OK Hällen welcomes you to

Stigtomtakavlen

Dambroängen 14-15th April 2017



PM Stigtomtakavlen

Arena Arena Dambroängen, Ålberga. E4 from north, exit 128 and after that towards Ålberga. E4

from south, exit 127 and after that towards Stavsjö/Nyköping. Directions on road 800,

after that 4 km to Ålberga. GPS coordinates: 58.725970, 16.559708

Parking Only allowed in designated area, follow parking attendants instructions. Up to 1200 me-

ters from the arena. Fee SEK 20 per day. There is no room for caravans at the parking area. If you arrive by bus, please let us know by email: stigtomtakavlen@okhallen.se

Team envelope Handed out at the information desk. Team envelopes can be stored at the information

desk by the organizer over night between Friday and Saturday. No safety pins are pro-

vided by the organizer.

Map Dambroängen. Revised 2016 by Roy Fransson. Offset printed map in scale 1:10 000,

contour interval 3-5 meters. Digital printed map in scale 1:7 500 in H180 and for leg 2 in H150 and D150, scale 1:5000 in Inskolning. In open recreational courses class 5 and 7

you can choose to get a digital printed map in scale 1:7 500

Terrain description Continuous woodland, larger number of paths near the arena. Predominantly pine and

spruce forests of varying age with essentially good accessibility. Open, easily run pine forest mixed with denser spruce areas. The terrain is moderately hilly with a number of

detailed hills.

Passage over streamIn the western part of the competition area there are some passages over streams. It is

recommended to use these passages as the stream can be wide and difficult to pass at

other locations.

Unclear paths Unclear paths in the area used by the youth classes area are marked in the terrain with

white stripes.

Follow up map Black and white maps for follow up in class "inskolning" (beginners course) is available in

a box on the way to the start point.

Team composition The team composition should be handed in the latest at 19.00 hrs. on April 13th in Even-

tor. If no SI-card number is specified after that a rental SI-card will be allocated to the runner and the club will be charged SEK 35. Changes of team composition or SI-card numbers can be handed in at the arena by way of exception on the day of the competition, but no later than 60 minutes before the start. For H17E, the team composition for the whole relay must be handed in 60 minutes before the start on Friday April 14th. Changes

are made on a form that is included in the team envelope.

Number BibsBibs with advertisement for Sörmlandsbanken will be worn by all competitors. Please

observe labeling by leg. Last leg will have numbers in red color.

H17E	1-200	D17E	201-400
Inskolning	401-450	HD12	451-500
H13-16	501-550	D13-16	551-600
H120	601-650	D120	651-700
H150	701-750	D150	751-800
H180	801-850	Open relay	901-1000

Start time Friday 21:00 H17E

Saturday ca 09:50 H17E pursuit start

Saturday 10:00 D17E, H13-16, D150, H150 Saturday 10:10 D120, H120, HD12, Open relay

Saturday 10:20 D13-16, H180, INSK

Restart H17E Friday ca 23:59 am, or 60 min after the leading team runs out on leg 3.

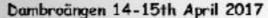
H17E Saturday Leg 4 ca 10:50 am for all teams that are more than 60 min after

13:00 am Saturday H17E, D17E 12:30 am Saturday For all teams

Preliminary times, exact time will be announced by the speaker. Teams that start in the restart are placed after the other teams in the results.

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Start list Start list will be published on Eventor and at the arena. Start number in D17E and H17E

are seeded based on the results from 2016. Due to a mistake when the seeding was created al teams was not placed in the correct order in the start list. At the start line the first teams will be placed in correct ordering according the results from 2016, and not af-

ter the start number. Correct start position will be published at the start.

Team leader All clubs that have runners in the forrest shall have at least one team leader at the arena.

Finish closes Friday: 100 minutes after the restart.

Saturday: 130 minutes after the last restarts.

Forking There will be forking in all classes and legs except for Open relay, Inskolning, HD12,

H/D13-16 leg 1, D/H120 leg 2, D/H150 leg 2, H180 leg 2, D17E leg 2 and H17E leg 3

and 4.

Public controlThere is an public control at the arena for H17E and D17E. Stripe markings after the con-

trol shall be followed. Please be careful after the control as it is quite step and uneven

ground.

Online reporting Online reporting at Stigtomtakavlen will consist of one TV control, radio controls and

pre-warning controls. In order to follow the competition live go to www.okhallen.se.

Punching system Sportident. Rented SI-cards is handed out in the team envelope. If a team loses a rented

SI-card the team will be charged SEK 450. Each SI-card may only be used once during the relay competition. An SI-card that has been used in the relay can't be used in an open recreational course. At each control point there are at least 2 SI-punches. If you don't get

a light or sound signal at the first, punch at the other.

Change over Incoming runners must punch at the finish line, leave their map at a designated area and

then collect the map for the outgoing runner. Outgoing runners should follow white stripes

to the starting point.

Disqualified teams Teams that are disqualified for some reason are allowed to continue in the competition.

Teams in H/D17E that are in the lead or close to the lead will be stopped for approximately 15 minutes before change over to the next leg in order to not effect the final result of

the competition.

Specific information Teams in HD12 and H/D13-16 are allowed to have 1-2 extra runners on the first leg, all

teams gets 3 maps at the start. Maps that are not used should be handed over to the functionaries on the way to the starting point. The first incoming runner who changes over to the next leg must have all punches approved otherwise the team will be disqualified. In H13-16 and D13-16 the team must on at least one leg contain runners from class H/D14.

The open relay is open to runners of all ages, a runner may run more than one leg but an SI-card may only be used once during the competition. Runners from leg 1-3 in H17E may also participate in this class.

Acting as shadow for children is allowed, but not by a runner who later will participate in

H/D17E.

Refreshments Sports drink and water are served at the TV-control that passes by H17E, D17E leg

1, 3 and H120 leg 1, 3

Control pointsAll control points are marked with a control and the control points that are used at

night are also marked with a reflex.

Finish On the last leg the finish punch will be done after the finish line. Finish line judges will

decide the final result.

Open recreational-

courses

Open recreational courses are available on Saturday; ÖM1, 3, 5-9 and Inskolning. Fee for youth (up to 16 years) is SEK 75, for adults SEK 130. Rent for SI-card SEK 35. Start

09.30 am to 12.00 am. It is allowed to act as shadow for children but not by a runner who later will participate in H/D17E. Runners who are not members of an orienteering

club or foreign runners pay by cash at the entry.

Cloven Report cloven observations (deer, moose) in the terrain to the information desk.

Showers Shower outside with tempered water and heated tent for changing during the night.

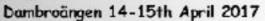
Toilets At the arena and at the change over area.

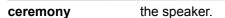
Distribution of maps At the information desk 15 minutes after the last restart.

Price giving Will take place once final results are available in each class and will be announced by

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Competition rules Besides this PM the competition rules that are issued by the Swedish orienteering

federation apply.

Services Canteen offering coffee, candy, sausages and hamburgers etc. is located at the arena.

During the night a gulasch soup will be served and during the day "pyttipanna" (meat and

potatoes).

Activities for children Babysitting and an orienteering course for children will be available on Saturday.

Sports equipment Letro Sport.

Health care Available at the arena.

TBE-vaccination During Saturday it will be possible to get a TBE-vaccination. You can pay by credit card.

www.fasting.nu

Fotograph The competition will be documented by photograph and filming and the photos and films

can be used in commercial purpose for Stigtomtakavlen and O-ringen AB. Contact secretary general of O-ringen Kolmården 2019, Tomas Öberg (tomas.oberg@oringen.se) if you don't agree that pictures of you ore someone in your family are used in that purpose.

Main officials Event director Camilla Larsson, +4673- 337 39 86 stigtomtakavlen@okhallen.se

Assistant director Jonas Svernestam Competition controller Sune Lindell

Welcome! OK Hällen