

Världens bästa klubb vinner



Event Details

25mannakorten 2015



Middle distance

Sunday the 11th of October

Information

Homepage: www.25manna.nu

Inquiries: info@25manna.se

At the event venue: The information tent

Special PMs exist for Traffic/Parking, Catering and Accommodation, see

www.25manna.nu and Eventor.

The final version of the Event Details will be published at the arena on the day of the event. It is the responsibility of each runner to read through the Event Details.

EVENT INFORMATION

Event Venue

Lövsättra in Vallentuna kommun about 25 km north of central Stockholm.

Parking

Distance P – event venue 100-1 000 m. Fee 30 SEK.

Bus drop-off

At the spot announced in special PM for traffic/parking, 2 500-2 800 m from the arena. The walking path to the arena goes through forest, fields and on a gravel road. Not entirely suitable for baby strollers.

Bus parking

At the spot announced in special PM for traffic/parking. Fee 100 SEK.

Public transport

Subway from T-centralen at 9:03 red line towards Mörby centrum, change at Danderyds sjukhus to bus 626 towards Linanäs and change again at Kundvägen to bus 615 towards Ullna and alighting from the bus at Lövsättra vägsäl at 9:58. Then a short walk on a road 1,2km – 1,5km. More information at www.sl.se. Look out for changes in the autumn timetable.

See also special PM for traffic about possible extra departures.

At the moment there is only one bus per day to Lövsättra vägsäl in the morning. Note that the timetable might be changed.

Rented SI-cards

Hired SI-cards are to be collected at the Info tent. Lost SI-cards will be charged 600 SEK.

Shoes and clothing

The clothing must cover the torso, entire legs and feet (according to SOFT's competition rules).

Start lists

Will be presented at Eventor and at <http://www.25manna.nu/> and at the assembly on the competition day.



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Cancellation

Cancellation in the elite classes shall be notified before Saturday October 10th 11 pm to freddan_ba@hotmail.com Later cancellations to Fredrik Åkerlind tel 070-720 88 81.

Cancellation on the competition day before 08.30 am to the Secretariat.

Vacancy places and waiting lists

Runners entered but not selected for H21E1, D21E or H18E can sign up for the waiting list by e-mail to freddan_ba@hotmail.com before Saturday October 10th 11 pm. *Note that you need to sign up in order to be on the waiting list.*

Insertion of runners on vacancy places according to:

1. Administrative adjustments
2. Wild cards
3. Swedish ranking list
4. Other runners

Insertion of runners in elite classes from waiting list will take place at the information tent on the competition day. The call-over takes place at 8.30 am. Runners from the waiting list must be present in person or the vacancy place goes to the next runner. Fredrik Åkerlind tel +46 70 720 88 81 is responsible for the insertion process.

Open classes with direct entry

ÖM1, ÖM3, ÖM4, ÖM5, ÖM7, ÖM8 Inskolning, U1 and U2.

Classes U3 & U4 has been cancelled. Runners are referred to ÖM1 & ÖM3.

Direct entry at the event between 8:30 – 11:30. Free start time between 9:00 – 12:00.

Fees: Up and until age 16 : 70 SEK, adults: 115 SEK.

Rental SI-cards: 50 SEK, competitors who don't return the card will be charged 600 SEK.

Direct entry will be invoiced to clubs registered with the Swedish federation SOFT, or paid at the event in cash.

Start

First start at 9.00. No toilets at the startarea.

Introduction classes (Inskolning and U) and open classes have free start time between 9.00 – 12.00 am

Start 1

Orange/white taping 900 m.

Classes: All elite classes, Inskolning, all U-classes, all youth classes up to H16, D16, H21, H35, H60, H80, H85, D70, D75, D85, ÖM1, ÖM3, ÖM4, ÖM5

Start 2

Orange/blue taping 300 m.

Classes: H18, H20, H40, H45, H50, H55, H65, H70, H75, D18, D20, D21, D35, D40, D45, D50, D55, D60, D65, ÖM7, ÖM8

In connection with the start 2 as there are a number of antenna cables, intended for radio traffic, in the terrain closest to the starting point. The cables are usually so high up that there is free passage



underneath them. At certain places where they are close to head height, they have been marked with hanging red / white stripes. Red / white stripes also marks the trees from which the cables are based and where cables are stored on the ground.

Classes and course lengths

Introduction classes		Elite		Adult			
<i>Class</i>	<i>Length</i>	<i>Class</i>	<i>Length</i>	<i>Class</i>	<i>Length</i>	<i>Class</i>	<i>Length</i>
Insk	1,8	D18E	3,7	D18	3,3	H18	3,5
U1	1,8	D20E	4,1	D20	3,3	H20	3,6
U2	2,5	D21E	4,5	D21-1	3,6	H21-1	4,6
		H18E	4,2	D21-2	3,6	H21-2	4,5
		H20E	4,8	D35	3,6	H35	4,6
Youth		H21E1	5,3	D40	3,5	H40	4,2
<i>Class</i>	<i>Length</i>	H21E2	5,3	D45	3,2	H45-1	4,1
D10	2,3					H45-2	4,1
D12 Kort	2,5			D50	3,3	H50	3,5
D12	2,7			D55	3,2	H55	3,5
D14 Kort	2,7	Open courses		D60	2,7	H60	3,4
D14	2,8			D65	2,6	H65	3,1
D16 Kort	3,4	<i>Class</i>	<i>Length</i>	D70	2,5	H70	2,9
D16	3,6	ÖM1	2,5	D75	2,0	H75	2,6
H10	2,3	ÖM3	2,6			H80	2,5
H12 Kort	2,5	ÖM4	3,3	D85	2,0	H85	2,0
H12	2,6	ÖM5	3,4				
H14 Kort	2,6	ÖM7	3,3				
H14	3,3	ÖM8	4,8	Course lengths in km			
H16 Kort	3,4			Technical difficulty in accordance with SOFT's recommendations			
H16	3,7						

Elite class cap

Due to the large number of runners entered in elite classes the decision has been made to limit the number of participants to 85 runners plus 5 vacancy places.

H21 Elite is split into two classes H21E1 and H21E2. The 75 best runners according to the Swedish ranking list plus 10 selected foreign runners are placed in H21E1. All other runners are placed in H21E2. Five vacancy places exists.

D21 Elite is limited to the 75 best runners according to the Swedish ranking list plus 10 selected foreign runners. All other runners are placed in D21-1. Five vacancy places exists.

H18 Elite is limited to the 73 best runners according to the Swedish ranking list plus all foreign runners. All other runners are placed in H18. Five vacancy places exist.

Entry fees are adjusted for runners moved from elite classes.



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Excluded classes

D80 is excluded, runners are moved to D75

Classes U3 and U4 are excluded

Extra clothes

Will NOT be transported from start.

Race bibs

To be collected at the start.

H21E: 1-99

H20E: 201-299

H18E: 401-499

D21E: 101-199

D20E: 301-399

D18E: 501-599

Map

Scale 1:10 000, but MW60- has scale 1:7 500, drawn by Ia Lillstrand 2014-2015, equidistance 5 m. Laser printed by Carl Bachman. Courses are printed in violet colour on the map.

Control descriptions are only at separate sheets at the starting line.

Shadow maps

Black and white shadow maps available for introduction classes (Inskolning and U-classes).

Happy and sad smilies

There are happy and sad smilies along the course for the introduction class (Inskolning).

Terrain

Woodland with moderate height variation and mostly very good passability. Cultured ground and a number of bigger and smaller paths and trails occurs. The level of detail is moderate.

Electronic punching system – SportIdent

If a SI-unit is not working use the conventional punching and punch in the square marked R on the map. Remember to download the SI-card at the finish also if you have retired from the course. SIAC "Touch-free" are not allowed.

Course time limit

Two hours.

Complaints, protests and appeals

Appeals are submitted at the secretariat and reports on violation of competition rules shall be left there. Protests on the decisions of the competition's organisation shall be submitted in writing as soon as possible but at the latest 2 h after the competition is finished.

The competition is finished two hours after last starting time.

Prizes

Prizes will be awarded in HD10 – HD16 and in the elite classes in accordance with information given at the result board. Prizes to everyone in the introduction classes at the finish.

Tapes

On the map there is a path added with violet print, in the terrain it has been cleared and is marked with red-and-white tapes. At the end all courses will pass through an area with some off-road motorcycle



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tracks. In this area new paths/track might emerge just before the competition. If that happens, the paths that are marked on the map will be marked with white tapes in the terrain.

Forbidden areas

Forbidden areas are marked with violet stripes on the map and yellow/blue stripes in the terrain. Private ground is marked with olive green colour on the map. There are inspectors out in the terrain. Entering the forbidden areas unconditionally means disqualification.

Competition rules

Swedish Orienteering Federation (SOFT) rules for foot orienteering competition.

SERVICES

Shower and toilets

A warm outdoor shower is located southeast of the event venue, 750 away. Toilets are to be found in the northern part of the event venue east of the sports sales tent and at the showers. There are no toilets at the start.

First aid

A first aid centre is located just behind the finish area.

Observation of wildlife

All observation of wildlife shall be reported to personnel at "Viltrapport" (Wild life report) after the checkout.

Child care

There is no child care.

String course ("Miniknat")

String course ("Miniknat") is located at the southeast side of the event venue with start between the hours 9:30-13:00. The fee is 20 SEK per participant. Included in the fee is a prize which each participant receives when they finish.

Catering

A well assorted café and a barbecue is located on the northern side of the event venue. There is also a separate kiosk in the south part of the event venue.

Sports sales

Jobber Sports have a well-stocked assortment of sports equipment at the event venue.

Massage

Dala Massage Team will be at 25manna and they offer sports massage and sports rehab taping. They will have a tent at the arena and are open Sunday 9.00-15.00.



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Head of competition

Åsa Bergström Täby OK,
Marianne Carlberg Vallentuna-Össeby OL,
My Rönnols Täby OK
info@25manna.se

Course planners

Anders Enström, Väsby OK
Hans Enström, Väsby OK

Course controller

Torbjörn Lännevall, OK Roslagen

Press

Petra Ljungdell, Täby OK
Niklas Bergström, Täby OK ,
press@25manna.se

Information

My Rönnols, Täby OK
info@25manna.se

Announcer

Ola Jodal

Competition admin

Johan Hofstedt, Vallentuna-Össeby OL

Competition technology

PerÅke Carlenstam Väsby OK,
Bengt Eriksson Väsby OK

Event venue & services

Lena Granér, Järfälla OK

Competition controller

Ola Kåberg, OK Ravinen

Ver 2015-10-09, ~~2015-10-02~~

Welcome to 25manna 2015

