



**Competition instruction Biathlon
orienteering sprint
Part of the Swedish and World cup
2016-10-14**



Competition Area: Örgryte shooting range

Parking: On marked places close to the competition area. Follow the instructions. Max 200m to the competition center.

Classes and course length: Following classes has been merged due to few participants:

M55 and M50 to M50

M12 and W12 to M/W12

M10 and W10 to M/W 10

Course lengths according to start list. Note! The posts are placed VERY close to each other, ensure to check the control number.

Sequence: Orienteering – prone shooting – orienteering – standing shooting. Please note that both maps are received at the time of start. First loop starts with post nr 1 and the second loop starts with the next number after the first shooting.

Map: Skatåsbladet (2012). Part of the map was revised for the WMOC in 2015. Scale 1:5 000

Terrain: Many paths and good to very good runability. Flat to moderate hilly terrain. The competition is held in a popular recreation area for walks, running, horseback riding and MTB and this means that a lot of new paths can appear.

Prohibited areas: Safety area for the shooting range is marked in the terrain. No access to private gardens. Do not enter areas marked with competition area.

Clothes: Full

First start: 14.00. Start is at the arena.

Number bibs: Available next to the competition secretary. Same number bib to be used both Friday and Saturday. You will only receive one set of safety pins for the weekend.

Rented rifles: To be picked up at the weapons control. The rifle should be returned to the weapon control after competition is finished along with any ammunition that has not been used.

Adjustment shooting .22 long: On paper board 12.00-13.30. See split of lanes per club at the shooting range. Weapons control will open at 11.30

Adjustment shooting air rifle: 12.30–13.30. Also open for any other that is interested of trying air gun.

Placement of rifles: The rifles are placed on the same number as your start number.

Punching routines: If there should be a line there is a waiting area. The shooting range officer will show you to the waiting area if needed. Punch when entering the area and when the officer shows that you can go ahead, punch when leaving the waiting area and carry on to the shooting range. The waiting time will be adjusted afterwards.

If you have a penalty loop, the empty squares should be marked with one stamp per lap.

Toilets: At the competition area

Showers: Not available

Cafeteria: Basic assortment

Prize giving ceremony: In connection with the dinner at Saturday night.

Jury: Hans Wickbom, Mona Rasmussen and Michael Karlsson

Other: Note the information of mixed relay teams in the competition information in Sunday instruction.

Welcome!