	1:45 (32:10) 3:29 (35:39)		2:29 (38:08)	7:34 (45:42)	2:10 (47:52)
	0:44 (48:36)					
13.	Frida Rönnqvist	OK Löftan	50:41	+18:31		
	4:09 (4:09)	1:10 (5:19) 8:15 (13:34)		8:22 (21:56)	3:52 (25:48)	3:57 (29:45)
	2:39 (32:24)	1:38 (34:02) 2:10 (36:12)		5:38 (41:50)	7:00 (48:50)	1:22 (50:12)
	0:29 (50:41)					
14.	Johanna Rönnqvist	OK Löftan	51:04	+18:54		
	3:02 (3:02)	1:01 (4:03) 4:10 (8:13)		17:40 (25:53)	6:06 (31:59)	3:34 (35:33)
	2:48 (38:21)	1:26 (39:47) 1:49 (41:36)		2:35 (44:11)	5:24 (49:35)	0:58 (50:33)
	0:31 (51:04)					
15.	Hanna Backman	klubblös	51:36	+19:26		
	3:53 (3:53)	2:00 (5:53) 7:29 (13:22)		4:34 (17:56)	4:41 (22:37)	5:09 (27:46)
	3:01 (30:47)	1:27 (32:14) 2:34 (34:48)		8:07 (42:55)	6:27 (49:22)	1:34 (50:56)
	0:40 (51:36)					
16.	Frida Lyxell		51:51	+19:41		
	4:03 (4:03)	1:02 (5:05) 7:16 (12:21)		4:58 (17:19)	4:03 (21:22)	4:04 (25:26)
	3:15 (28:41)	1:37 (30:18) 5:10 (35:28)		5:34 (41:02)	7:52 (48:54)	2:03 (50:57)
	0:54 (51:51)					
17.	Ching-Pei Chen	Trollhättans SK	51:57	+19:47		
	3:21 (3:21)	0:51 (4:12) 7:52 (12:04)		4:43 (16:47)	4:58 (21:45)	9:10 (30:55)
	3:14 (34:09)	1:18 (35:27) 1:58 (37:25)		3:31 (40:56)	8:41 (49:37)	1:35 (51:12)
	0:45 (51:57)					
18.	Viv Prince	Papo	52:35	+20:25		
	3:41 (3:41)	2:55 (6:36) 8:22 (14:58)		6:11 (21:09)	3:53 (25:02)	3:51 (28:53)
	2:52 (31:45)	1:50 (33:35) 3:33 (37:08)		4:33 (41:41)	8:27 (50:08)	1:50 (51:58)
	0:37 (52:35)					
19.	Anna Beischer	IK Uven	53:32	+21:22		
	4:04 (4:04)	0:57 (5:01) 6:54 (11:55)		9:46 (21:41)	5:00 (26:41)	5:04 (31:45)
	3:09 (34:54)	1:46 (36:40) 2:24 (39:04)		4:17 (43:21)	8:04 (51:25)	1:32 (52:57)
	0:35 (53:32)					
19.	Anna Grahn	IK Uven	53:32	+21:22		
	4:38 (4:38)	0:45 (5:23) 9:52 (15:15)		5:16 (20:31)	9:07 (29:38)	4:38 (34:16)
	3:02 (37:18)	1:32 (38:50) 1:50 (40:40)		3:11 (43:51)	7:24 (51:15)	1:39 (52:54)
	0:38 (53:32)					
21.	Jenny Rönnqvist		56:42	+24:32		

	3:34 (3:34)	9:05 (12:39)	7:51 (20:30)	5:22 (25:52)	4:29 (30:21)	3:56 (34:17)
	3:25 (37:42)	1:48 (39:30)	4:20 (43:50)	3:03 (46:53)	7:36 (54:29)	1:43 (56:12)
	0:30 (56:42)					
22. Tove Eneljung	IFK Göteborg	57:08	+24:58			
	3:17 (3:17)	0:49 (4:06)	5:27 (9:33)	7:49 (17:22)	11:01 (28:23)	6:12 (34:35)
	2:26 (37:01)	4:41 (41:42)	2:20 (44:02)	4:33 (48:35)	6:56 (55:31)	1:07 (56:38)
	0:30 (57:08)					
23. Mattias Holmström	Åmåls OK	57:39	+25:29			
	7:27 (7:27)	0:39 (8:06)	5:29 (13:35)	20:38 (34:13)	1:48 (36:01)	5:57 (41:58)
	2:03 (44:01)	1:25 (45:26)	1:30 (46:56)	2:44 (49:40)	5:21 (55:01)	2:01 (57:02)
	0:37 (57:39)					
24. Karin Cederlöf	klubblös	57:53	+25:43			
	4:34 (4:34)	1:05 (5:39)	8:53 (14:32)	5:37 (20:09)	6:04 (26:13)	4:41 (30:54)
	3:39 (34:33)	1:57 (36:30)	2:40 (39:10)	2:52 (42:02)	13:30 (55:32)	1:36 (57:08)
	0:45 (57:53)					
25. Johan Lidström	Frölunda OL	57:56	+25:46			
	6:37 (6:37)	1:30 (8:07)	7:44 (15:51)	12:01 (27:52)	3:50 (31:42)	4:50 (36:32)
	3:08 (39:40)	2:18 (41:58)	2:12 (44:10)	2:48 (46:58)	8:44 (55:42)	1:32 (57:14)
	0:42 (57:56)					
26. Maria Franzén	klubblös	1:02:21	+30:11			
	13:06 (13:06)	0:59 (14:05)	6:47 (20:52)	5:31 (26:23)	5:52 (32:15)	5:50 (38:05)
	3:22 (41:27)	1:54 (43:21)	2:21 (45:42)	3:00 (48:42)	11:17 (59:59)	1:41 (1:01:40)
	0:41 (1:02:21)					
27. Bo Cederlöf	klubblös	1:07:00	+34:50			
	3:37 (3:37)	1:03 (4:40)	5:02 (9:42)	26:44 (36:26)	4:31 (40:57)	4:42 (45:39)
	3:42 (49:21)	1:47 (51:08)	3:06 (54:14)	3:27 (57:41)	7:06 (1:04:47)	1:27 (1:06:14)
	0:46 (1:07:00)					
28. Reinhold Reul	OK Orinto	1:16:10	+44:00			
	5:11 (5:11)	1:05 (6:16)	10:55 (17:11)	6:44 (23:55)	14:40 (38:35)	10:35 (49:10)
	3:25 (52:35)	2:09 (54:44)	1:42 (56:26)	2:39 (59:05)	14:49 (1:13:54)	1:46 (1:15:40)
	0:30 (1:16:10)					
29. Robert Kos	klubblös	1:32:54	+60:44			
	7:02 (7:02)	4:01 (11:03)	4:59 (16:02)	16:57 (32:59)	5:39 (38:38)	3:43 (42:21)
	2:23 (44:44)	1:24 (46:08)	3:51 (49:59)	5:08 (55:07)	36:03 (1:31:10)	1:09 (1:32:19)
	0:35 (1:32:54)					
Annica Börjesson	Sävedalens AIK	Felst.				
	13:43 (13:43)	0:59 (14:42)	6:31 (21:13)	– (–)	– (24:39)	3:47 (28:26)
	9:59 (38:25)	2:14 (40:39)	3:12 (43:51)	4:08 (47:59)	6:07 (54:06)	1:32 (55:38)
	1:31 (57:09)					
Carl-Henning Löf	GMOK	Felst.				
	4:51 (4:51)	0:48 (5:39)	5:51 (11:30)	4:40 (16:10)	3:23 (19:33)	5:03 (24:36)
	2:23 (26:59)	1:26 (28:25)	2:11 (30:36)	3:40 (34:16)	9:28 (43:44)	– (–)
	– (45:26)					
Eva Nilsson	Kungälv OK	Felst.				
	3:25 (3:25)	0:53 (4:18)	5:21 (9:39)	3:52 (13:31)	3:22 (16:53)	4:23 (21:16)
	2:36 (23:52)	1:12 (25:04)	1:43 (26:47)	– (–)	– (34:38)	1:04 (35:42)
	0:38 (36:20)					

ÖM8	(50 / 50)	Tid	Efter	
1. Viktor Runnby	Göteborg-Majorna OK	24:07		
	2:52 (2:52)	2:01 (4:53)	2:21 (7:14)	2:16 (9:30)
	1:47 (13:53)	1:13 (15:06)	1:19 (16:25)	1:57 (11:27)
	1:17 (21:44)	0:57 (22:41)	1:05 (23:46)	1:04 (18:38)
				0:21 (24:07)
2. Fredrik Mattsson	OK Kåre	24:59	+0:52	
	2:57 (2:57)	1:52 (4:49)	2:25 (7:14)	2:55 (10:09)
	1:47 (14:25)	1:05 (15:30)	1:40 (17:10)	2:00 (12:09)
	1:21 (22:43)	0:53 (23:36)	0:59 (24:35)	1:18 (19:36)
				0:24 (24:59)
3. Eric Börjeskog	Södertälje-Nykvarn OF	26:55	+2:48	
	3:17 (3:17)	2:00 (5:17)	2:41 (7:58)	2:50 (10:48)
	1:58 (15:26)	1:14 (16:40)	1:33 (18:13)	2:11 (12:59)
				0:29 (13:28)
				1:53 (22:36)

	1:43 (24:19)	1:03 (25:22)	1:04 (26:26)	0:29 (26:55)		
4. Fredrik Noborn	IFK Göteborg	28:32	+4:25			
	3:25 (3:25)	2:10 (5:35)	2:36 (8:11)	2:51 (11:02)	2:06 (13:08)	0:41 (13:49)
	2:08 (15:57)	1:30 (17:27)	1:51 (19:18)	1:25 (20:43)	1:23 (22:06)	2:04 (24:10)
	1:29 (25:39)	1:13 (26:52)	1:12 (28:04)	0:28 (28:32)		
5. Victor Axbom	OK Landehof	31:29	+7:22			
	3:31 (3:31)	2:30 (6:01)	2:57 (8:58)	2:48 (11:46)	3:07 (14:53)	0:38 (15:31)
	2:10 (17:41)	1:23 (19:04)	2:31 (21:35)	1:38 (23:13)	1:19 (24:32)	2:19 (26:51)
	1:30 (28:21)	1:17 (29:38)	1:24 (31:02)	0:27 (31:29)		
6. Carl Forsström	Frölunda OL	32:08	+8:01			
	3:43 (3:43)	3:22 (7:05)	3:28 (10:33)	2:42 (13:15)	2:28 (15:43)	0:44 (16:27)
	2:07 (18:34)	1:25 (19:59)	1:39 (21:38)	1:50 (23:28)	1:23 (24:51)	2:16 (27:07)
	2:17 (29:24)	1:11 (30:35)	1:04 (31:39)	0:29 (32:08)		
7. Jimmy Pettersson	Göteborg-Majorna OK	33:00	+8:53			
	3:39 (3:39)	2:42 (6:21)	3:19 (9:40)	3:29 (13:09)	2:40 (15:49)	0:38 (16:27)
	2:19 (18:46)	1:38 (20:24)	1:16 (21:40)	1:45 (23:25)	1:28 (24:53)	2:15 (27:08)
	2:13 (29:21)	1:56 (31:17)	1:12 (32:29)	0:31 (33:00)		
8. Erik Aderstedt	Kungälv OK	33:25	+9:18			
	4:38 (4:38)	2:49 (7:27)	3:03 (10:30)	3:43 (14:13)	2:49 (17:02)	0:46 (17:48)
	2:34 (20:22)	1:30 (21:52)	1:21 (23:13)	1:40 (24:53)	1:28 (26:21)	2:33 (28:54)
	1:36 (30:30)	1:21 (31:51)	1:09 (33:00)	0:25 (33:25)		
9. Lisa Risby	OK Kåre	33:46	+9:39			
	3:49 (3:49)	2:26 (6:15)	2:57 (9:12)	2:46 (11:58)	2:58 (14:56)	0:54 (15:50)
	2:21 (18:11)	1:25 (19:36)	1:18 (20:54)	1:31 (22:25)	2:35 (25:00)	2:14 (27:14)
	2:23 (29:37)	2:26 (32:03)	1:10 (33:13)	0:33 (33:46)		
10. Tord Hederskog	HJS-Vansbro OK	34:27	+10:20			
	3:45 (3:45)	2:47 (6:32)	2:58 (9:30)	3:10 (12:40)	2:48 (15:28)	1:12 (16:40)
	2:14 (18:54)	1:33 (20:27)	3:32 (23:59)	1:40 (25:39)	1:44 (27:23)	2:12 (29:35)
	1:36 (31:11)	1:23 (32:34)	1:23 (33:57)	0:30 (34:27)		
11. Anders Frick	Trollhättans SK	34:50	+10:43			
	3:55 (3:55)	3:17 (7:12)	3:42 (10:54)	3:07 (14:01)	2:49 (16:50)	0:47 (17:37)
	2:22 (19:59)	1:52 (21:51)	1:41 (23:32)	1:50 (25:22)	1:26 (26:48)	2:48 (29:36)
	1:50 (31:26)	1:17 (32:43)	1:36 (34:19)	0:31 (34:50)		
12. Adam Broberg	IF Rigor	34:56	+10:49			
	4:14 (4:14)	2:36 (6:50)	2:53 (9:43)	3:02 (12:45)	3:31 (16:16)	0:43 (16:59)
	3:18 (20:17)	1:13 (21:30)	2:25 (23:55)	1:59 (25:54)	1:17 (27:11)	2:33 (29:44)
	2:18 (32:02)	1:19 (33:21)	1:05 (34:26)	0:30 (34:56)		
13. Stefan Tisell	IK Stern	38:37	+14:30			
	4:12 (4:12)	3:05 (7:17)	3:48 (11:05)	3:31 (14:36)	3:03 (17:39)	1:03 (18:42)
	2:44 (21:26)	1:38 (23:04)	2:41 (25:45)	1:53 (27:38)	2:04 (29:42)	2:44 (32:26)
	2:07 (34:33)	2:00 (36:33)	1:26 (37:59)	0:38 (38:37)		
14. Per-Åke Bastestad	Tolered-Utby Ol-klubb	38:48	+14:41			
	4:16 (4:16)	2:55 (7:11)	3:42 (10:53)	3:51 (14:44)	2:39 (17:23)	0:50 (18:13)
	3:04 (21:17)	1:44 (23:01)	2:10 (25:11)	2:55 (28:06)	1:41 (29:47)	2:51 (32:38)
	2:47 (35:25)	1:28 (36:53)	1:24 (38:17)	0:31 (38:48)		
15. Eric Kemp	Sundbybergs IK	38:55	+14:48			
	3:27 (3:27)	2:43 (6:10)	3:37 (9:47)	3:27 (13:14)	3:19 (16:33)	0:44 (17:17)
	2:41 (19:58)	1:32 (21:30)	1:21 (22:51)	1:37 (24:28)	1:18 (25:46)	7:47 (33:33)
	1:48 (35:21)	1:40 (37:01)	1:21 (38:22)	0:33 (38:55)		
16. Lisa Axelsson	Hjobygdens OK	40:30	+16:23			
	4:57 (4:57)	3:11 (8:08)	5:42 (13:50)	3:26 (17:16)	3:29 (20:45)	0:48 (21:33)
	2:26 (23:59)	1:33 (25:32)	1:44 (27:16)	1:36 (28:52)	2:12 (31:04)	2:56 (34:00)
	3:07 (37:07)	1:44 (38:51)	1:08 (39:59)	0:31 (40:30)		
17. Frida Kjellberg	IFK Göteborg	41:47	+17:40			
	4:57 (4:57)	3:04 (8:01)	3:34 (11:35)	3:53 (15:28)	6:32 (22:00)	1:22 (23:22)
	2:55 (26:17)	1:47 (28:04)	1:38 (29:42)	2:00 (31:42)	1:57 (33:39)	2:41 (36:20)
	1:45 (38:05)	1:25 (39:30)	1:41 (41:11)	0:36 (41:47)		
18. Anna Abrahamsson	Mölndal Outdoor IF	42:31	+18:24			
	5:34 (5:34)	3:06 (8:40)	4:07 (12:47)	4:52 (17:39)	3:31 (21:10)	1:01 (22:11)
	2:48 (24:59)	2:22 (27:21)	2:34 (29:55)	2:12 (32:07)	1:53 (34:00)	2:43 (36:43)
	2:08 (38:51)	1:43 (40:34)	1:25 (41:59)	0:32 (42:31)		

19. Martin Wildheim	Möndal Outdoor IF	42:41	+18:34		
3:49 (3:49)	3:13 (7:02) 3:33 (10:35)	3:32 (14:07)	3:43 (17:50)	1:14 (19:04)	
2:27 (21:31)	1:52 (23:23) 5:05 (28:28)	1:54 (30:22)	2:27 (32:49)	3:16 (36:05)	
2:31 (38:36)	2:15 (40:51) 1:16 (42:07)	0:34 (42:41)			
20. Dave Armstrong	Papo	44:23	+20:16		
5:08 (5:08)	3:47 (8:55) 3:31 (12:26)	4:01 (16:27)	3:53 (20:20)	2:14 (22:34)	
2:46 (25:20)	1:49 (27:09) 1:50 (28:59)	2:37 (31:36)	2:27 (34:03)	4:07 (38:10)	
2:21 (40:31)	1:57 (42:28) 1:23 (43:51)	0:32 (44:23)			
21. Håkan B Samor	Lerums SOK	44:34	+20:27		
4:39 (4:39)	2:54 (7:33) 3:32 (11:05)	4:02 (15:07)	5:13 (20:20)	1:00 (21:20)	
3:30 (24:50)	1:49 (26:39) 5:05 (31:44)	1:50 (33:34)	2:01 (35:35)	3:17 (38:52)	
2:27 (41:19)	1:17 (42:36) 1:27 (44:03)	0:31 (44:34)			
22. Henrik Klasson	OK Gisle	45:14	+21:07		
4:29 (4:29)	3:27 (7:56) 3:31 (11:27)	3:44 (15:11)	3:24 (18:35)	1:01 (19:36)	
2:48 (22:24)	1:51 (24:15) 7:00 (31:15)	2:33 (33:48)	2:27 (36:15)	3:02 (39:17)	
2:12 (41:29)	1:40 (43:09) 1:28 (44:37)	0:37 (45:14)			
23. Per Genvad	Göteborg-Majorna OK	45:24	+21:17		
4:05 (4:05)	4:06 (8:11) 5:22 (13:33)	6:18 (19:51)	3:05 (22:56)	1:02 (23:58)	
2:48 (26:46)	2:17 (29:03) 2:01 (31:04)	2:08 (33:12)	1:38 (34:50)	2:54 (37:44)	
4:01 (41:45)	1:51 (43:36) 1:21 (44:57)	0:27 (45:24)			
24. Gustav Holmquist	IK Stern	47:00	+22:53		
5:10 (5:10)	2:52 (8:02) 4:50 (12:52)	4:19 (17:11)	6:57 (24:08)	1:07 (25:15)	
2:40 (27:55)	1:46 (29:41) 3:40 (33:21)	1:44 (35:05)	1:42 (36:47)	2:51 (39:38)	
3:49 (43:27)	1:35 (45:02) 1:22 (46:24)	0:36 (47:00)			
25. Tobias Österlund	IK Ymer	47:18	+23:11		
5:14 (5:14)	4:52 (10:06) 4:56 (15:02)	4:12 (19:14)	4:10 (23:24)	1:27 (24:51)	
3:32 (28:23)	2:01 (30:24) 1:58 (32:22)	2:05 (34:27)	2:15 (36:42)	3:33 (40:15)	
2:31 (42:46)	2:01 (44:47) 1:43 (46:30)	0:48 (47:18)			
26. Gunnar Barrefors	IK Uven	47:59	+23:52		
5:22 (5:22)	3:33 (8:55) 3:33 (12:28)	3:45 (16:13)	3:26 (19:39)	1:02 (20:41)	
2:20 (23:01)	1:50 (24:51) 5:08 (29:59)	6:29 (36:28)	2:37 (39:05)	2:43 (41:48)	
1:47 (43:35)	2:25 (46:00) 1:25 (47:25)	0:34 (47:59)			
27. Andreas Österlund	IK Ymer	48:07	+24:00		
5:16 (5:16)	4:15 (9:31) 4:04 (13:35)	3:43 (17:18)	5:05 (22:23)	1:14 (23:37)	
5:02 (28:39)	1:50 (30:29) 2:13 (32:42)	2:51 (35:33)	1:53 (37:26)	2:58 (40:24)	
3:46 (44:10)	1:58 (46:08) 1:25 (47:33)	0:34 (48:07)			
28. Emma Almedhed	Frölunda OL	49:01	+24:54		
5:58 (5:58)	4:07 (10:05) 4:31 (14:36)	4:20 (18:56)	3:51 (22:47)	1:54 (24:41)	
3:10 (27:51)	2:23 (30:14) 3:14 (33:28)	2:27 (35:55)	3:13 (39:08)	3:19 (42:27)	
2:25 (44:52)	1:57 (46:49) 1:34 (48:23)	0:38 (49:01)			
29. Klas Fredriksson	Göteborg-Majorna OK	50:21	+26:14		
4:53 (4:53)	6:08 (11:01) 3:50 (14:51)	4:40 (19:31)	3:42 (23:13)	1:15 (24:28)	
4:22 (28:50)	2:39 (31:29) 3:04 (34:33)	1:47 (36:20)	2:00 (38:20)	2:48 (41:08)	
3:07 (44:15)	2:35 (46:50) 2:55 (49:45)	0:36 (50:21)			
30. Jakob Åsberg	klubblös	50:39	+26:32		
3:58 (3:58)	2:51 (6:49) 3:10 (9:59)	3:13 (13:12)	15:03 (28:15)	0:56 (29:11)	
3:01 (32:12)	1:40 (33:52) 2:01 (35:53)	2:06 (37:59)	2:37 (40:36)	3:20 (43:56)	
3:05 (47:01)	1:39 (48:40) 1:22 (50:02)	0:37 (50:39)			
31. Helena Lindberg	IFK Göteborg	50:42	+26:35		
4:59 (4:59)	4:10 (9:09) 4:05 (13:14)	4:35 (17:49)	4:28 (22:17)	1:09 (23:26)	
2:39 (26:05)	1:48 (27:53) 7:02 (34:55)	3:23 (38:18)	2:43 (41:01)	2:53 (43:54)	
2:32 (46:26)	2:18 (48:44) 1:24 (50:08)	0:34 (50:42)			
32. Nina Djerf	Lerums SOK	51:49	+27:42		
6:15 (6:15)	3:29 (9:44) 4:11 (13:55)	3:59 (17:54)	4:55 (22:49)	2:01 (24:50)	
3:33 (28:23)	5:19 (33:42) 3:40 (37:22)	2:35 (39:57)	2:11 (42:08)	3:05 (45:13)	
2:40 (47:53)	1:47 (49:40) 1:27 (51:07)	0:42 (51:49)			
33. Agnes Ramle	klubblös	52:03	+27:56		
4:56 (4:56)	3:53 (8:49) 4:12 (13:01)	4:35 (17:36)	5:08 (22:44)	0:46 (23:30)	
3:54 (27:24)	2:22 (29:46) 7:32 (37:18)	2:29 (39:47)	2:00 (41:47)	2:57 (44:44)	
3:13 (47:57)	1:50 (49:47) 1:35 (51:22)	0:41 (52:03)			
34. Albertina Henriksson		52:27	+28:20		

5:13 (5:13)	4:14 (9:27)	4:44 (14:11)	5:26 (19:37)	4:02 (23:39)	1:27 (25:06)
3:23 (28:29)	1:57 (30:26)	7:55 (38:21)	2:20 (40:41)	2:12 (42:53)	3:17 (46:10)
2:43 (48:53)	1:37 (50:30)	1:24 (51:54)	0:33 (52:27)		
35. Charlotte Wikström	Sävedalens AIK	54:04	+29:57		
5:36 (5:36)	4:10 (9:46)	4:03 (13:49)	4:46 (18:35)	5:59 (24:34)	1:10 (25:44)
3:23 (29:07)	2:11 (31:18)	5:05 (36:23)	2:29 (38:52)	3:18 (42:10)	3:33 (45:43)
2:49 (48:32)	3:20 (51:52)	1:33 (53:25)	0:39 (54:04)		
36. Björn Engelbrektsson	FK Snapphanarna	54:52	+30:45		
6:18 (6:18)	4:04 (10:22)	4:12 (14:34)	7:28 (22:02)	4:09 (26:11)	1:21 (27:32)
3:23 (30:55)	2:17 (33:12)	3:24 (36:36)	2:52 (39:28)	2:25 (41:53)	4:04 (45:57)
4:02 (49:59)	3:02 (53:01)	1:18 (54:19)	0:33 (54:52)		
37. Anna Rosnäs	Skogsluffarnas OK	55:51	+31:44		
5:23 (5:23)	4:12 (9:35)	4:25 (14:00)	3:50 (17:50)	10:43 (28:33)	1:20 (29:53)
3:56 (33:49)	2:31 (36:20)	2:22 (38:42)	2:37 (41:19)	3:20 (44:39)	3:24 (48:03)
2:33 (50:36)	2:46 (53:22)	1:50 (55:12)	0:39 (55:51)		
38. Tove Eneljung	IFK Göteborg	56:42	+32:35		
5:29 (5:29)	5:06 (10:35)	5:53 (16:28)	3:47 (20:15)	4:18 (24:33)	1:11 (25:44)
3:33 (29:17)	1:58 (31:15)	5:24 (36:39)	2:59 (39:38)	7:20 (46:58)	3:32 (50:30)
2:09 (52:39)	1:58 (54:37)	1:32 (56:09)	0:33 (56:42)		
39. Niklas Lorén	OK Landehof	57:35	+33:28		
6:44 (6:44)	4:38 (11:22)	5:12 (16:34)	6:04 (22:38)	5:53 (28:31)	2:09 (30:40)
3:42 (34:22)	1:58 (36:20)	2:34 (38:54)	2:58 (41:52)	3:31 (45:23)	3:47 (49:10)
3:46 (52:56)	2:39 (55:35)	1:26 (57:01)	0:34 (57:35)		
40. Fredrik Hofflander	Göteborg-Majorna OK	57:45	+33:38		
4:35 (4:35)	4:49 (9:24)	4:04 (13:28)	5:41 (19:09)	7:47 (26:56)	1:16 (28:12)
4:03 (32:15)	2:37 (34:52)	2:52 (37:44)	3:09 (40:53)	2:51 (43:44)	6:06 (49:50)
3:34 (53:24)	2:07 (55:31)	1:35 (57:06)	0:39 (57:45)		
41. Luba Nilsson	Kungälv's OK	58:53	+34:46		
10:44 (10:44)	5:09 (15:53)	5:47 (21:40)	5:29 (27:09)	4:07 (31:16)	1:11 (32:27)
3:15 (35:42)	2:01 (37:43)	4:30 (42:13)	3:08 (45:21)	2:37 (47:58)	3:25 (51:23)
3:31 (54:54)	1:48 (56:42)	1:37 (58:19)	0:34 (58:53)		
42. Michael Andersson	Göteborg-Majorna OK	1:03:09	+39:02		
5:47 (5:47)	3:13 (9:00)	4:36 (13:36)	5:27 (19:03)	4:52 (23:55)	3:53 (27:48)
3:34 (31:22)	7:58 (39:20)	5:29 (44:49)	2:08 (46:57)	3:55 (50:52)	4:03 (54:55)
2:40 (57:35)	3:07 (1:00:42)	1:43 (1:02:25)	0:44 (1:03:09)		
43. Margareta Hofflander	Göteborg-Majorna OK	1:07:01	+42:54		
5:51 (5:51)	10:42 (16:33)	5:47 (22:20)	4:05 (26:25)	5:11 (31:36)	2:12 (33:48)
3:49 (37:37)	3:03 (40:40)	5:29 (46:09)	6:01 (52:10)	3:23 (55:33)	4:12 (59:45)
2:44 (1:02:29)	2:27 (1:04:56)	1:29 (1:06:25)	0:36 (1:07:01)		
44. Per Strandemo	Solvikingarna	1:08:23	+44:16		
7:14 (7:14)	3:54 (11:08)	4:31 (15:39)	4:55 (20:34)	13:06 (33:40)	1:58 (35:38)
3:58 (39:36)	2:16 (41:52)	5:44 (47:36)	3:38 (51:14)	2:04 (53:18)	3:54 (57:12)
6:37 (1:03:49)	2:31 (1:06:20)	1:30 (1:07:50)	0:33 (1:08:23)		
45. Cecilia Karlsson	Göteborgs SK	1:08:40	+44:33		
6:21 (6:21)	7:21 (13:42)	5:41 (19:23)	4:19 (23:42)	8:03 (31:45)	1:33 (33:18)
3:29 (36:47)	2:14 (39:01)	9:50 (48:51)	2:38 (51:29)	3:50 (55:19)	4:38 (59:57)
2:32 (1:02:29)	3:33 (1:06:02)	1:58 (1:08:00)	0:40 (1:08:40)		
46. Martin Syk	klubblös	1:10:04	+45:57		
3:45 (3:45)	16:14 (19:59)	3:36 (23:35)	4:53 (28:28)	3:02 (31:30)	0:54 (32:24)
2:16 (34:40)	1:39 (36:19)	1:39 (37:58)	11:50 (49:48)	1:43 (51:31)	10:08 (1:01:39)
2:28 (1:04:07)	4:03 (1:08:10)	1:26 (1:09:36)	0:28 (1:10:04)		
47. Maria Poll	Mölnadal Outdoor IF	1:16:47	+52:40		
5:48 (5:48)	4:42 (10:30)	5:32 (16:02)	6:00 (22:02)	11:55 (33:57)	1:40 (35:37)
4:20 (39:57)	3:22 (43:19)	2:38 (45:57)	2:54 (48:51)	3:19 (52:10)	3:54 (56:04)
13:20 (1:09:24)	3:53 (1:13:17)	2:22 (1:15:39)	1:08 (1:16:47)		
48. Anna Nilsson	FK Snapphanarna	1:19:24	+55:17		
9:30 (9:30)	5:52 (15:22)	6:19 (21:41)	9:11 (30:52)	6:21 (37:13)	1:45 (38:58)
5:15 (44:13)	3:21 (47:34)	4:29 (52:03)	3:49 (55:52)	3:25 (59:17)	5:27 (1:04:44)
7:04 (1:11:48)	2:46 (1:14:34)	3:26 (1:18:00)	1:24 (1:19:24)		
Karin Hederskog	HJS-Vansbro OK	Felst.			
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2015-08-30

DM, Stafett, Öppna banor

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– (–)	– (–)	– (48:58)	0:40 (49:38)		
Phil Mullins		Sjövalla FK	Disk.		

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