



Örebro City Sprint

Sunday 24 June 2018



Picture © World of O / <http://runners.worldofdo.com/juliandent.html>

Once again welcome to the 5th edition of Örebro City Sprint, which also is a World Ranking Event (WRE) with international elite classes for the top runners.

For this year's event, we have moved to the southern parts of Örebro and a new Sprint map that will offer exciting courses in both small parks and labyrinth-like residential areas.

The competition includes both an Individual Sprint Orienteering followed by a Mix Sprint Relay with four participants according to the IOF standard used at WOC

Do come and enjoy an exciting and challenging event with a new map, well-organised arena and high-quality venue services including online controls and professional race commentator!

All participants at Örebro City Sprint will have a discount on the entrance fee to Europe's most modern adventure swimming pools at **Gustavsvik Resorts**, featuring wild rapids, ruins, jungles, thrilling water slides and much more.



Discounted entrance fee is 120 SEK (ordinary price is SEK 210 per person).

Welcome to Örebro City Sprint on Midsummer's Sunday!



Event Centre

The competition arena is located in the southern part of Örebro at Navet's school in the residential area Ladugårdsängen.

[\[Map link to the Arena\]](#)



Terrain

Traditional sprint terrain with classic urban areas and parkland. You will meet different types of challenges in the form of exciting courtyards that allow interesting choices that require fast decisions at high speed.

Map

Drawn 2017 by Mats Carlsvärd, Almby IK, according to the international specification for Sprint orienteering maps ISSOM 2007, Swedish version 2010.

Equidistance: 2 metres.

Map scale: 1:4000.

The same scale and size of symbols are used for all classes.



Punching system

SPORTident. All types of SI cards are permitted: SI Card 5, 6, 8, 9, 10 and 11. Registered runners without a SI-card may hire one for 30 SEK. Hired sticks that are lost are charged at 400 SEK.



Competition rules & Clothing

IOF Competition Rules for WRE classes **M21 Elite** and **W21 Elite**.

The Swedish Orienteering Federation competition rules and instructions for Sprint races for all other classes.

No restrictions on competition clothing. Spike shoes are not permitted, stud shoes are allowed.

All runners participate at their own risk

Bulletin-2

Bulletin-2 will be published Saturday 16 June at 18:00; that is, the day after registration closes.

Showers/toilets

Indoor facilities at the arena.

Food service

Well-stocked food sales will be provided at the arena with coffee, sandwiches, sweets, drinks, hot-dogs and burgers.



Transportation (airport)

Örebro Airport offers regular flights to and from Copenhagen (Kastrup Airport) and Malmö (Sturup Airport). Flight times and prices may be found at www.orebroairport.se

Örebro Airport 

First aid

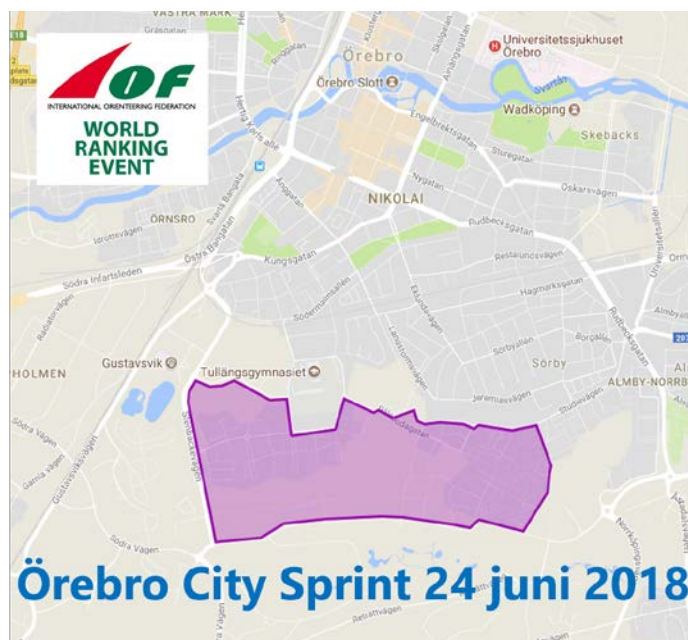
Available at the Event Centre.

Embargoed area

The competition area is "Embargoed" from training and competition from 18 Mars 2018 until 24 June 2018.

Training with a map or any route choice testing is not allowed any time before the race day. The embargo also extends to anyone who through their knowledge of the terrain or the event could influence the result of the competition.

Passage through the area on public roads is allowed and participants are allowed to be in the area without any orienteering map.



[\[Web link to Embargoed area\]](#)

Individual Sprint Race

Classes

Klass	Klass	Klass
W21E WRE-status	M21E WRE-status	
D21	H21	
D17-20	H17-20	U2
D16	H16	Ö1
D14	H14	Ö5
D12	H12	Ö7
D10	H10	
D35	H35	
D40	H40	
D45	H45	
D50	H50	
D55	H55	
D60	H60	
D65	H65	
D70	H70	
D75	H75	
D80	H80	

Registration

Registration for all classes should be completed on the Eventor website by **Friday 15 June at 23:59**. Pre-registration can be made for all Open Classes



NB! An IOF ID is required to register for the elite classes. An IOF ID may be obtained by registering on the IOF Eventor website:

<https://eventor.orienteering.org/Register>

Registration fees

Elite classes W21E and M21E: 270 SEK (WRE status)

Adults: 130 SEK. Juniors up to age 16: 75 SEK. Swedish clubs will be invoiced

Runners from outside of Sweden pay preferably via bank transfer in advance or on the day of the race (cash or credit card)

Organizer bank details: (BIC Code): NDEASESS, (IBAN): SE57 9500 0099 6026 0659 7827; (BIC Code): NDEASESS, (IBAN): SE57 9500 0099 6026 0659 7827

Late registration

Late registrations are accepted via the Eventor website until **Thursday 21 June at 23:59**. The fee is increased by 50% for late registrations.

**Vacancy for
youth classes**

Five vacancy slots will be allocated to each class up to H/D16. Vacancies are allocated on the day of the race up until one hour before the starting time for a particular class.

Open classes

It is possible to register for the Open classes on the day of the event, so-called 'Direct Registrations'.

Start


The preliminary time for the first start is scheduled to 11:00. Runners who have a late registration will start first in each class.
Participants in Open classes may start at any time between 10:45-12:00.
Distance to start: max 1000 metres.

**Starting lists/
Results**

By registering for the race you consent to online publication of your participation and results. Results and split times are published on the Eventor and WinSplits Online websites straight after the event. Footage and material from the event will also be available on LiveloX.

Mixed Sprint Relay (afternoon)

Participate in the Mixed Sprint Relay (WOC-format), which was originally launched at the World Cup in Italy in 2014. This relay sprint consists of four courses and four runners (two women and two men). The Mixed Sprint Relay starts after the individual Sprint Race and has an estimated time per leg of 10-12 minutes.

Classes and course lengths	Class	Description	Age	Other information
	Elite	The class follows the World Cup standard; that is, 2+2 participants: female-male-male-female.	Open to all	Only runners from the same club may compete in any one team.
	Junior	The class follows the World Cup standard in terms of course length: short-long-long-short. <i>The team should consist of participants of both genders, but there may be a majority of female/male members in the team.</i>	Up to 16 years of age	Combination teams are allowed; that is, teams with runners from different clubs.
	Open	Any combination of runners in terms of age and gender.	Open to all	Combination teams are allowed.
	Veteran	Any combination of runners in terms of age and gender.	Open to WM35 upwards	Combination teams are allowed.
Registration	Registration for all classes should be completed on the Eventor website by Friday 15 June at 23:59 .			
Start	The preliminary starting time for the relay is 13:00 (straight after the individual Sprint Race has been completed).			
Registration fees	Elite and adult: 130 SEK per runner Juniors: 75 SEK per runner			
Late registration	Late registrations are accepted via the Eventor website until Thursday 21 June at 23:59 . The fee is increased by 50% for late registrations.			
Starting lists/ Results	By registering for the race you consent to online publication of your participation and results. Results and split times are published on the Eventor, WinSplits and LiveloX websites.			

Additional information

Huvud-funktionärer



Event Organiser	Mats Carlsvärd	+46 (70) 966 32 58	mats.carlsvard@gmail.com
Assisting Event Organiser	Björn Alpberg	+46 (70) 268 80 80	bjorn.alpberg@gmail.com
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Course and Event Advisor:	Torun Pahlm	+46 (70) 293 62 14	torun.pahlm@telia.com

IOF Event Advisor	Bo Månsson	+46 (70) 539 28 88	bo.mansson@seaside.se
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Accommodation

For cabins and camping facilities in Örebro, we recommend Gustavsvik Resorts:
<http://gustavsvik.se/in-english/>

Book yourself by calling +46 19-196 950 or email camping@gustavsvik.se and quote booking code "CITYSPRINT".



LOST CITY
ÄVENTYRET BÖRJAR HÄR!

Gustavsvik
www.gustavsvik.se

Web link: www.gustavsvik.se

Accommodation (hotel)

Elite hotels can offer two hotels in central Örebro and participants in the competition are offered special rates for accommodation.

Elite Stora Hotellet.

To use the discounted price, call Elite Hotell on +46 19-15 69 90 or email reservations.orebro@elite.se and quote booking code 'CITYSPRINT'.

City Hotel Örebro.

To use the discounted price, call City Hotell on +46 19-601 42 00 or email info@cityhotellorebro.se and quote booking code 'CITYSPRINT'.



ELITE STORA HOTELET
ÖREBRO

Web links:

www.elite.se/sv/hotell/orebro och
www.cityhotellorebro.se

Online- radio

Last Mile Communication (LMC) is the official sponsor of radio equipment for online controls.



<http://www.lastmile.se/>
E-post: tomas@lastmile.se



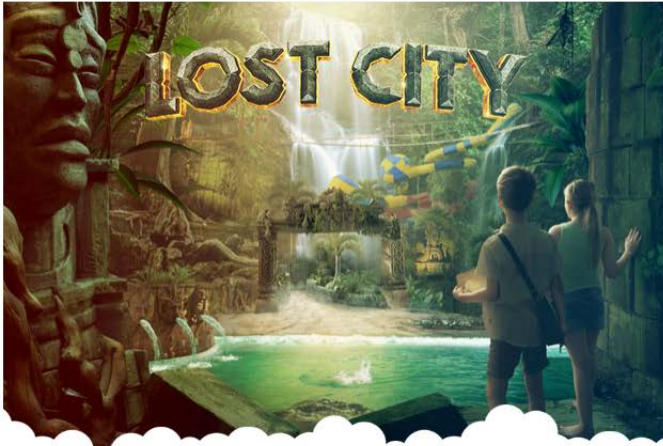
Fiber Technology & Cabling

TD Fiberoptik provides tactical fiber cabling at our events and the company offers self-produced and brand-leading fiber optic products, primarily to telecom operators and industry in the Nordic market. TD Fiberoptik has its head office in Örebro and is approximately 80 employees and has approximately revenue of SEK 200 million. (www.td.se)



THE ADVENTURE STARTS HERE

Adventure is close. It's there waiting for you somewhere in the dense jungle, among the waterfalls, waves and rushing rapids. Explore the mysterious ruins and take a plunge down Sweden's longest and most exhilarating water slides – Jungle Escape, Treasure Hunter and River Run.



LOST CITY

Chart your course to the Lost City, where you will find endless adventure among the water, wild rapids, ruins, jungle, and thrilling water slides. But, the Lost City offers much more. You can also swim among the waves in our wave pool or challenge your friends on our climbing wall.



RELAX

Take a moment to relax in our jacuzzis or grab a meal, some fruit or a cup of coffee in our new restaurant. There's also a brand new playground, fun mini-slides and lovely warm pools for the little ones. The Lost City is the perfect destination for big and small – the entire family.



FIVE-STAR ACCOMMODATIONS

– an oasis near the city

Gustavsviks camping has been named one of Europe's best campgrounds. We have 675 lovely and large camping pitches, most equipped with electricity and cable TV connections. You can also connect to free Wi-Fi throughout the campground.

In our newly renovated shopping centre, you will find a fully licensed restaurant with outdoor dining, a pizzeria, fast food, a grocery store, a souvenir shop, arcade games, an ice cream parlour, a kiosk and more. Alongside the shopping centre you will find one of the largest playgrounds in all of Sweden. The camping area houses three exclusive service buildings with access to shower and toilet facilities and child hygiene room. There are also areas and equipment for cooking and washing up, laundry facilities with washing machines and dryers as well as children's playrooms and a TV room.

HOLIDAY VILLAGE

Enjoy a comfortable stay in one of our first-class cottages. Our cottages maintain a high hotel-like standard and are available in a number of different sizes. You can rent a cottage for a few nights or enjoy a longer stay (does not apply to the hotel package). The cottages are also available to rent in the winter for a weekend or full-week stay. As an added bonus, entrance to both our summer and fitness pools is free of charge during your stay in one of our cottages.

CONTACT

Call us at [+46 \(0\)19-19 69 00](tel:+46(0)19-196900) or contact us by email at:

Pool reception desk – bad@gustavsvik.se

Camping & holiday village – camping@gustavsvik.se

Relaxation centre – relaxen@gustavsvik.se

Fitness centre – fitnesscenter@gustavsvik.se

Conference – relaxen@gustavsvik.se

ADDRESS

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