

OK Hällén welcomes you to
Stigtomtakavlen
Dambroängen 14-15th April 2017



PM Stigtomtakavlen

- Arena** Arena Dambroängen, Ålberga. E4 from north, exit 128 and after that towards Ålberga. E4 from south, exit 127 and after that towards Stavsjö/Nyköping. Directions on road 800, after that 4 km to Ålberga. GPS coordinates: 58.725970, 16.559708
- Parking** Only allowed in designated area, follow parking attendants instructions. Up to 1200 meters from the arena. Fee SEK 20 per day. There is no room for caravans at the parking area. If you arrive by bus, please let us know by email: stigtomtakavlen@okhallen.se
- Team envelope** Handed out at the information desk. Team envelopes can be stored at the information desk by the organizer over night between Friday and Saturday. No safety pins are provided by the organizer.
- Map** Dambroängen. Revised 2016 by Roy Fransson. Offset printed map in scale 1:10 000, contour interval 3-5 meters. Digital printed map in scale 1:7 500 in H180 and for leg 2 in H150 and D150, scale 1:5000 in Inskolning. In open recreational courses class 5 and 7 you can choose to get a digital printed map in scale 1:7 500
- Terrain description** Continuous woodland, larger number of paths near the arena. Predominantly pine and spruce forests of varying age with essentially good accessibility. Open, easily run pine forest mixed with denser spruce areas. The terrain is moderately hilly with a number of detailed hills.
- Passage over stream** In the western part of the competition area there are some passages over streams. It is recommended to use these passages as the stream can be wide and difficult to pass at other locations.
- Unclear paths** Unclear paths in the area used by the youth classes area are marked in the terrain with white stripes.
- Follow up map** Black and white maps for follow up in class "inskolning" (beginners course) is available in a box on the way to the start point.
- Team composition** The team composition should be handed in the latest at 19.00 hrs. on April 13th in Even-tor. If no SI-card number is specified after that a rental SI-card will be allocated to the runner and the club will be charged SEK 35. Changes of team composition or SI-card numbers can be handed in at the arena by way of exception on the day of the competition, but no later than 60 minutes before the start. For H17E, the team composition for the whole relay must be handed in 60 minutes before the start on Friday April 14th. Changes are made on a form that is included in the team envelope.
- Number Bibs** Bibs with advertisement for Sörmlandsbanken will be worn by all competitors. Please observe labeling by leg. Last leg will have numbers in red color.
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|------------|---------|------------|----------|
| H17E | 1-200 | D17E | 201-400 |
| Inskolning | 401-450 | HD12 | 451-500 |
| H13-16 | 501-550 | D13-16 | 551-600 |
| H120 | 601-650 | D120 | 651-700 |
| H150 | 701-750 | D150 | 751-800 |
| H180 | 801-850 | Open relay | 901-1000 |
- Start time**
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|----------|----------|------------------------------|
| Friday | 21:00 | H17E |
| Saturday | ca 09:50 | H17E pursuit start |
| Saturday | 10:00 | D17E, H13-16, D150, H150 |
| Saturday | 10:10 | D120, H120, HD12, Open relay |
| Saturday | 10:20 | D13-16, H180, INSK |
- Restart**
- | | |
|-------------------|--|
| H17E Friday | ca 23:59 am, or 60 min after the leading team runs out on leg 3. |
| H17E Saturday | Leg 4 ca 10:50 am for all teams that are more than 60 min after |
| 13:00 am Saturday | H17E, D17E |
| 12:30 am Saturday | For all teams |

Preliminary times, exact time will be announced by the speaker. Teams that start in the restart are placed after the other teams in the results.

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Start list	Start list will be published on Eventor and at the arena. Start number in D17E and H17E are seeded based on the results from 2016. Due to a mistake when the seeding was created all teams was not placed in the correct order in the start list. At the start line the first teams will be placed in correct ordering according the results from 2016, and not after the start number. Correct start position will be published at the start.
Team leader	All clubs that have runners in the forrest shall have at least one team leader at the arena.
Finish closes	Friday: 100 minutes after the restart. Saturday: 130 minutes after the last restarts.
Forking	There will be forking in all classes and legs except for Open relay, Inskolning, HD12, H/D13-16 leg 1, D/H120 leg 2, D/H150 leg 2, H180 leg 2, D17E leg 2 and H17E leg 3 and 4.
Public control	There is an public control at the arena for H17E and D17E. Stripe markings after the control shall be followed. Please be careful after the control as it is quite steep and uneven ground.
Online reporting	Online reporting at Stigtomtävlingen will consist of one TV control, radio controls and pre-warning controls. In order to follow the competition live go to www.okhallen.se .
Punching system	Sportident. Rented SI-cards is handed out in the team envelope. If a team loses a rented SI-card the team will be charged SEK 450. Each SI-card may only be used once during the relay competition. An SI-card that has been used in the relay can't be used in an open recreational course. At each control point there are at least 2 SI-punches. If you don't get a light or sound signal at the first, punch at the other.
Change over	Incoming runners must punch at the finish line, leave their map at a designated area and then collect the map for the outgoing runner. Outgoing runners should follow white stripes to the starting point.
Disqualified teams	Teams that are disqualified for some reason are allowed to continue in the competition. Teams in H/D17E that are in the lead or close to the lead will be stopped for approximately 15 minutes before change over to the next leg in order to not effect the final result of the competition.
Specific information	Teams in HD12 and H/D13-16 are allowed to have 1-2 extra runners on the first leg, all teams gets 3 maps at the start. Maps that are not used should be handed over to the functionaries on the way to the starting point. The first incoming runner who changes over to the next leg must have all punches approved otherwise the team will be disqualified. In H13-16 and D13-16 the team must on at least one leg contain runners from class H/D14. The open relay is open to runners of all ages, a runner may run more than one leg but an SI-card may only be used once during the competition. Runners from leg 1-3 in H17E may also participate in this class. Acting as shadow for children is allowed, but not by a runner who later will participate in H/D17E.
Refreshments	Sports drink and water are served at the TV-control that passes by H17E, D17E leg 1, 3 and H120 leg 1, 3
Control points	All control points are marked with a control and the control points that are used at night are also marked with a reflex.
Finish	On the last leg the finish punch will be done after the finish line. Finish line judges will decide the final result.
Open recreational-courses	Open recreational courses are available on Saturday; ÖM1, 3, 5-9 and Inskolning. Fee for youth (up to 16 years) is SEK 75, for adults SEK 130. Rent for SI-card SEK 35. Start 09.30 am to 12.00 am. It is allowed to act as shadow for children but not by a runner who later will participate in H/D17E. Runners who are not members of an orienteering club or foreign runners pay by cash at the entry.
Cloven	Report cloven observations (deer, moose) in the terrain to the information desk.
Showers	Shower outside with tempered water and heated tent for changing during the night.
Toilets	At the arena and at the change over area.
Distribution of maps	At the information desk 15 minutes after the last restart.
Price giving	Will take place once final results are available in each class and will be announced by

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ceremony	the speaker.
Competition rules	Besides this PM the competition rules that are issued by the Swedish orienteering federation apply.
Services	Canteen offering coffee, candy, sausages and hamburgers etc. is located at the arena. During the night a gulasch soup will be served and during the day "pyttipanna" (meat and potatoes).
Activities for children	Babysitting and an orienteering course for children will be available on Saturday.
Sports equipment	Letro Sport.
Health care	Available at the arena.
TBE-vaccination	During Saturday it will be possible to get a TBE-vaccination. You can pay by credit card. www.fasting.nu
Fotograph	The competition will be documented by photograph and filming and the photos and films can be used in commercial purpose for Stigtomtakavlen and O-ringen AB. Contact secretary general of O-ringen Kolmården 2019, Tomas Öberg (tomas.oberg@oringen.se) if you don't agree that pictures of you ore someone in your family are used in that purpose.
Main officials	Event director Camilla Larsson, +4673- 337 39 86 stigtomtakovlen@okhallen.se Assistant director Jonas Svernestam Competition controller Sune Lindell

Welcome!
OK Hällen