



Swedish League round 6 & Gästrike 4:an

Saturday May 7, 2016

Bulletin, Short version

Version 2016-05-01 late additions and changes can occur and it is the competitor's responsibility to inspect definitive racing memo posted at the arena on the day of the race.

Event location

Event location		
Event location	Silverkällan (GPS: 6744750,592373).	
	Directions from road 272, 5 km south Ockelbo	
Parking	Follow signs and instructions from officials. Distance from car park to the arena 500-2000 m.	
	Caravans may not be taken to the arena.	
	Media and invited visitors (VIP) could park at designated areas.	
	Parking fee 20 SEK. Please use as few cars as possible! Small parking lot.	
Entries, fees & payment Late entry Late entries should be made online through Eventor at the latest on		
Late entry	Tuesday 3 th May at 11:59 pm.	
Entry fee/payment	 Entry fee for Swedish Leagueclasses are SEK 270 Late entry: 50% in addition to ordinary fee for entries after 1 May 	
	Foreign participants that are not representing a Swedish orienteering club must pay the entry fee in advance. Please transfer payment to:	
	Ockelbo OK	
	BIC:HANDSESS IBAN: SE 22 6000 0000 0009 4044 8998	

Arena		
Distances	Parking – arena: 500-2000 meter	
	Start 1:750 meter	
	Start 2: 600 meter	
	Shower: 400 meter	
Facilities	Shower & toilets	
	Warm Outdoor shower at the arena.	
	Toilets only at the arena Saturday. Sunday a few toilets on the way to start 2.	
	Foods, refreshments & field lunch	
	Food and refreshments between 8:00 am – 3:00 pm (hot dogs, hamburgers, soup, pancakes, warm/cold drinks, sandwiches, cakes and candy)	
	Children	
	Childcare, from the age of 4 year. Fee SEK 20. From 09,00	
	"String course" for children, between 09:00 am-12:00 am. Fee SEK 20.	
	First Aid adjacent to the finish as well as in minor extent at marked places within the competition area.	
	At the finish, water will be served.	
	Other	
	Club tents on designated areas!	
	Wild animal report – at the Information.	
	WiFi at Arena: Net: Swedish league public Key: swlockelbo	
	Competition information	
Start draw, selection process	Start draw for Swedish League classes according to Swedish League rules. Subclasses (E2, E3) will be created depending on the number of entries.	
and seeding	Contact for selection process: Niklas Wrane, SOFT Phone: +46 70 6708105 e-mail: niklas.wrane@orientering.se	
	Start lists and reserve runner lists will be published immediately after start draw.	
Cancellations	Competitors shall report cancellations to the organizer as soon as possible; by e-mail: entry@ockelbook.se,	
Reserve runner allocation	List with reserve runners in the classes D20E, H20E, D18E och H18E will be published on Eventor and at the arena.	
	Allocation of reserve runners will be made at the Information 09,00. Competitors or team officials must attend in person at the arena to claim a place. Runners or leaders who are not present will be skipped	
	No reserve runner allocation in H21 E and D21 E classes.	
Start list	Start list will be published online through Eventor on Friday 6th May. It will also be presented at the arena. Bulletin and start list will be available at the Information on the arena.	

	All competitors in U215, D215, D205, U205, D105 and U105 collects their
Number bibs	All competitors in H21E, D21E, D20E, H20E, D18E and H18E collects their number bibs and safety pins after registration at Information tent. Bibs shall be worn on the chest and may not be folded or cut.
	Competitors representing non-Swedish clubs will not be able to collect their number bibs unless their entry fees have been paid.
	Numbers as follows:
	H21E 1-
	D21E 101- H20E 201-
	D20E 301-
	H18E 401- D18E 501-
	List of runners selected for GPS-tracking will be announced at the
GPS-tracking	information, at the arena and on Eventor. 25 runners in each D21E and H21E
	shall wear GPS. Vests for the GPS-unit in information tent. The GPS-unit, is handed out on the way to start1. Runners choosing not to wear an allocated
	GPS unit will be disqualified. The equipment shall be returned to officials
	directly after the finish.
Livelox	Maps and courses will be available in the GPS tracking service Livelox . You
	can record your route either with a mobile phone via Livelox app (observe, E classes cannot use the mobile phone for this) or with your GPS clock. More
	information is available at www.livelox.com or in Eventor.
Competition rules	SOFT's competition rules apply.
	Clothing
	Competitors shall wear clothing that fully covers the body except for head,
	neck and arms, according to SOFT's competition rules. False start
	In case of false start, time penalty applies. The map <u>may not</u> be removed
	from the map box before the start signal.
Start/	Follow orange/white tapes and signs to start 1 for classes:
·	H21E,D21E,H20E, D20E,H18 E,D18 E (750 mtrs to start)
	Other classes orange/blue tapes and signs to start 2 (600 mtrs)
	Reset the SI-card on the way to start and check at the start.
	Late arrivals to start are allowed up to a maximum of 30 minutes after the
	regular start time. The runner could then start when it can be done without disturbing other runners.
	20 minutes(max) before start, pick up GPS on the way to start.
Start procedure	
Start procedure	
Start procedure	3 minutes before: registration and check of the SI-card
Start procedure	
Start procedure	3 minutes before: registration and check of the SI-card 2 minutes before: control description are made available.

Мар	 Created 2015by Egidijus Kokenys and Saulius Kireilis. Equidistance 5 m. Digital maps from Gefle Karttryck . H/D 60 and older 1:7500 other 1:10000 Local signs tracks from charcoal kiln, on map O hut ruin,or small wooden construktion , on map X Small tower, T is also used during hunting, as shooting location.
Max running time	2 hours ,all classes
Classes/length	See Swedish version
Control description	Control descriptions are both loose and pre-printed on the map.
Punching system/ controls	Sportident are used. Please provide your SI-card number when entering otherwise a rental SI-card will be provided at additional charge of 30 SEK/day. A charge of 600 SEK will be made for the loss or non-return of hire cards. Rental SI-card will be assigned at Information. The SI-card must be emptied and checked by punching the "Töm and Check" units on the way to the start
	Controls are marked with an orange/white flag, control code, SI-unit and a pin-punch. In parts of the competition area controls are very close to each other(>50 m). Runners are advised to pay extra attention to the control codes.
Forbidden areas	Private properties and areas marked on the map are forbidden areas. There is a felling area that is prohibited to enter, it is both marked in the terrain and on the map. The runner will be disqualified if the rules are not followed.
	There are guards in the woods, infringement merit disqualification

	There is water at Start 1 and at the arena.
Drinks	There is water at Start I and at the arena.
Toilets	Toilets at the arena ,only !!
First Aid	First aid will be available in the arena and at marked area in the forest.
Complaints and protests	Complaints about infringements of competition rules may be submitted at the Swedish League Information tent or directly to the Event coordinators. Protests against the organizers decision shall be submitted in writing at the Swedish league Information tent or directly to the competition jury.
Live-service	GPS tracking
	The runners who have GPS in classes H21E and D21E will be able to be followed live on the internet. See reference on www.ockelbook.se and Eventor.
	Results
	Preliminary results will be available on the Internet during the contest.
	Live sound
	Live sound from the arena will be available on the Internet during the race.
Prizes SWL	Prize for the top 4 in the elite classes (E). Award Ceremony at 2:00 pm close to the finish.
	Prize for winner in E2 etc ,can be picked up in Information tent
Prizes other	Prize in youth classes will be handed out as soon as possible.
Other information	
Additional information	Please visit Eventor and the homepage for the competition to see images and old maps covering the area.
Sports shop	Sporting sales by LETRO sport, <u>www.letro.se.</u>

Organizing committee **Event coordinator** Mikael Ingelsson, 070-3149037, mickei63@live.se Bo Sundqvist, 070-4159876, bo.sundqvist@hotmail.com Vice, event coordin. Fredrik Persson, Bengt A Persson, **Course setter** Media contact Michael Hallner 073-808 89 86 Curt Landin, Rehns BK Competition controller Sören Calleberg, Söderhamns OK **Course controller Competition Jury** Stefan Larsson, arrangörscoach SOFT, 070-2418557 (sammankallande) Will be decided by SOFT. Selection Niklas Wrane, 070-6708105, Niklas.Wrane@orientering.se process/Swedish League Stefan Larsson, 0278665066(at)telia.com **SOFT/Event adviser** SOFT/It-coach Magnus Johansson, magnus@madcap.se E-mail entry@ockelbook.se

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Illustrationer Animationer Interaktivt









































