



### **Arena**

By, Ambjörnarp, about 8 km south of Tranemo.

Road signs from road 27 at Tranemo between Borås and Gislaved.

### **Number bibs**

All runners wear number bibs. The number bib shall be pasted on the front of the competition shirt. It is very important to make sure that all runners have got correct bib. The bib has a code which is scanned and paired with the SI-card of the runner at check-in.

### **How to run in the arena**

Before the start of HD12 the procedure of the changeover will be shown in the arena. Young runners from the organizers do a "know-how-show".

### **Parallel legs**

Leg 3 in HD12 and D 18 and leg 5 in HD 18 can be run by 1-3 runners. Incoming runner picks up the three maps and hand over them to the outgoing runners. All outgoing runners run out together and the extra maps, if any, shall be given to the officials. The first runner on the parallel leg who comes to the changeover makes the handover of the map to the next leg. All runners are members of the team but the time is only counted for the first of the three runners on the parallel leg. The first runner must have correct punches otherwise the team is disqualified.

### **Finish**

The team has finished when the finish line is passed by the last leg runner. Make the finish punch in the order decided by the judges.

### **Restart**

There will be a restart app. 30 minutes after the winning team finish in each class.

### **Disqualified teams**

Disqualified teams will not be allowed to continue the competition but following runners can participate in the restart. Runner that does not complete his/her leg must return the map and punch out at the finish.

### **Maximum time**

2 hours after the restart in each class.





### **Prize giving ceremony**

Prizes will be given to each member in the first 10 teams in HD12 and the first 7 teams in HD18 and D18. The members in the winning teams will also receive a plaque. Prize giving ceremony will take place in the arena about one hour after the first finisher. Runners going to the prize giving ceremony shall be at the podium at least 5 minutes before the ceremony starts. More information is given by the speaker.

### **Forest friends**

During the HD12 relay there are organisers in the forest to help runners who have problems.

### **Spectators**

Spectators and competitors may stay only in allowed areas. It is not allowed for the spectators to go out in competition area, including the last control and starting point. It is not allowed to go into the competition area before the competition. Respect all signs and use roads and paths recommended by the organizers to and from the camping and parking areas. Violation of these rules will result in disqualification.

### **Rules**

The rules of Swedish Orienteering Federation apply.

### **Toilets**

At the arena.

### **Shower**

Shower with tempered water close to the arena.

### **Health care**

At the arena.

### **Maps**

Maps are handed out Saturday morning at the competition office. Show your map ticket provided in the team envelope. Clubs only participating in HD12 can get their maps after the competition on Friday. Respect fair play and do not show the maps to runners in other classes. Rented SI-cards must be returned when maps are handed out. Lost SI-card cost 400 kr.





# UNGDOMSSTAFETT NATIONELLA TÄVLINGAR

www.u10mila.se

## PM ENGLISH



### Food and sport shop

Pre-ordered meals are served in the food tent. More information about the menu is available at [u10mila.se](http://u10mila.se) and in the food tent. A small number of food tickets are for sale during competition. Hamburgers, pizza, sandwiches and much more can be bought in the shop during the whole weekend.

SM Sport has a sport shop open during the weekend.

### Lost and found

Found items can be handed to the competition office. Lost items can be asked for at [info@u10mila.se](mailto:info@u10mila.se)

### Tävlingsledning

Competition manager:	Lars-Åke Larsson	OK Tranan	076-823 12 87
Assistant comp manager:	Karl-Johan Ohlin	OK Tranan	076-643 05 31
Course setter:	Thomas Andersson	OK Tranan	070-554 20 19
Course setter:	Kenneth Johansson	OK Tranan	070-667 17 68
Competition control:	Kjell Johansson	Skene SoIS	070-564 75 43
Course control:	Bo Herdersson	OK Mark	070-658 72 51
Media contact:	Henrik Erickson	Ulricehamns OK	076-133 03 07
Camping contact:	Lars Arneborg	Ulricehamns OK	076- 495 76 96

Hemsida [www.u10mila.se](http://www.u10mila.se)

E-post [info@u10mila.se](mailto:info@u10mila.se)

Adress U10mila 2017, c/o Nilsson, Björkvägen 19, 514 32 Tranemo

## Good luck in the forest!



Arrangörer 2017:



OK Tranan



Ulricehamns OK

