



Invitation to OK Ravinen's Trekvällars

Monday 2nd, Tuesday 3rd and Wednesday 4th July 2018

Location: The Competition Arena is beside OK Ravinen's club hut at Hellasgården.

Registration: Via <https://eventor.orientering.se>. Standard entry rate to Monday 25th June, or late entry rate to Thursday 28th June.

Transport: Simplest way to the Arena is via Bus 401 from Slussen. (See www.sl.se). Departures every 10 minutes. Car parking is available but is likely to run out – pay at the machines or via App.

Classes: MW10-MW90, MW12 Short - MW17-20 Short, Kids Beginners, Kids 1 - 4 & Open EOD 1 – Open EOD 10. Courses planned according to SOFT colour scheme for courses. Open Direct 10 is somewhat longer than the rules but is technically easier with a course length of about 8km and is yellow technical difficulty.

Start Fees: Ordinary competition fee for adults is 330 sek total for all 3 days. For Juniors the fee is 180 sek.

Direct Entry Courses (EOD)/Open: Direct entry to 'Motion' classes can be done at the arena 17.00-19.00 and starts from 17.30–19.30. Punching Starts will be used. Direct entry on the day (EOD) fee is 115 sek per day for adults and 70 sek for Juniors.

Stages/Start: The competition comprises 3 stages where the accumulative time from all 3 days gives the total result. Stages 1 & 3 are Long Distances, Stage 2 is a Middle Distance. Free minute start interval starts in all classes between 17.30 and 19.30. The finish will close at 20.45.

Punching/SI: The competition will use Sportident. If a competitor doesn't register a SI-stick number when registering, they will be given a hire SI-stick. Any change of SI number will incur a 25 sek admin fee. Fee for hire of an SI-stick is 30 sek/day. Unreturned SI-sticks will be billed at 600 sek per stick.

Map: Extract from Nacka Reserve-Erstavik. Scale 1:7 500 for MW60 and older. Scale 1:10 000 for the rest. Contour Interval 5m. Control codes printed on the maps by the control numbers.

Refreshments: Catering providing drinks, sweets, cakes and more substantial offerings.

Changing/shower: Shower and changing by Ravinen's clubhut.

Planners: Assar Hellström, Ruslan Glebov, Albin Andersson, Hannes Svahn, Axel Granqvist and Moa Westblad

Controller: Ruslan Glebov

Race Director: Viktor Wohlgemuth +4673 399 5074

