## OK Orinto

invites to

# Orienteering event - national middle distance with elite classes 

Monday May $1^{\text {st }} 2017$

Class groups Elite and competition classes, Open Courses and Trail. Course lengths and difficulty levels according to recommendations by the Swedish Orienteering Federation.

Entry No later than Sunday April $23^{\text {rd }}$ on Eventor or by e-mail anmalning@orinto.se. Also entry on the day for Open Courses.

Entry Fees Youth SEK75, adults SEK130, elite SEK180. Participants from non-swedish clubs pay at the arena before start. Sportident card hire SEK25, SI card not returned SEK400.

Late Entry No later than 21.00, Friday April $28^{\text {th }}$ on Eventor, anmalning@orinto.se, or on phone $+46709-875827$. Fee raised by $50 \%$.

Location Hestrafors IP, Brandshed, on the road between Bollebygd - Töllsjö, just outside Bollebygd.

Start First ordinary start at 10:00. Late entrants starting before. Open Courses from 9:30 to 11:30.

Map Newly mapped 2016. Scale 1:10 000. For $60+1: 7500.5 \mathrm{~m}$ contours. Mapper CarlHenry Andersson. Certified printout.

Terrain Woodland with a moderate amount of forest roads and paths. Some small marshes, some on slopes. Few felled areas. Rather detailed contours, many bolders. Mostly moderately steep hills, some courses can have steep hills. Largely very good runnability in fir forests of many ages, but there are sections with denser young forests. In certain sections the runnability is somewhat reduced by stony ground.

Facilities Hot showers, child care, knatteknat (fun course for children), refreshments, first aid and orienteering equipment vendor $\underline{\text { SM }}$ Sport.

## Officials

Organiser: Elin Rönnow +4673-044 3844.
Assistant: Torbjörn Wikström +46707-144793.
Event controller: Anne Kaill +46735-550392.
Course planners: Per Andersson, C-H Andersson and Erik Classon.
Course controller: Bob Kaill +46704-540541.
Information Carl-Henry Andersson +4670-896
55 66, info@orinto.se. www.orinto.se
Course lengths Difficulty according to SOFT regulations. See separate document, titled "Banlängder" for course lengths.

## Welcome!



