

Programme

TrailO

O-Ringen Stage 3, Tuesday 26 July

Arena

Snögubben Lindvallen

Parking

Gustavtorget Lindvallen, then Gustav8 lift up to the mountain. The lift opens at 9.30.

A few places are available at the arena for those who cannot take the lift. Directions from Rv 66, 1 km east of Högfjällshotellet.

Start:

First start at 10.00, Sportident is used as timing system.

Competition rules:

Swedish orienteering federation rules for TrailO.

Time control:

Queue start according to start list.

Elit classes 3 tasks, 6 controls, 90 sek. max time, 60 sek penalty/fault.

A class 2 tasks, 6 controls, 90 sek. max time, 90 sek penalty/fault.

B and C classes 1 task 3 screens 60 seconds maximum time, 120 sec penalty / fault

Use the international spelling Alpha, Bravo, Charlie, Delta, Echo, Foxtrot

Course and maximum time

Pre Elit 550+350 m /96 min wheel chairs 5 min extra

Pre A 550+350m/107 min wheel chairsr 5 min extra

Pre B 1100 m/81 min wheel chairs 5 min extra

Pre C 1100 m/88 min

Distances

Arena-Tk 100m

Tk-start 200m

Finish 1-start 2 Elit och A 750 m

Finish-Arena B och C 600 m

Finish-Arena Elit och A 1800 m

Map and terrain

Part of Sälffjällskartan, 2015. Scale 1:5000, Ekv.5 m.

Mapper: Kenneth Kaisajuntti.

Mountain terrain, dirt road and trekking tracks for movements.

PreO revision at some control points.

Local signs:

black cross, sign/statue

blue circle: snow cannon

For controls far away, double control marks are used.

Finish:

Punch at the finish. The crew will check the punches, then go the same way back to the arena and leave the start card at the secretariat.

Service:

Catering and toilets available in the area.

Prizes: Stage winners receive prize at Tuesday's ceremony at the O-Ringen Square.

Open classes:

Open classes: A, B and C course. Entries in the secretariat between 9.30-11.00.

Start with B and C track time control, then go to the start and start on the course.

Start fees:

-20 years SEK 140

21 years- SEK 295

Competition Management:

Competition Director Maria Johansson Liss, 0706339309

Secretariat Daniel Johansson, 0703132724

Course planner Torbjörn Lentz, 0767812553

Course/competition controller Rolf Karlsson, 0707153326

Jury:

Rolf Karlsson, Arne Gustavsson and Knut Ovesen