



**Pan - Kristianstad  
Invites you to  
TrailO longdistance  
Saturday 16th of April 2016**



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| <b>Classes</b>                            | TrailO-Elite, TrailO-A, TrailO-B and TrailO-C. Open classes: TrailO-A and B.   |
| <b>Courselengths</b>                      | 1100-1300 m.   |
| <b>Competition rules</b>                  | According to SOFT rules  |
| <b>Entry</b>                              | Latest on <b>Monday 4th of April</b> by Eventor or if necessary to competition leader, see below.<br><b>NB! If any kind of help is required, please inform us when making your entry. Use Eventor/tilläggsjänster.</b>   |
| <b>Entry fees</b>                         | Pre-Elite 170 SEK. Other classes: adults 120 SEK and youth up to 16 years 70 SEK.<br>Payment from abroad: Pan-Kristianstad,<br>Swift: SWEDSESS, IBAN: SE44 8000 0831 3950 3111 1999 in advance (show receipt) or cash at arrival.  |
| <b>Late entries</b>                       | Latest on Thursday 14th of April at 8.00 pm (Entry fee 50% higher).  |
| <b>Arena and P</b>                        | Åhus Missionsgård, Äspet, Glansabovägen 50, Åhus. <a href="http://www.ahusmissonsgard.se">www.ahusmissonsgard.se</a><br>Signposted from road 118 2 km south of Åhus. Parking close to the arena.<br>Bus from Kristianstad stops 200 m from the arena, busstop "Glansabovägen".   |
| <b>Start Map</b>                          | First start at 11.00 am. To start/finish max 600 m. Start and finish punching: Sport Ident. Äspet-Yngsjö. Mapmaking: laserscanned, scale 1: 7 500 2007 by Kenneth Kajajuntti . Revised 2013. Contour intervals 2m. Enlarged to 1: 5 000. Colorlaser printed.   |
| <b>Terrain</b>                            | Detailed and partly hilly beach forest. The course follows small forest roads with compact layer.  |
| <b>Service Prizes</b>                     | Small cafeteria indoors. Toilet, also for disabled indoors.<br>Prizegiving at Hotel Åhus Seaside (former Åhus Strand) Saturday evening at the "PreO-dinner", see below.  |
| <b>Tävlingsledare</b>                     | Inga-Britt Bengtsson +46 44238544, +46708661159 <a href="mailto:bengtssoningabritt@gmail.com">bengtssoningabritt@gmail.com</a><br>Inga Gunnarsson +46 44128432, +46 768810615 <a href="mailto:inga.g@telia.com">inga.g@telia.com</a>   |
| <b>Coursesetter Controler Information</b> | Inga Gunnarsson +46 44128432, +46 768810615 <a href="mailto:inga.g@telia.com">inga.g@telia.com</a><br>Roland Ekelöf, +46 706 320496 <a href="mailto:roland.ekelof@stigmannen.se">roland.ekelof@stigmannen.se</a> Stigmännen Karlshamns OK<br>See above. PM, startlists and results Eventor. Results also <a href="http://www.preoresultat.se">www.preoresultat.se</a>  |
| <b>PreO dinner</b>                        | Hotel Åhus Seaside (former Åhusstrand) Saturday evening at 18.00 pm. Price 300 SEK. Included in Hotel package. Entry by Eventor or to competition leader.  |
| <b>Accommodation trail-O weekend</b>      | <b>Hotel Åhus Seaside (former Hotel Åhusstrand) Handicap-friendly. Hotel-package TrailO.</b><br><b>Accommodation 2 nights, 2 breakfasts and preo-dinner Saturday with lightbeer/water and coffee:</b><br>Doubleroom 1295 SEK/person incl. vat.<br>Singleroom 1695 SEK incl. vat.<br><b>Accommodation 1 night, breakfast and preo-dinner Saturday with lightbeer/water and coffee:</b> Doubleroom 995 SEK/person incl. vat. Singleroom 1250 SEK incl. vat.<br><b>Only preo dinner 300 SEK/person</b><br><b>Area for caravan/camper incl. electricity 2 nights 225 SEK</b> |

**Booking: [mikael@matsomax.se](mailto:mikael@matsomax.se) +46 44-243600 or +46 708245643**

## **Welcome to the Spring in Skåne**

**15<sup>th</sup> of April FK Boken arranges TrailO Night** in the same place as 16 of April  
**17<sup>th</sup> of April OK Torfinn arranges TrailO competition** in Bjärnum.

