

INVITATION

Kolmårdskavlen Relay

Sunday 10 April

Location Halsbråten, Kolmården. Longitude 16,367161, Latitude 58,730385.
Direction from E4, Strömsfors junction 126, and Stavsjö junction 127.

Registration **Note! Registration closes Monday 28 Mars.** Registration via Eventor. Foreign runners register via email to kolmardskavlen@gmail.com.
Late registration until Wednesday 6 April (subject to additional late entry surcharge 50%). Final team composition must be submitted by Saturday 9 April 18:00 hours, either via Eventor or in the assembly area.
Open relay class pre-registration at the same time as other classes.

Individual Entry-on-the-day courses

Individual entry-on-the-day courses with registration at assembly are available.

Classes

Relay

Class	Legs	Distance (km)				
		1	2	3	4	5
M17E	5	9.0 - black	6.0 - black	6.0 - black	9.0 - black	9.0 - black
W17E	3	6.5 - black	5.5 - black	6.5 - black		
M120	3	6.0 - black	6.0 - black	6.0 - black		
M150	3	5.5 - black	5.5 - black	5.5 - black		
M180	3	3.5 - black	3.5 - black	3.5 - black		
W120	3	4.0 - black	4.0 - black	4.0 - black		
W150	3	3.5 - black	3.5 - black	3.5 - black		
M12	3	3.0 - yellow	2.5 - white	3.0 - yellow		
M14	3	3.5 - orange	3.0 - yellow	3.5 - orange		
M16	3	5.0 - violet	3.5 - orange	5.0 - violet		
W12	3	3.0 - yellow	3.5 - white	3.0 - yellow		
W14	3	3.5 - orange	3.0 - yellow	3.5 - orange		
W16	3	4.5 - violet	3.5 - orange	4.5 - violet		
Open	3	4.5 - violet	3.5 - orange	5.0 - black		

In the classes M120-H180 and D120-D150, the minimum age for each runner is 35 years.
All legs are forked except for the middle leg in the youth classes and all legs in the Open Class. In the youth classes it is permitted to have up to 3 runners on leg 2, where the first runner finishing leg 2 exchanges to the runner for leg 3.

Note! The number of runners on leg 2 in the youth classes must be specified at registration.

Individual Entry-on-the-day courses

Seven courses from Open Class 1, 2.5 km, white to Open Class 9, 8.5 km, black.

Entry fee *Relay:* M17E 850 SEK, W17E 510 SEK, MW12-16 210 SEK, MW120-150 360 SEK, M180 360 SEK, Open 360 SEK. 70 SEK per extra runner in the youth classes.
Individual entry-on-the-day courses: adults 120 SEK, youth 70 SEK.
An invoice will be sent to Swedish clubs after the competition. Foreign runners pay to bank giro account 660-6859 IBAN: SE5880000848069231525339 no later than 6 April. Swift/BIC: SWEDSESS.
Bank adress: Swedbank 105 34 STOCKHOLM

Map Halsbråten. 1:10 000, 1:7 500 for M150, W150 and M180, contour interval 5 m, in large part newly surveyed 2014 and resurveyed 2015 by Andreas Franzon and Thomas Persson. Digital print, certified by SOFT.

Terrain Mixed forest, a few paths. Moderate climb with elements of open pine-covered rocky ground and detailed areas. Mostly good runability. Some rocky areas occur. The visibility in some parts are very good.

Start M17E 9:30 hours, other relay classes from 10:00 hours.
Individual entry-on-the-day courses (ÖM) free start time 9:00 – 12:00 hours.

Electronic punching

Sportident. One SI-card required per runner, i.e. no SI-card may be used more than once in the relay. Runners not providing an SI-number by Saturday 9 April, 18:00 hours will be assigned a hired SI-card (fee 30 SEK). SI-cards for hire are available on the day for individual entry-on-the-day courses.

Parking In designated areas up to 1500 m from assembly area. Car parking charge 20 SEK.

Showers Hot showers outdoors next to assembly.

Catering Catering will be available.

Sport traders

Letro Sport will have a wide range of goods.

Children activities

Miniknat between 9:30 and 12:30 hours. Fee 20 SEK/participant.
Child care available.

Accommodation

We have a number of suggestions on accommodation, see our website www.kolmardsdubbeln.se/logi/.

Main officials

Competition managers

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