

## **PRELIMINARY** complementary PM for the chasing start in day 3

Chasing start means that the competitor with the best total time after stage and 2 will be the first to start in stage 3. The subsequent competitors will start thereafter at time intervals equal to the difference between their respective total time and the best total time. Competitors with more than 30 minutes difference to the best time, or with incomplete results from stage 1 and 2, will start with 60 seconds time interval.

### **Chasing start classes**

In stage 3 there will be chasing start in all classes except W/M 10-12, W/M 12K, W/M 14K (with raffled starting times all stages), Inskolning, U1, U2, and Open classes (ÖM1-9) (with optional starting times all stages).

Classes which don't have chasing start in stage 3 will have the same starting procedure as in stage 1-2.

### **Bibs**

Competitors in all chasing start classes with place number 1-9 wear bibs according to start list for stage 3. Self service of bibs at the Start.

### **Sticker with starttime**

All runners must wear their starting time clearly visible on the front side of the shirt. **All starting times will be printed on stickers** which can be collected through self service at the Start. The sticker should be attached on the frontside of the shirt or the bib.

### **Call and start**

About 5 minutes before your starting time you will be called to ticking off and checking of the dibber. Thereafter you continue forward in the start lane and take a loose control description for your class. When your starting time is shown on the display you can go, then take your map and continue to the start triangle.

***Make sure you have taken the right map!!***

### **NOTE!**

- First competitor over the finishing line is the winner.