



Competition instruction classic distance. Part of the Swedish and World cup 2016-10-15



Competition Area: Örgryte shooting range

Parking: On marked places close to the competition area. Follow the instructions. Max 200m to the competition center.

Classes and course length: Following classes has been merged due to few participants:

W55 and W45 to W45

M12 and W12 to M/W12

M10 and W10 to M/W 10

Course lengths orienteering according to start list. Location orienteering 3 km.

Sequence: Location orienteering - orienteering – prone shooting – running – standing shooting. The location orienteering will split for the younger classes along the route. Follow the signs for your course. Note that punching should be done between location orienteering and orienteering.

Map: Skatåsbladet (2012). Part of the map was revised for the WMOC in 2015. Scale 1:10 000. Scale 1:10 000 also for the location orienteering.

Special post: One control point will be a point of land going out in the lake, but is marked as an end of a ridge (“nose”) on the control description.

Terrain: Many paths but also parts with forest terrain. Mixed forest with good to very good runability. Moderate hilly terrain. Some areas are very detailed. The competition is held in a popular recreation area for walks, running, horseback riding and MTB which means that a lot of new paths can appear.

Prohibited areas: Safety area for the shooting range is marked in the terrain. No access to private gardens. Do not enter areas marked with competition area.

First start: 11.00. Everyone has the same start. Distance to start 1400 m

Number bibs: Available next to the competition secretary for those who didn't participate on Friday. For those who participated Friday, same number bib should be used for the classic distance. You will only receive one set of safety pins for the weekend.

Water: Available at the change between location orienteering and orienteering. Own water bottles should be placed on a marked place at the competition area. No water bottles at the shooting range.

Rented rifles: To be picked up at the weapons control. The rifle should be returned to the weapon control after competition is finished along with any ammunition that has not been used.

Adjustment shooting .22 long: On paper board 9.00-10.30. See split of lanes per club at the shooting range. Weapons control will open at 8.30

Adjustment shooting air gun: 9.30-10.30. Also open for any other that is interested of trying air gun.

Placement of rifles: The rifles are placed on the same number as your start number.

Punching routines: If there should be a line there is a waiting area, the shooting range officer will show you to the waiting area if needed. Punch when entering the area and when the officer shows that you can go ahead, punch when leaving the waiting area and carry on to the shooting range. The waiting time will be adjusted afterwards.

Toilets: Only at the competition area

Showers: Not available

Cafeteria: Basic assortment

Prize giving ceremony: In connection with the dinner at Saturday night.

Jury: Hans Wickbom, Mona Rasmussen och Michael Karlsson

Other: Note the information of mixed relay teams in the competition information in Sunday instruction.

Welcome!