



## Swedish League round 7 & Gästrike 4:an

Sunday May 8, 2016

### Bulletin, Short version

*Version 2016-05-01 late additions and changes can occur and it is the competitor's responsibility to inspect definitive racing memo posted at the arena on the day of the race.*

## Event location

<b>Event location</b>	Silverkällan (GPS: 6744750,592373). Directions from road 272, 5 km south Ockelbo
<b>Parking</b>	Follow signs and instructions from officials. Distance from car park to the arena 500-2000 m. Extreme cases on Sunday up to 2800 m. Caravans may not be taken to the arena. Media and invited visitors (VIP) could park at designated areas. Parking fee 20 SEK. Please use as few cars as possible ! Small parking lot.

## Entries, fees & payment

<b>Late entry</b>	Late entries should be made online through Eventor at the <b>latest on Tuesday 3<sup>th</sup> May at 11:59 pm.</b>
<b>Entry fee/payment</b>	<ul style="list-style-type: none"><li>• Entry fee for Swedish Leagueclasses are SEK 270</li><li>• Late entry: 50% in addition to ordinary fee for entries after 1 May</li></ul> Foreign participants that are not representing a Swedish orienteering club must pay the entry fee in advance. Please transfer payment to: Ockelbo OK BIC:HANDSESS IBAN: SE 22 6000 0000 0009 4044 8998

# Arena

## Distances

Parking – arena: 500-2800 m (Sunday)  
Start 1: 200 m  
Start 2: 1000 m  
Shower: 400 m

## Facilities

### Shower & toilets

Warm Outdoor shower at the arena.

Toilets only at the arena , Sunday a few toilets on the way to start 2.

### Foods, refreshments & field lunch

Food and refreshments between 8:00 am – 3:00 pm (hot dogs, hamburgers,soup,pancakes, warm/cold drinks, sandwiches, cakes and candy)

### Children

Childcare, from the age of 4 year., Fee SEK 20. From 09,00

“String course” for children, between 09:00 am–12:00 am. Fee SEK 20.

First Aid adjacent to the finish as well as in minor extent at marked places within the competition area.

Water and sports drink (Enervit) will be served at marked places in the competition area. At the finish, water will be served.

### Other

Club tents on designated areas!

Wild animal report – at the Information.

WiFi at Arena: Net: Swedish league public Key: swlockelbo

## Competition information

## Cancellations

Competitors shall report cancellations to the organizer as soon as possible; by e-mail: [entry@ockelbook.se](mailto:entry@ockelbook.se),

## Reserve runner allocation

No reserve runner.

## Start list

Start list will be published online through Eventor . It will also be presented at the arena. Bulletin and start list will be available at the Information on the arena.

## Start procedure

HD18E Leader: 10,00 Masstart: 10,20

HD20E Leader: 10,30 Masstart: 10,50

HD21E Leader: 11,00 Masstart: 11,20

	<p><b>Start 1 (Sw.League):</b> Pursuitstart: Normal procedurers</p> <p>Masstart:  5 min before: check SI-tag. Take Control definition. Go to startingfold.  3 min before: Go to maps. Go to map with same number as your bib.  Start on signal from startpersonell.</p> <p>Start 2; Normal procedure according to starting list</p>
<b>Number bibs</b>	<p>All competitors in H21E, D21E, D20E, H20E, D18E and H18E collects their number bibs and safety pins after registration at Information tent. Bibs shall be worn on the chest and may not be folded or cut.</p> <p>Competitors representing non-Swedish clubs will not be able to collect their number bibs unless their entry fees have been paid.</p>
<b>GPS-tracking</b>	<p>List of runners selected for GPS-tracking will be announced at the information, at the arena and on Eventor. 50 runners shall wear GPS. Vests for the GPS-unit in information tent. The GPS-unit, is handed out at Informationtent maximum 20 minutes before your starting time. Runners choosing not to wear an allocated GPS unit will be disqualified. The equipment shall be returned to officials directly after the finish.</p>
<b>Livelox</b>	<p>Maps and courses will be available in the GPS tracking service Livelox . You can record your route either with a mobile phone via Livelox app (observe, E-classes cannot use the mobile phone for this) or with your GPS clock. More information is available at <a href="http://www.livelox.com">www.livelox.com</a> or in Eventor.</p>
<b>Competition rules</b>	<p>SOFT's competition rules apply.</p> <p><b>Clothing</b></p> <p>Competitors shall wear clothing that fully covers the body except for head, neck and arms, according to SOFT's competition rules.</p> <p><b>False start</b></p> <p>In case of false start, time penalty applies. The map <u>may not</u> be removed from the map box before the start signal.</p>
<b>Start/</b>	<p>Follow orange/white tapes and signs to start 1 for classes:  H21E,D21E,H20E, D20E,H18 E,D18 E ( 200 mtrs to start)</p> <p>Other classes orange/blue tapes and signs to start 2 ( 1000 mtrs)</p> <p>Reset the SI-card on the way to start and check at the start.</p> <p>Late arrivals to start are allowed up to a maximum of 30 minutes after the regular start time. The runner could then start when it can be done without disturbing other runners.</p>
<b>Map</b>	<ul style="list-style-type: none"> <li>• Created 2015by Egidijus Kokenys and Saulius Kireilis.</li> <li>• Equidistance 5 m.</li> </ul>



<b>First Aid</b>	First aid will be available in the arena and at marked area in the forest.
<b>Complaints and protests</b>	Complaints about infringements of competition rules may be submitted at the Swedish League Information tent or directly to the Event coordinators. Protests against the organizers decision shall be submitted in writing at the Swedish league Information tent or directly to the competition jury.
<b>Live-service</b>	<p><b>GPS tracking</b></p> <p>The runners who have GPS in classes H21E and D21E will be able to be followed live on the internet. See reference on <a href="http://www.ockelbook.se">www.ockelbook.se</a> and Eventor.</p> <p><b>Results</b></p> <p>Preliminary results will be available on the Internet during the contest.</p> <p><b>Live sound</b></p> <p>Live sound from the arena will be available on the Internet during the race.</p>
<b>Prizes SWL</b>	Prize for the top in the elite classes (E). Award Ceremony at 1:00 pm close to the finish.
<b>Prizes other</b>	Prize in youth classes will be handed out as soon as possible.

## Other information

<b>Additional information</b>	Please visit Eventor and the homepage for the competition to see images and old maps covering the area.
<b>Sports shop</b>	Sporting sales by LETRO sport, <a href="http://www.letro.se">www.letro.se</a> .

# Organizing committee

<b>Event coordinator</b>	Mikael Ingelsson, 070-3149037, mickei63@live.se
<b>Vice, event coordin.</b>	Bo Sundqvist, 070-4159876, bo.sundqvist@hotmail.com
<b>Course setter</b>	Fredrik Persson, Bengt A Persson,
<b>Media contact</b>	Michael Hallner 073-808 89 86
<b>Competition controller</b>	Curt Landin, Rehns BK
<b>Course controller</b>	Sören Calleberg, Söderhamns OK
<b>Competition Jury</b>	Stefan Larsson, arrangörscoach SOFT, 070-2418557 (sammankallande) Will be decided by SOFT.
<b>Selection process/Swedish League</b>	Niklas Wrane, 070-6708105, <a href="mailto:Niklas.Wrane@orientering.se">Niklas.Wrane@orientering.se</a>
<b>SOFT/Event adviser</b>	Stefan Larsson, 0278665066(at)telia.com
<b>SOFT/It-coach</b>	Magnus Johansson, <a href="mailto:magnus@madcap.se">magnus@madcap.se</a>
<b>E-mail</b>	<a href="mailto:entry@ockelbook.se">entry@ockelbook.se</a>

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