



## Bulletin 2

### Rehns BK & Segersta OK welcome you to Swedish League Stage 5, Sprint Distance IOF World Ranking Event Friday 12<sup>th</sup> May 2017

#### Classes

W21E M21E                      D20E H20E                      D18E H18E

Depending on the number of participants, the elite classes will be divided into Elite, Elite 2 and Elite 3 in accordance with regulations for World Ranking Events and Swedish League. The estimated winning time is 12-15 minutes.

**Bollnästräffen:** DH10 – DH16, inskolning, U1, ÖM3, ÖM5, ÖM7.

Look for more information about these classes in the Swedish bulletin (PM) or at the Arena.

#### Course lengths

Shortest runway in meters.

Class	length (m)	Class	length (m)	Class	length (m)	Class	length (m)
M21E	4245	H21E2	3800	D14	2210	INS	970
W21E	3950	H18-20E2	3720	H12	1500	ÖM3	2690
H20E	3970	D21-D18E2	3430	D12	1440	ÖM5	3840
H18E	3970	H16	2500	H10	970	ÖM7	3940
D20E	3650	D16	2510	D10	970		
D18E	3650	H14	2480	U1	1040		

#### Punching System

Sportident. SI-card 5, 6, 8, 9, 10, 11, Comcard, SIAC (not touch free) can be used. Notify SI-number when you register. SI-cards may be hired for 30 SEK/day. There will be a charge of 600 SEK for a lost SI-card.

The clear (töm) and check units are at the start. Controls consist of a wooden trestle with a traditional orange/white orienteering control marker and 2 sportident units with control code number. It is the runner's responsibility to ensure that the control unit gives a sound and light signal as a confirmation of punching.

#### **Entries**

Closing date for ordinary entries is Saturday 6 May at 23.59. Register via Swedish Eventor. <https://eventor.orienteering.org/Events/Show/5573>

Swedish clubs will be billed after the event. Foreign participants who do not represent a Swedish orienteering club must pay the entry fee in advance. Please transfer full payment to:

IBAN: **SE30 9500 0099 6018 0513 7559** BIC/SWFT: **NDEASESS**

**Postgiro:** 51 37 55-9. **PAYPAL:** [larsostorbyn@gmail.com](mailto:larsostorbyn@gmail.com)

Specify your name, club and event when you pay. Payee: Rehns BK

#### **Late Entries**

Last time for late entry is Monday 8 May at 23.59. Late entries will be charged an additional 50% of the normal entry fee.

#### **IOF Eventor & World Ranking**

An international ID is required in W21 Elite and M21 Elite. It can be obtained from IOF eventor. <https://eventor.orienteering.org/Register>

*Please note, WRE runners must register their IOF number in Swedish eventor for the result to be reported to IOF.*

#### **Cancellations**

Eventual cancellation of participation in Swedish League-classes, please notify Bengt Forslin Ph 070-5540359, E-mail: [bf\(at\)awapatent.com](mailto:bf(at)awapatent.com) as soon as possible.

#### **Reserve runners**

Lists of reserve runners will be published on Eventor and at the arena. Reserve runners will not be allocated in M21E and W21E. Allocation of places will be notified by 14.00 hrs on Friday at the administration desk. Competitors or team officials must attend in person to claim a place. Runners or leaders who are not present will not be allocated a place. Contact for reserve allocation is Bengt Forslin, Ph: +46 70-5540359.

#### **Arena**

Arena and arena plan, see separate document in Eventor. The arena opens at 13.00 hrs

#### **Assembly Area**

Höghammarhallen, Bollnäs. <http://kartor.eniro.se/m/kyYrw>

Signposted from road 50, Söderhamnsvägen. Follow the directions from the parking staff to avoid queues on the main road.

Competitors in Swedish League/WRE must go directly to the quarantine area and are not allowed to visit the arena before start. Please follow the signs.

#### **Traffic**

There will be traffic in the area during the competition, be careful and pay attention. You may also meet cyclists and pedestrians. Keep to the right when you meet others.

#### **Parking**

Follow the signs and instructions from the parking officials! The car parks are 500-1500m from the arena. Parking fee: 20 SEK. Parking is forbidden everywhere in the competition area except at the official car parks.

Parking for press and VIP at the arena (follow the signs).

Buses must be announced in advance to:

[tomas@wasaakarn.se](mailto:tomas@wasaakarn.se) no later than 5 May.

Caravans and campers cannot be accommodated at the competition site. We recommend camping at [www.bollegarden.se](http://www.bollegarden.se)

<b>Start</b>	All Swedish League classes (W21E, M21E, D20E, H20E, D18E, H18E): start inside the quarantine area (indoors at Höghammarhallen). Follow the tape to the start podium. The first start is at 15.00. All other classes including Elite 2: start at the Arena. The first start is at 18.00. Open courses: free start between 18.00-20.00.
<b>Max Running Time</b>	The maximum running time is one hour for all classes.
<b>Red Exit</b>	Competitors who do not complete their course must still go to the administration and check out.
<b>Map</b>	Rehn, scale 1:4000, 2.5 m contours. Drawn in 2016 and revised in 2017 by Walter Lagerhäll.
<b>Map Change</b>	The courses for all Swedish League classes are in two parts. The map is printed on both sides, just turn the map when you come to the end of the first part. At start, the map with the first part of the course is facing up towards the runner.
<b>Control Description</b>	Please note that the control descriptions are <b>not</b> printed on the map, they are <b>only</b> available at the start as separate control description sheets. Be careful to check the numbers of your controls when you punch.
<b>Terrain Description</b>	Slightly hilly urban environment with park areas and grooves. A variation of larger and smaller buildings. Asphalt 85%, grass, gravel and paths 15%.
<b>Out of Bounds</b>	Notice that it is strictly forbidden to run on private property. There is blue and yellow tape in places where the boundaries are hard to see. There are also some passages that are marked as forbidden areas on the map and with blue and yellow tape in the terrain. Officials are stationed in the competition area and anyone seen entering areas that are out-of-bounds may be disqualified.
<b>Embargoed Area</b>	The competition area is embargoed for all training and/or competition until this event is completed. See link <a href="http://kartor.eniro.se/m/kyYrw">http://kartor.eniro.se/m/kyYrw</a> It is allowed to visit the area until 10:00 Friday 12th May but not to test (run/walk) potential courses. After this time please follow the directions to the Assembly Area.
<b>Quarantine &amp; Bibs</b>	The quarantine opens at 13.00 and all competitors in classes W21E M21E D20E H20E D18E H18E must check in at the latest 15.00. Number bibs are handed out when you check in at the quarantine, see start list for your number. After entering the quarantine you are not allowed to leave the area. Please be on time to avoid queues. In the quarantine area there is a simpler serving, some sporting goods, toilets and access to water and sports drinks,  <i>Number bibs series::</i> M21E 1-100 Bollnäs Kommun W21E 101-200 Interlan H20E 201-300 Ullmax D20E 301-400 Bollnäs Trailrace H18E 401-500 Ullmax D18E 501-600 Bollnäs Trailrace

<b>GPS Tracking</b>	Vests for the GPS units will be handed out when you check in at the quarantine. Different sizes are available. The GPS unit will be given to the runner at the start, no later than 10 minutes before starting. The equipment has to be returned at the finish area.
<b>Clothing and Bags</b>	Swedish League participants leave their extra clothing/bags at an indicated place in the quarantine. Clothing will be transported to the showers. Make sure that all your things are marked with your name and club.
<b>Sport Sales</b>	Letro Sport, <a href="http://www.letro.se">www.letro.se</a> Pre-ordered things from Team Sportia Online-paket can be picked up at the Information.
<b>Refreshments</b>	There will be a cafeteria at the Arena with a selection of food: sandwiches, hamburgers, drinks, etc. Gluten and lactose free alternatives. Payment cash card or swish. Inside the quarantine there is a smaller cafeteria, payment in cash only.
<b>Showers</b>	Changing rooms and hot showers inside Höghammarhallen. Follow the signs; the ordinary entrance is only for the quarantine.
<b>Toilets</b>	Use the toilets and urinals that the organizers provide. It is strictly forbidden to urinate outdoors.
<b>First Aid</b>	Smaller injuries can be handled by medical staff at the Arena. Contact the hospital in Bollnäs if you need more advanced medical care.
<b>Childcare</b>	No childcare or string course is provided at the Sprint Distance (but will be available at the Saturday & Sunday's competitions)
<b>Results &amp; online</b>	The results will be posted at the Arena and on Eventor. The map and the courses will be posted on Livelox ( <a href="http://www.livelox.com">www.livelox.com</a> ) The competitions can be followed at <a href="https://live.orientering.se">https://live.orientering.se</a>
<b>Web-TV</b>	The competitions will be live broadcasted by MittMedia at <a href="http://www.helahalsingland.se">www.helahalsingland.se</a> starting 14.45 hrs (in Swedish only) Direct link: <a href="http://www.helahalsingland.se/sport/orientering/mittmedia-storsatsar-pa-orientering-folj-var-livesandning-fran-swedish-league-har">http://www.helahalsingland.se/sport/orientering/mittmedia-storsatsar-pa-orientering-folj-var-livesandning-fran-swedish-league-har</a>  Commentator: Michael Hallner Expert: Jerker Lysell, Rehns BK.
<b>Prizes &amp; ceremonies</b>	There will be prizes in the Swedish League classes and the youth- and U-classes. The number of prize winners in each class will be displayed on the results board. The speaker will announce the times for the ceremonies. Prizes that are not collected go to the organizers. The contests are opened by the Swedish Orienteering Association's chairman Mrs Lena Larsson at 14.00 hrs.
<b>Accommodation</b>	See separate document in Eventor. When booking refer to code <b>SL2017</b> . Please observe that competitors and leaders must leave the embargoed area before 10:00 on the competition day.
<b>Training Packages</b>	Suitable training packages for the Swedish League weekend 12-14 May are available from 1 April 2017. See separate document in Eventor.

**Competition Rules** SOFT's competition rules. No special demands on clothing except that shoes with metal studs are forbidden.

**Jury** The Jury will be appointed by SOFT.

**Organisation:**

Position	Name	Telephone	e-mail
Event Coordinator	Curt Landin, Rehns BK	+46 70 6918064	curre (at)curtlandin.com
Assisting Event Coordinator	Marie Fröjd, Rehns BK	+46 70 5155320	mariefroj61@gmail.com
Administration	Bengt Forslin, Rehns BK	+46 70 5540359	bf(at)awapatent.com
Course Setter	Stefan Persson, Rehns BK	+47 70 3426463	persson.stefan(at)soderhamn.com
Map Controller	Kalle Engblom, Hälsinglands OF	+46 70 1311235	Kalleskartservice(at)gmail.com
Course Controller	Leif Bylars, Forsa OK	+46 70 2111727	Leif.bylars(at)hudiksvall.se
Competition Controller	Jan-Erik Skyttner, Ljusdals OK	+46 72 7272161	Je.skyttner(at)gmail.com
Media Contact	Pär Olofsson, Rehns BK	+46 70 2023739	par.olofsson(at)gmail.com
IT Coach SOFT	Leif Gustafsson, Säterbygden	+46 70 6066605	leif.anki.gustafsson(at)home.se
Event Controller SL - SOFT	Tommy Eriksson	+46 70 5760267	tommy.eriksson(at)orientering.se
Event Advisor SOFT /IOF	Per Forsberg	+46 73 3206880	perforsberg.swede(at)gmail.com
Speaker	Per Forsberg	+46 73 3206880	perforsberg.swede(at)gmail.com

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