



## Memo

### "Helsingehelg" July thursday-friday 21-22 2016

**Assembly point:** Way 1057, 10 km north Idre, way to Foskros. See map in the end of this Memo. You find also a map in swedish Eventor.

Coordinates: WGS 84 61 56'2.3" N 12 39'7.7" E

**NOTE:** There are two campsites on both sides of the way when it passes the river Storån. Those campsites are embargoed and cannot be used for competitors camping before and during the competitions.

**Serving/food:**

We have small serving with sandwiches, buns, coffee, tea and still drink.

**Toilet:** At the Arena in tent, also for handicap.

**Mosquitos and gnats:** There were not so many insects for two weeks ago. But the quantity of insects depends of the weather, so be prepared for insect protection.

**First start:** Thursday 21 july 16:00 and Friday 22 july 11:00. Start lists will be published in Eventor about 17 july.

**Numberbibs:** Will be worn both days to help for the staff. Same number both days. Return them after friday's competition.

**Map:** Drawn for Trail-O by Björn and Rolf Karlsson. The competition map is in the scale 1:3500 and eqvidistance 2 m. Scale for Timed controls is 1:2500, same eqvidistance.

**Terrain:** 95% is open pineforest with good visibility.

**Distance:** From Parking to Arena max 300 m.

Thursday:

Arena to start: 1000m

Finish to timed control: 50 m

Timed control to Arena: 1 700 m, (the same way back)

Friday:

Arena to start: 25 m

Timestop to restart: 550m. During this timestop you will visit the timed control.

Finish to Arena: 900m (the same way back)

**Courses Thursday:**

**Pre-E:** 825 m, 24 controls, maximumtime 97 min, there can be Zero-controls.

**Pre-A:** 825 m, 19 controls, maximumtime 101 min, there can be Zero-controls.

**Pre-B:** 720 m, 11 controls, maximumtime 66 min, NO Zero-controls.

**Pre-C:** 720 m, 11 controls, maximumtime 77 min NO Zero-controls.

The course is along a forestry road with hard surface, and partly slightly uneven. A short part is a bit steep. Competitors is only allowed to work between start and finish.

Timed control: Pre-E, Pre-A and Pre-B is after finish, 6 flags, 3 tasks, method of tempo.

Pre-C: After finish, 3 flags, 1 task.

There is possibility to say or point your answer. The answers is given like this: A=Alfa, B=Bravo, C=Charlie, D=Delta, E=Ecco, F=Foxtrot.

30 sek/task for Elite and 45 sek/task for A-class. Punishtime 60 sek in Elite and 90 sek in A-class if wrong answer.

**Courses Friday:**

**Pre-A:** 980 m, 18 controls, maximumtime 102 min, there can be Zero-controls.

**Pre-B:** 980 m, 11 controls, maximumtime 74 min, NO Zero-controls.

**Pre-C:** 980 m, 11 controls, maximumtime 85 min NO Zero-controls.

The course is along a forestry road with hard surface, and partly slightly uneven. One small part goes on a track. Friday have one gap, It is the responsibility of the competitor to punch correctly. Competitors are only allowed to work between start and finish. Punchcontrol will be done after first part and after finish. On map there is red barrier lines, not allowed to pass. In some places, there is blue-yellow stripes, not allowed to pass.

Timed control: During the timestop.

Pre-A and Pre-B, 6 flags, 3 tasks, method of tempo.

Pre-C: 3 flags, 1 task.

There is possibility to say or point your answer. The answers is given like this: A=Alfa, B=Bravo, C=Charlie, D=Delta, E=Ecco, F=Foxtrot.

45 sek/task for A-class. Punishtime 90 sek in A-class if wrong answer.

**For both days:** To increase the visibility on long distance can two flags be placed on the same stick.

**Solutionmaps:** Will be available for both days, all courses.

**Sportident:** SI is used for time taking. Take your own SI-pin. There is possibility to rent a pin, 20 kr per day. Pay on place. If not return the SI-pin the cost will be 500 kr.

**Organisers:**

Planner: Rolf Karlsson 070-342 47 65

Event director: Elisabeth Norsell Karlsson 070-529 04 88

Event Secretary: Daniel Johansson

Controller: Elisabeth Norsell Karlsson

**Payment:** Competitors from foreign clubs pays before first competition.

**Competition jury:** Jury members are Ola Wiksell, Elisabeth Norsell Karlsson and Clara Jakobsson.

**Rules:** SOFT competition rules for TrailO is valid.

**Price ceremony:** Direct after the competitions

*Welcome*

*Rehns BK*

