



The 2 July is also arranged Ultralong SM



Invitation 3-days competition

You are most welcome to Eskilstuna-weekend, a three-day orienteering competition for the whole family.

Programme.

The competition includes three stages. The Eskilstuna-weekend 2016 will take place as follows:

Friday July 1th, start at 6 p.m. Saturday July 2nd, start at 11 a.m. Sunday July 3rd, start at 11 a.m

Classes and course length

	Stage 1 approx	Stage 2 approx	Stage 3 approx		Stage 1 approx	Stage 2 approx	Stage 3 approx
Normal distance				Development classes			
H 90	1 500	2 000	2 000	U 1	1 500	2 000	2 000
H 85	2 000	2 400	2 400	U 2	2 100	2 500	2 400
H 80	2 400	2 800	2 800	Youth classes			
H 75	2 800	3 500	3 500	H 16	3 600	5 200	5 200
H 70	3 000	4 000	4 000	H 16 Kort	3 100	4 100	3 800
H 65	3 200	4 500	4 500	H 14	3 100	4 100	3 800
H 60	3 400	5 000	5 000	H 14 Kort	2 500	3 200	3 000
H 55	3 500	5 500	5 500	H 12	2 500	3 200	3 000
H 50	3 600	6 000	5 800	H 12 Kort	2 100	2 500	2 400
H 45	3 800	6 600	6 400	H 10	2 100	2 500	2 400
H 40	4 000	7 500	7 200	D 16	3 300	4 600	4 600
H 35	4 500	8 000	7 700	D 16 Kort	3 000	3 800	3 800
H 21	4 700	9 500	9 000	D 14	3 000	3 800	3 800
H 21 Kort	3 600	7 100	6 800	D 14 Kort	2 500	3 200	3 000
H 20	3 600	7 100	6 800	D 12	2 500	3 200	3 000
H 18	3 500	6 000	6 000	D 12 Kort	2 100	2 500	2 400
H 17-20 Kort	3 600	5 200	5 200	D 10	2 100	2 500	2 400
D 80	2 000	2 400	2 400	Open classes			
D 75	2 000	2 600	2 600	Öppen 1	2 100	2 500	2 400
D 70	2 300	3 000	3 000	Öppen 2		3 700	3 700
D 65	2 500	3 500	3 500	Öppen 3	2 500	3 200	3 000
D 60	2 500	3 500	3 500	Öppen 4		4 600	4 600
D 55	2 900	4 000	4 100	Öppen 5	3 500	3 900	3 800
D 50	3 100	4 200	4 100	Öppen 6		5 500	5 500
D 45	3 200	4 600	4 500	Öppen 7	2 900	3 000	3 000
D 40	3 500	5 100	4 800	Öppen 8	3 800	4 200	4 200
D 35	3 700	6 000	5 700	Öppen 9	4 700	7 500	7 400
D 21	3 700	6 000	5 700	Öppen 10		5 500	5 500
D 21 Kort	3 300	4 600	4 400	Learning class			
D 20	3 500	5 100	5 100	1 500	1 700	1 700	
D 18	3 200	4 600	4 600				
D 17-20 Kort	3 200	4 600	4 600				

H = men D = woman

Development classes = For children / reduced level of difficulty.

Open classes:
registration can be made at the event each day.

Learning class = Beginners, introduction

Camping area	IK Standard IP in Hållsta, ca 10 km south from Eskilstuna center (will be kept open from Friday July 1st at 12 noon - Monday July 4th. Caravan sites, 80 square meter. The fee is 300:- SEK/site. Tent sites, 40 square meter. The fee is 240:- SEK/site. Accommodation on hard surface is available, cost per person 150:- SEK. All fees shall be paid at the competition area. For other type of accommodation please contact Eskilstuna Tourist Information, tel +46-+46-16-710 70 00 or
Competition centre	Competition centre the first day at Fristadstorget in the center of Eskilstuna and the two other days in Svalboviken about 35 km southwest from Eskilstuna. Sign posted from Lv 214. about 20 km south from the Camping area in Hållsta.
Registration	Must be stamped June 25th at the latest to the address: ESKILSTUNAVECKAN , Barry Widelund, Högvallavägen 9B S- 633 70 HÅLLSTA Sweden You can also E-mail: barry@widelund.se . All fees shall be paid at the competition area.
Late registration	will be accepted Wednesday June 29th at 50% extra cost. E-mail. barry@widelund.se .
Registration fees	Youth classes - 16-year 225:- SEK. Other classes 390:- SEK for three days Open classes - 16-year 75:- SEK. Other 130:- SEK per competition.
Registration cards	SI-system (SportIdent) will be used in all classes. The competitors may rent special cards for the competition. Costs 90:- SEK for all three days .
Parking	A ticket for your car will be provided for 60 SEK./total/.
Start	1000 m from "Arena". First start day 1: 6 p.m. First start day 2 and 3: 11 am
Map	Scale 1:10 000 for all except older than HD60 and Öppen 7 have scale 1:7 500, equidistance 5 m. Printed 2016,
Day care and baby-sitting	will be arranged all days of the event at the competition area
Official opening	at Fristadstorget in Eskilstuna, Friday July 1st at 4,00 p.m.
Prices	For stages 1-2 to the winners of all classes July 2nd at 6,00 p.m. at Fristadstorget in Eskilstuna Price ceremonies for stage 3 will take place in the "Arena", Svalboviken as soon as each class is completed.
Information	Barry Widelund , tel. +46 16-215 00, mobil +46 707 44 55 09 E-mail: barry@widelund.se

We look forward to meet you in the beautiful surroundings of Eskilstuna



Welcome ÄRLA IF IK STANDARD
ESKILSTUNAEVOLUTION*

