| H40 | | | Tid | Efter | Bomtid |
|---|---|---|---|---|---|
| 1. | OK Tyr / OK Älgen | | 1:06:02 | | 03:43 |
| | Mattias Persson | Daniel Brohede | | | |
| 2. | OK Älgen | | 1:08:41 | +2:39 | 00:52 |
| | Stefan Eriksson | Mats Lilja | | | |
| 3. | Västvärmlands OK | | 1:09:57 | +3:55 | 02:15 |
| | Anders Johansson | Kristin Johansson | | | |
| 4. | Kils OK | | 1:09:58 | +3:56 | 01:17 |
| | Lars Nordström | Anna Nordström | | | |
| 5. | Skattkärrs SOK | | 1:10:49 | +4:47 | 01:48 |
| | Jonas Bergenfur | Stefan Wennberg | | | |
| 6. | OK Tyr | | 1:39:15 | +33:13 | 05:56 |
| | Anders Hane | Anna Hane | | | |
| | OK Tyr | | Felst. | | 01:25 |
| | Lars-Håkan Bengtsson | Lars Olsson | | | |
| | OK Älgen | | Ej start | | |
| | Conny Gunnarsson | Jan-Olov Andersson | | | |

| H21 | | | Tid | Efter | Bomtid |
|---|---|---|---|---|---|
| 1. | Kils OK | | 1:19:11 | | 00:00 |
| | Jan Olm | Lukas Olm | | | |

| H16 | | | Tid | Efter | Bomtid |
|---|---|---|---|---|---|
| | OK Älgen | | Felst. | | |
| | Erik Eriksson | Lukas Katvala | | | |
| | OK Tyr / Kils OK | | Ej start | | |
| | Samuel Axelsson | Jonathan Uller | | | |

| H14 | | | Tid | Efter | Bomtid |
|---|---|---|---|---|---|
| 1. | IK Vikings OK / Kils OK | | 42:55 | | 00:00 |
| | Tim Dalheimer | Anton Uller | | | |

| H12 | | | Tid | Efter | Bomtid |
|---|---|---|---|---|---|
| 1. | OK Tyr | | 36:07 | | 00:54 |
| | Fredrik Hane | Tobias Hällman | | | |
| 2. | OK Tyr | | 40:06 | +3:59 | 04:01 |
| | Arvid Eriksson | Linus Nilsson | | | |

| H10 | | | Tid | Efter | Bomtid |
|---|---|---|---|---|---|
| 1. | OK Tyr | | 29:33 | | 02:37 |
| | Marcus Hällman | Adam Stråle | | | |
| 2. | OK Tyr | | 30:12 | +0:39 | 08:21 |
| | Danilo Moberg | Oscar Andersson | | | |
| 3. | OK Tyr / OK Älgen | | 32:51 | +3:18 | 11:17 |
| | Anton Jonsson | Albert Brohede | | | |
| 4. | OK Tyr | | 43:10 | +13:37 | 11:39 |
| | Isak Carlsson | Noa Lungström | | | |

| D40 | | | Tid | Efter | Bomtid |
|---|---|---|---|---|---|
| 1. | OK Tyr / FK Herkules | | 59:59 | | 03:26 |
| | Linn Nilsson | Helena Svensson | | | |
| 2. | Västvärmlands OK | | 1:14:58 | +14:59 | 06:23 |
| | Pernilla Stake | Marina Thyberg | | | |

| D21 | | | Tid | Efter | Bomtid |
|---|---|---|---|---|---|
| 1. | OK Tyr | | 1:08:31 | | 01:18 |
| | Malin Jonsson | Johanna Kindlund | | | |

| D14 | | | Tid | Efter | Bomtid |
|---|---|---|---|---|---|
| 1. | Västvärmlands OK | | 50:54 | | 01:46 |
| | Ingrid Stake | Hanna Kolberg | | | |
| 2. | Västvärmlands OK | | 57:44 | +6:50 | 03:31 |
| | Klara Johansson | Mirja Backlund | | | |

| D12 | | | Tid | Efter | Bomtid |
|---|---|---|---|---|---|
| 1. | OK Tyr / Kils OK | | 59:42 | | 07:56 |
| | Cornelia Kindlund | Rebecka Westlund | | | |
| 2. | Västvärmlands OK / OK Tyr | | 1:08:37 | +8:55 | 12:51 |
| | Märtha Stake | Linn Andersson | | | |

| D10 | | | Tid | Efter | Bomtid |
|---|---|---|---|---|---|
| 1. | OK Tyr | | 26:23 | | 00:00 |
| | Julia Forsgren | Emma Alfredsson | | | |

| ÖM1 | | | Tid | Efter | Bomtid |
|---|---|---|---|---|---|
| 1. | Lina Uller<br>Lina Uller | | 32:07 | | 01:44 |
| 2. | OK Tyr / Vakant<br>Kalle Åslund | Olof Åslund | 33:19 | +1:12 | 02:19 |
| 3. | OK Tyr<br>David Kindlund | Gustav Perman | 46:06 | +13:59 | 00:00 |

| ÖM7 | | | Tid | Efter | Bomtid |
|---|---|---|---|---|---|
| 1. | Skattkärrs SOK<br>Ann Hyvönen | | 40:56 | | 03:14 |
| 2. | Skattkärrs SOK<br>Per Boström | Sara Flodkvist | 43:46 | +2:50 | 01:16 |
| 3. | IK Vikings OK<br>Matthias Kalle Dalheimer | Tanja Dalheimer | 55:01 | +14:05 | 06:34 |
| 4. | OK Tyr<br>Helene Hällman | Christer Hällman | 55:45 | +14:49 | 08:17 |

| ÖM9 | | | Tid | Efter | Bomtid |
|---|---|---|---|---|---|
| 1. | Västvärmlands OK<br>Oskar Johansson | | 1:09:45 | | 01:23 |
| 2. | OK Tyr<br>Johanna Holtet | Anders Lindberg | 1:16:20 | +6:35 | 05:33 |
| 3. | Västvärmlands OK<br>Jonas Fogelberg | Peter Carlman | 1:17:09 | +7:24 | 09:11 |
| 4. | OK Roslagen<br>Jens Andersson | | 1:21:35 | +11:50 | 04:12 |

| ÖM4 | | | Tid | Efter | Bomtid |
|---|---|---|---|---|---|
| 1. | OK Tyr<br>Mattias Hane | Viktor Alfredsson | 53:19 | | 03:30 |
| 2. | OK Tyr<br>Anna Forsgren | Johanna Alfredsson | 54:06 | +0:47 | 04:20 |
| 3. | Vakant<br>Omar Harrami | | 1:09:40 | +16:21 | 11:32 |
| 4. | OK Tyr<br>Amanda Alfredsson | | 1:14:16 | +20:57 | 06:31 |
| 5. | OK Tyr<br>Maria Eriksson | Maria Eldh | 1:14:22 | +21:03 | 07:59 |
| 6. | OK Tyr<br>Mikael Alfredsson | | 1:14:25 | +21:06 | 05:41 |
| 7. | Lustens OK<br>Elsa Bad | Thea Bad | 1:15:58 | +22:39 | 07:57 |

| ÖM10 | | Tid | Efter | Bomtid |
|---|---|---|---|---|
| 1. | Kils OK<br>Andreas Uller | 1:14:55 | | 00:00 |