

2017-09-03 Grums, DM lång, Värmland

D21, 6 940 m: 1) Linnea Martinsson, OK Tyr, 1.14.42, 2) Linn Nilsson, OK Tyr, +3.09, 3) Linda Take, OK Tyr, +3.28, 4) Jenny Nyberg, Skattkärrs SOK, +57.26.
H21, 9 990 m: 1) Jan Olm, Kils OK, 1.22.01, 2) Johan Söderlund, OK Tyr, +5.29, 3) Per Fredberg, Kristinehamns OK, +16.17, 4) Marcus Beckius, OK Tyr, +22.18, 5) David Henriksson, Kristinehamns OK, +42.15.
D20, 6 930 m: 1) Frida Johansson, OK Djerf, 1.38.00, 2) Ida Hedin, OK Tyr, +37.31.
H18, 7 480 m: 1) Oskar Nyman, OK Tyr, 1.03.22, 2) Olof Skoglund, Kils OK, +6.02, 3) Lukas Olm, Kils OK, +11.24, 4) Jonathan Uller, Kils OK, +12.27, 5) Samuel Axelson, OK Tyr, +25.11.
D16, 4 540 m: 1) Elin Lindblad, OK Djerf, 49.40, 2) Amanda Jansson, OK Djerf, +2.00, 3) Nicolina Moberg, OK Tyr, +2.51, 4) Klara Johansson, Västvärmlands OK, +4.35, 5) Kristina Klingnéus, IK Vikings OK, +12.45, 6) Tove Ordqvist, Kils OK, +15.46, 7) Rebecca Take, OK Tyr, +33.22, 8) Elsa Albinsson, OK Tyr, +33.34.
H16, 5 720 m: 1) Rasmus Pettersson, OK Djerf, 56.21, 2) Mattias Hane, OK Tyr, +7.22.
D14, 3 600 m: 1) Cornelia Kindlund, OK Tyr, 49.42, 2) Linn Andersson, OK Tyr, +4.33, 3) Ellen Pelander, OK Djerf, +13.07, 4) Lisa Olm, Kils OK, +18.33, 5) Amanda Alfredsson, OK Tyr, +24.08.
H14, 3 830 m: 1) Anton Uller, Kils OK, 39.47, 2) Fredrik Hane, OK Tyr, +1.44, 3) Hjalmar Berg, OK Fryksdalen, +3.38, 4) Carl Ljungberg, Degerfors OK, +23.03, 5) Tobias Gustafsson, Kils OK, +1.12.27.
D12, 2 530 m: 1) Julia Forsgren, OK Tyr, 21.57, 2) Emma Alfredsson, OK Tyr, +2.50, 3) Emelie Forslund, Kristinehamns OK, +6.16, 4) Lina Uller, Kils OK, +9.13, 5) Felicia Rööhs, Skattkärrs SOK, +10.59, 6) Milla Forkéus, OK Tyr, +19.14, 7) Linnea Björklund, OK Tyr, +22.29, 8) Maja Josefsson, Västvärmlands OK, +25.30.
H12, 2 790 m: 1) Anton Jonsson, OK Tyr, 18.52, 2) Arvid Eriksson, OK Tyr, +3.35, 3) Hugo Ekström, OK Tyr, +6.52, 4) Fredrik Westlund, Kils OK, +7.48, 5) Linus Nilsson, OK Tyr, +8.01, 6) Arvid Johansson, OK Djerf, +12.33, 7) Hjalmar Wilhelmsson, Filipstads OK, +13.18, 8) Albert Brohede, OK Tyr, +17.22, 9) Alfred Nyberg, Skattkärrs SOK, +19.16, 10) Hugo Bergenfur, IK Vikings OK, +22.23, 11) Danilo Moberg, OK Tyr, +27.17, 12) Gustav Jörg, OK Tyr, +30.45, 13) Viktor Bengtsson, OK Tyr, +54.48.
D10, 1 900 m: 1) Izabella Ljungberg, OK Tyr, 16.53, 2) Mira Karlström, OK Tyr, +1.46, 3) Nova Gynnemo, Lustens OK, +2.11, 4) Tuva Henricsson, OK Tyr, +2.43, 5) Wilma Jonsson, OK Tyr, +4.16, 6) Ella Nyberg, Skattkärrs SOK, +6.02, 7) Edith Bergenfur, Skattkärrs SOK, +7.21, 8) Irma Eriksson, OK Tyr, +8.05, 9) Ida Häggqvist, Kils OK, +11.12, 10) Tilda Kindlund, OK Tyr, +15.07.
H10, 1 970 m: 1) Malte Granefelt, OK Tyr, 13.32, 2) Edvard Pelander, OK Djerf, +0.05, 3) Elias Josefsson, Västvärmlands OK, +0.53, 4) Matteo Moberg, OK Tyr, +3.29, 5) Ivar Wikström, OK Tyr, +3.37, 6) Linus Bodin-Lilliegren, OK Djerf, +4.35, 7) Axel Lindblad, OK Djerf, +6.04, 8) Henry Nordström, Kils OK, +7.01, 9) William Lundqvist, OK Tyr, +13.47, 10) Malte Blomgren, Västvärmlands OK, +16.51, 11) Gilbert Karlström, OK Tyr, +19.43.
D35, 5 820 m: 1) Jenny Gullqvist, Västvärmlands OK, 1.08.50, 2) Lisa Höök, OK Tyr, +7.48, 3) Angelica Wikström, OK Tyr, +13.10, 4) Lina Rööhs, Skattkärrs SOK, +13.53.
D40, 5 150 m: 1) Johanna Kindlund, OK Tyr, 49.58, 2) Malin Jonsson, OK Tyr, +5.27, 3) Jenny Nilsson, OK Tyr, +8.42, 4) Ann Hyvönen, Skattkärrs SOK, +24.23.
H40, 7 610 m: 1) Martin Ljungberg, OK Tyr, 1.08.56, 2) Jörgen Granefelt, Kils OK, +3.27, 3) Urban Ljungberg, Degerfors OK, +6.11, 4) Daniel Brohede, OK Tyr, +6.36, 5) Andreas Blomgren, OK Hierne, +8.34, 6) Sören Kindlund, OK Tyr, +21.55, 7) Magnus Jonsson, Västvärmlands OK, +30.49, 8) Erik Wikström, OK Tyr, +35.17, 9) Jerker Andersson, OK Tyr, +59.22.
D45, 5 120 m: 1) Anna-Karin Mattsson, Skattkärrs SOK, 55.26, 2) Anna Isaksson Forsgren, OK Tyr, +1.06, 3) Eva Albinsson, OK Tyr, +2.50, 4) Anna Uller, Kils OK, +16.27, 5) Anna Nordström, Kils OK, +19.18, 6) Viktoria Lindberg, OK Djerf, +22.43, 7) Anna Hane, OK Tyr, +29.05, 8) Anna-Märta Johansson, Västvärmlands OK, +43.57.
H45, 7 180 m: 1) Magnus Nordström, Kils OK, 1.02.00, 2) Jonas Bergenfur, Skattkärrs SOK, +6.41, 3) Andreas Moberg, OK Tyr, +12.44, 4) Mats Bergenfur, IK Vikings OK, +16.48, 5) Henrik Lindblad, OK Djerf, +20.40, 6) Mathias Björklund, OK Tyr, +23.39, 7) Robert Berg, OK Fryksdalen, +25.55, 8) Jonas Samuelsson, Lustens OK, +35.46, 9) Matthias Kalle Dalheimer, IK Vikings OK, +1.17.08.
D50, 4 780 m: 1) Marie Alfredsson, OK Tyr, 1.10.02, 2) Eva Kappel, OK Tyr, +39.24, 3) Inger Haag Olsson, OK Fryksdalen, +45.55.
H50, 6 430 m: 1) Magnus Albinsson, OK Tyr, 57.19, 2) Pär Nyman, OK Tyr, +2.39, 3) Anders Jonsson, IK Vikings OK, +6.15, 4) Håkan Blomkvist, Skattkärrs SOK, +8.39, 5) Mats Wilhelmsson, Filipstads OK, +15.02, 6) Håkan Lindberg, OK Djerf, +20.27, 7) Björn Svensson, OK Djerf, +26.15, 8) Erik Simes, OK Tyr, +28.04.

D55, 4 320 m: 1) Anna Weckner Westlund, OK Tyr, 1.04.12, 2) Christina Gabrielsson, Västvärmlands OK, +0.55, 3) Tone Hollowell, OK Tyr, +3.05, 4) Karin Moodh, OK Tyr, +13.46, 5) Carina Johansson, Skattkärrs SOK, +35.50.

H55, 5 970 m: 1) Rolf Wikström, OK Tyr, 1.03.14, 2) Leif Helgman, OK Tyr, +1.30, 3) Bengt Johansson, OK Tyr, +2.09, 4) Niclas Moberg, OK Tyr, +7.36, 5) Per Högvist, OK Tyr, +17.50, 6) Bertil Johansson, Kristinehamns OK, +19.44, 7) Henrik Gynnemo, Lustens OK, +19.50, 8) Jens Beiron, Skattkärrs SOK, +27.09, 9) Leif Sandahl, OK Tyr, +29.30, 10) Björn Engström, Lustens OK, +35.12, 11) Lars Andersson, OK Tyr, +36.35, 12) Colin Mc Intyre, OK Tyr, +50.25.

D60, 3 760 m: 1) Elisabeth Öström, OK Tyr, 1.00.25, 2) Mary Olsson, Västvärmlands OK, +3.34, 3) Lisa Annersand, OK Tyr, +5.38.

H60, 5 180 m: 1) Sixten Westlund, OK Tyr, 56.05, 2) Paavo Ylikiiskilä, OK Fryksdalen, +12.48, 3) Åke Kappel, OK Tyr, +13.17, 4) Kurt Nilsson, OK Hierne, +13.38, 5) Stefan Gunnarsson, Kristinehamns OK, +20.22, 6) Leif Skogsberg, OK Fryksdalen, +22.28.

D65, 3 620 m: 1) Eva Trangius, OK Tyr, 1.43.06, 1) Marit Nilsson, Kils OK, 1.43.06, 3) Gunnel Gillenäs, Kristinehamns OK, +9.52.

H65, 4 540 m: 1) Göran Eriksson, Lustens OK, 1.00.15, 2) Ingemar Ziljat, OK Djerf, +2.54, 3) Lars Olsson, Västvärmlands OK, +11.10, 4) Christer Nälemark, OK Djerf, +11.13, 5) Christer Gillenäs, Kristinehamns OK, +39.03.

D70, 3 210 m: 1) Viveca Jernstedt, Kristinehamns OK, 1.22.05, 2) Karin Creutzer Blomgren, OK Tyr, +2.56, 3) Mariann Nilsson, Lustens OK, +5.31.

H70, 4 300 m: 1) Jan Fogelberg, Västvärmlands OK, 56.47, 2) Kjell Eriksson, OK Djerf, +8.55, 3) Börje Råberg, OK Tyr, +11.30, 4) Sven-Arne Nilsson, Västvärmlands OK, +17.44, 5) Hans Lidén, OK Tyr, +59.06.

H75, 3 530 m: 1) Bo Gunnarsson, OK Fryksdalen, 56.32, 2) Karl-Erik Persson, IK Vikings OK, +37.03.

H80, 3 240 m: 1) Gunnar Johansson, Filipstads OK, 1.03.49, 2) Nils Jansson, Skattkärrs SOK, +9.39, 3) Arvo Hyvönen, Skattkärrs SOK, +18.40, 4) Gunnar Nyman, OK Djerf, +25.50, 5) John Larsson, Västvärmlands OK, +54.57.

Inskolning, 1 850 m: Emil Bengtsson, OK Tyr, fullföljt; Nils Eklind, OK Tyr, fullföljt; Robin Gullqvist, Västvärmlands OK, fullföljt; Molly Lundqvist, OK Tyr, fullföljt.

U1, 1 980 m: 1) Emma Saleskog, OK Tyr, 20.57, 2) Olle Granefelt, OK Tyr, +2.39, 3) Joel Wilhelmsson, Filipstads OK, +2.44, 4) Lilly Bergenfur, Skattkärrs SOK, +9.24, 5) Alva Rööhs, Skattkärrs SOK, +10.44, 6) Elna Gustafsson, Kils OK, +17.41, 7) Klas Eriksson, Lustens OK, +18.08.

U2, 2 340 m: 1) Albin Gärdestam, OK Älgen, 31.22, 2) Jonatan Emmesjö, OK Älgen, +1.56, 3) Christoffer Emmesjö, OK Älgen, +6.10, 4) Ellen Kringstad, Säffle OK, +8.00, 5) Alrik Wikström, OK Tyr, +8.20, 6) Malin Nilsson, OK Tyr, +8.28, 7) Albin Ransjö, OK Tyr, +14.18, 8) Birger Karlström, OK Tyr, +25.13.

Öppen motion 1, 2 570 m: 1) Elisabet Lundqvist, OK Tyr, 38.46.

Öppen motion 3, 3 460 m: 1) Elin Häggqvist, Kils OK, 55.49, 2) Josefin Magnusson, Lustens OK, +7.03, 3) Julia Persson, Västvärmlands OK, +26.30, 4) Annica Lindgren Persson, Västvärmlands OK, +26.34, 5) Charlotta Edquist Moberg, OK Tyr, +32.13, 6) Jadwiga Bubholz, OK Tyr, +48.49, 7) Monika Karlsson Bubholz, OK Tyr, +48.56.

Öppen motion 5, 3 710 m: 1) Cilje Kringstad, Säffle OK, 53.22, 2) Tobias Lundqvist, OK Tyr, +1.34, 3) Maria Eriksson, OK Tyr, +18.07, 4) Frida Eriksson, Lustens OK, +19.47, 5) Magnus Eklind, OK Tyr, +28.47, 6) Rebecka Nylén, Degerfors OK, +50.08, 7) Karin Börjars, Kils OK, +54.06, 8) Alf Börjars, Kils OK, +54.25.

Öppen motion 7, 3 770 m: 1) Lars Nordström, Kils OK, 45.27, 2) Johan Henricsson, OK Tyr, +5.28, 3) Thomas Hollowell, OK Tyr, +10.58, 4) Anders Pelander, OK Djerf, +17.34, 5) Torbjörn Magnusson, Lustens OK, +25.26, 6) Lotte Johansson, Skattkärrs SOK, +32.56, 7) Anders Olsson, OK Tyr, +34.23, 8) Lennart Mattsson, Lustens OK, +35.02, 9) Göran Karlström, OK Tyr, +45.43, 10) Leif Salin, OK Tyr, +45.47, 11) Carola Karlsson, OK Tyr, +47.35, 12) Lars Mellqvist, OK Hierne, +49.32, 13) Ann-Sofie Hultsved, OK Tyr, +52.53, 14) Stig Vahlberg, Kristinehamns OK, +54.20, 15) Tanja Dalheimer, IK Vikings OK, +1.06.10.

Öppen motion 8, 5 290 m: 1) Henric Brohede, OK Tyr, 49.02, 2) Mikael Take, OK Tyr, +21.59, 4) Mathias Axelsson Löfvenholm, OK Hierne, +29.14, 5) Sverre Wikström, OK Tyr, +33.43, 7) Richard Take, OK Tyr, +44.07.

Öppen motion 9, 8 110 m: 1) Jonas Uller, Ej klubbansluten, 1.29.21, 2) Fredrik Karlsson, Västvärmlands OK, +31.12.