

World's best club wins



Invitation

25manna 2016

Saturday October 8th



Information

Website: www.25manna.se

Inquiries: info@25manna.se

Competition arena

Kungens Kurva approximately 15 km south of Stockholm City.

Start and estimated finish

Mass start at 9:00 o'clock and the winning team is estimated to finish the competition around 14.15.

Restart at 16:00.

Ladies first

This year the first leg is only for the ladies.

Terrain

The terrain consists mainly of moderately hilly woodland with easily crossed hills. The larger part of the terrain is highly passable, but part of the area is flat with limited visibility and accessibility. The area is crossed by numerous paths.

Map

Scale 1:10 000, newly drawn by Lars Nord 2015-2016, equidistance 5 m. Offset.

Preliminary course lengths and team composition

Leg	No of runners	Course length km	Difficulty	Right to participate
1	1	5,7	Difficult	Women
2	1	6,9	Difficult	All
3	4	4,4	Intermediate	Women
4	4	2,4	Easy	Not D19-39, H15-54
5	4	6,1	Difficult	All
6	4	4,2	Intermediate	Not H17-39
7	4	5,0	Intermediate	All
23	1	3,7	Intermediate	Not D19-34, H15-49
24	1	5,4	Difficult	Women
25	1	8,5	Difficult	All



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In the course above there are about 500-800 m of taped route.

The team is allowed to use a maximum of 9 men M21-39 and must include at least 7 women. Out of those women, at least one must be W14 or younger or W45 or older and at least one must be W18 or younger or W35 or older. Additionally, the team must also have at least one MW16 or younger.

Memo

The memo will be published on the website in the beginning of September.

Parking

On the assigned parking areas, maximum 3 000 m from the arena. Route guidance in the traffic-memo. We have only a limited number of parking spaces. Please use public transportations or car pool if possible.

Buses

The getting off the buses will be close to the arena. The buses will be boarded at the same spot. With reservation for changes.

Public transportations

Subway red line number 13 to Skärholmens C. From there a 2000 m stroller friendly walk. Please, refer to www.sl.se for more information and travel suggestions.

Entry and confirmation

Entry via Eventor:

<http://eventor.orientering.se/Events/Show/11771>

The registration will open on June first and has to be received at August 31st at the latest. Your entry can be reviewed on Eventor. Instructions on how to submit team formations can be found in the memo.

Note! Team envelopes will only be given when the fee is paid.

Is it difficult for your club to get a full team to 25manna? Register a combined team with another club and enjoy the atmosphere! Combined teams according to SOFT's rules are welcome.

Sportident

Do not enter SI-numbers in the entry. Upon check-in the barcode at the number bib will be scanned and connected to the SI-card.

Note: The SI-card may be used only once during the race.

If the card is not returned, the club will be charged 600 SEK.



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Late entry

Until September 30th to an in-creased fee as described below.

Tents for rent

We offer the possibility to rent a tent that will be put up at a good spot within the competition area. Discounted price at early booking (before 1st of July).

Accommodation

We offer accommodation on a hard surface + breakfast in the area close by. Limited number of beds. Reservations are made together with the entry, see Accommodation-memo.

Information and questions about accommodation can be obtained through:

logi@25manna.se. We are also trying to get other alternatives of accommodations. We will publish more information on the website about alternatives for accommodations.

Entry fees

Entry fee	3900SEK/team	Parking fee 500 SEK included (car/bus)
Entry fee after 1 sep	5300 SEK/team	Parking fee 500 SEK included (car/bus)
Club tent fee	300 SEK/area	Area 5x5m or 6x4m. Limited number of tents.
Tent 5x5m	6500 SEK	6100 SEK on early booking (before 1st of July).
Tent 4x4m	4500 SEK	4100 SEK on early booking (before 1st of July).
Rental of SI-card	50SEK apiece	
Not returned SI-card	600 SEK apiece	
Accommodation on hard surface, adult, including breakfast.	160 SEK/night	Reservation must be made September 26th at the latest. Limited number of beds.
Accommodation on hard surface, Youth born -02 or later, including breakfast.	140 SEK/night	Reservation must be made September 26th at the latest. Limited number of beds.

The area for the Arena is fairly small this year, therefore we unfortunately have to limit the number of club tents per team. For details see below.

- 1-2 teams get one club tent
- 3-4 teams get two club tents
- 5-6 teams get three club tents

Payment of fees

Payment	Payment of all fees must be made no later than September 2nd. When paying, enter reference in the format: Club, type of Fee.
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	Fees for late entry are paid immediately after entry Questions regarding payment: info@25manna.se Payment must have been made in order to collect the team bag.
From Sweden	PG 62 23 54-9 Snättringe Sportklubb
From other countries	IBAN SE67 9500 0099 6034 0622 3549 BIC: NDEASESS Payment recipient: Snättringe Sportklubb

Open courses with direct entry

Open courses with course lengths 2,5 - 4,2 km and different difficulty levels will be offered at the arena. Course lengths and levels of difficulty according to SOFT's instructions.

Fees up to MW16, 70 SEK, others 115 SEK.

Entry is open between 8:30-13:30 with free start between 09:15-14:00. Pre-entry also possible through Eventor (Motionsorientering-25manna).

For further information see separate invitation.

String Course ("Miniknat")

Will be offered in close connection to the arena, with start between 09:30-14:00. 20 SEK per participant. The fee includes a price at the finish.

Clothing

Full body cover is required (short sleeves are allowed) according to SOFT rules.

Showers

Warm shower outdoors (men) and indoors (women).

Service

Well assorted café with food and grill. Menu and prices will be published at the website. This year we have an extended menu with more vegetarian food and a new logistics operation, similar to a supermarket. Get your food and walk to the cashiers, all an effort to minimize the queues.

There will be sport equipment sales and first aid at the arena.

Organizers

Björn Nyqvist, OK Södertörn and Olle Blomgren OK Södertörn.

Course planner

Per Kallhauge, Snättringe SK



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Controller- event

Olof Hernander, Haninge SOK

Controller-courses

Rune Rådeström, Snättringe SK

With reservation for changes. Any changes will be published on the website.

Welcome to 25manna 2016

