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WELCOME TO THE 36th INTERNATIONAL YOUTH 10MILA RELAY FRIDAY 5th OF AUGUST – SATURDAY 7th OF AUGUST 2016 NEAR TIBRO

HD12

tomens

- 1 3,3 km yellow
- 2 2,8 km white
- 3 2,8 km white (parallel)
- 4 3,3 km yellow

Start Friday 5th of August 18.00 Finish at approx. 19.00

No forking.

Open for boys and girls born 2004 or later.

HD18

1	5,8 km night purple				
2	5,8 km night purple				
3	3,9 km night orange				
4	6,8 km dawn purple				
5	3,0 km day yellow (parallel)				
6	3,0 km day yellow				
7	3,0 km day yellow				
8	3,6 km day orange				
9	3,6 km day orange				
10	7,0 km day purple				
charles the cth constant					
Start Saturday 6 th of August					
03.00. Finish at approx. 08.30.					

Forking on leg 1-2, 6-7 and 8-9.

Open for boys and girls born

1998 and later.

D18

- 1 4,8 km day purple
- 2 4,8 km day purple
- 3 2,6 km day yellow (parallel)
- 4 3,2 km day orange
- 5 5,7 km day purple

Start Saturday 6th of August 05.30. Finish at approx. 08.00.

Forking on leg 1-2.

Open for girls born 1998 and later.

Parallel legs can be run by 1-3 runners. First runner to the exchange sends the next runner out. The time will be taken on the first runner. All runners will count in the team.

Terrain

The competition area consists of coniferous forest, mostly pine forest. The forest has various ages. Plenty of paths and roads. Plenty of pits of various sizes and depth The terrain is mainly flat with some steeper areas. Very good run ability. Areas where forestry harvesting has taken place are rather easy to run. There are some smaller areas where there is young forest growing.

Мар

Scale 1:10 000, equidistant 5 meters. Mapper Göran Larsson, revised 2016.

Punching system

Sportident will be used. All types of SI-cards can be used. Each SI-card can only be used once during the relay competition. The SI-card number does not have to be included in the registration. The number is connected with the runner at check in to the exchange area. SI-card can be rented along with the entry.

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Teams

tomens

Combined teams from different clubs are allowed to participate, according to rules of the Swedish orienteering federation. The rule is created with the intention that all youth-runners should have a chance to participate but not create a winning team. Please read more about combined teams at <u>www.u10mila.se</u> (only in Swedish). Runners who participate in the HD12 relay can also run in either the HD18 or D18 relay.

Arena

Bågskyttebanan, (Archery course) in Rankås, Tibro. Road signs from road 49 between Skövde and Karlsborg in Tibro and from road 201 between Hjo and Tibro at Kyrkefalla church.

Competition office and information

At the arena. Open from Friday August 5th at 1.00 PM.

Parking

Parking for cars approx. 800 meters from the arena. No Parking fee. Staying in the cars overnight is not allowed.

Buses

Parking place for buses should be booked with the entry.

Entry

Entry should be done latest Sunday June 26th. All registration (teams, tents, bus parking, food etc.) should be done in Eventor <u>www.eventor.orientering.se</u> also including foreign clubs.

The entry is valid when the payment is registered. Late entry can be done until 14th of July at 50% higher rate and until 1st of August at 100% higher rate. Please note all teams should use the service "Team Entry" because Eventor doesn't support the team fee that U10mila use.

Team formation

Please fill in the team members names in Eventor latest 4th of August. It can also be given at the "Information" at the Arena. Team formations must have been given in latest Friday 4 PM for HD12 and latest 9 PM for HD18 and D18

Bib Numbers

Bib numbers are collected at the "Information center" on the arena. All fees need to be payed and Team information has to be filled in before getting the Bib Numbers. The Bib Numbers can be collected from 1.00 PM on Friday August the 5th.

Camping

The Camp is open from 1.00 PM Friday August the 5th until 2.00 PM on Sunday August the 7th. Camping squares are approx. ca 8x8 meter. The camping area is divided on several areas which is explained in detail in a separate "Camping PM". On the camp with Military Tents there are toilets and drinking water. Military tents for maximum 20 people can be rented, raised and ready to use. There is about 90 tents for rent. Clubs who won't get a tent will be noticed. The military tent camp is 800 meters from the arena. All camping must be booked via Eventor along with the entry. The booking is valid when the payment is done.

Service

Hot showers and toilets are available at the arena. Breakfast, lunch and dinner are served in the canteen at the arena. On the arena you will also find sandwiches, hot dogs, pizza and more. There will also be a sport shop and medical care. A "kiosk" with snacks, soda drinks, chocolate bars etc. will be at the military camp. If you would like to put up a club tent at the arena you can rent a square 5x8 meters. This is not for staying overnight.

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Food order

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Food is ordered with the entry and food coupons will be found in the envelope with the bib numbers. A limited number of coupons will be possible to buy at the "Information center" at a slightly higher cost. The menu will be published on <u>www.u10mila.se</u> when ready.

Payment

From Sweden: Bankgiro (BG) 5040-9721 U10mila. Enter reference when paying in the following format: Club and type of fee. Foreign payment: IBAN: SE 218 000 0829 9096 4135 0070 and BIC/SWIFT: SWEDSESS

Best youth-club in the world

If your club has teams in all three relays you can win the title "The best youth-club in the world". ". Position numbers in HD18 and D18 will be added together with position number minus 10 for each team in the HD12 relay. More teams in HD12 gives a better chance of winning. Free start in U10mila 2017 in each relay is the winning price.

Homepage www.u10mila.se

E-mail info@u10mila.se

Address

U10mila 2016, c/o Lena Carlsson-Tell, Forsby Karstorp 2, 541 92 Skövde

Stay the week-end

Run the traditional "Tibrotrippeln!" with sprint Friday night, middle distance on Saturday and long distance on Sunday. See separate invitation for each race on Eventor.

Organizers

- Competition manager: Assistant comp manager: Course setter: Course setter: Competition control: Course control:
- Anders Eriksson Bo Klamfelt Uno Magnusson Karl-Evert Svensson Hans-Gösta Bernhard Håkan Lööf

IF Hagen	070-171 91 17
Tibro OK	070-394 27 01
IF Hagen	070-569 03 62
IF Hagen	070-320 97 61
Mariestad FK	070-694 47 12
Mariestad FK	073-517 29 76

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Avgifter

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Team entry fees	Fee latest June 26	Fee latest July 14	Fee latest July 31
HD12	450 SEK	675 SEK	900 SEK
D18	800 SEK	1200 SEK	1600 SEK
HD18	1350 SEK	2025 SEK	2700 SEK

It is the same team fee regardless of number of runners on the parallel leg. Please notice earlier entry than before.

Camping fees	Latest August 3, 7 PM
Military tent, max 20 people. Raised, incl. square	1500 SEK
Caravan approx. 8x8 meter Fri- Sun	400 SEK
Camper Van approx. 8x8 meter Fri-Sun	400 SEK
Tent approx. 8x8 meter Fri Sun	400 SEK
Caravan approx. 8x8 meter Fri- Sat	200 SEK
Camper Van approx. 8x8 meter Fri-Sat	200 SEK
Tent approx. 8x8 meter Fri Sat	200 SEK
Caravan approx. 8x8 meter Sat- Sun	200 SEK
Camper Van approx. 8x8 meter Sat-Sun	200 SEK
Tent approx. 8x8 meter Sat Sun	200 SEK
Club tent at the arena app 5x8 meter	350 SEK

Club tent on the arena is not for over sleeping overnight.

NB! It is very important to separate Caravan from Camper Van.

Meals	Latest August 3, 7 PM
Dinner Friday	70 SEK
Night food Friday	55 SEK
Breakfast Saturday	45 SEK
Lunch Saturday	70 SEK
Dinner with dessert Saturday	80 SEK
Breakfast Sunday	45 SEK
Lunch Sunday	70 SEK

Other service	Latest August 3, 7 PM
SI-card - rental	25 SEK
Bus parking large bus	100 SEK

