# Resultat – Kalmarsundscupen 180613

2018-06-13

| **H21-45** | | **(5 / 5)** | **Tid** | **Efter** |
|---|---|---|---|---|
| 1. | Våge Rindstig | SOK Viljan | 43:24 | |
| | *2:10 (2:10)* | *7:57 (10:07)* | *3:36 (13:43)* | *4:00 (17:43)* | *1:48 (19:31)* | *2:39 (22:10)* |
| | *3:26 (25:36)* | *6:18 (31:54)* | *3:45 (35:39)* | *3:20 (38:59)* | *2:35 (41:34)* | *1:18 (42:52)* |
| | *0:32 (43:24)* | | | | | |
| 2. | Sebastian Giese | Örkelljunga FK | 53:39 | +10:15 |
| | *2:18 (2:18)* | *9:04 (11:22)* | *5:06 (16:28)* | *5:23 (21:51)* | *3:18 (25:09)* | *3:19 (28:28)* |
| | *5:36 (34:04)* | *6:53 (40:57)* | *4:18 (45:15)* | *3:35 (48:50)* | *2:39 (51:29)* | *1:43 (53:12)* |
| | *0:27 (53:39)* | | | | | |
| 3. | Magnus Tyrberg | SOK Viljan | 55:31 | +12:07 |
| | *2:25 (2:25)* | *10:47 (13:12)* | *4:31 (17:43)* | *4:51 (22:34)* | *2:44 (25:18)* | *3:07 (28:25)* |
| | *4:48 (33:13)* | *7:23 (40:36)* | *4:50 (45:26)* | *4:50 (50:16)* | *3:00 (53:16)* | *1:38 (54:54)* |
| | *0:37 (55:31)* | | | | | |
| 4. | Jonathan Westlund | Torsås OK | 58:52 | +15:28 |
| | *2:29 (2:29)* | *10:15 (12:44)* | *4:34 (17:18)* | *6:32 (23:50)* | *3:48 (27:38)* | *4:07 (31:45)* |
| | *4:37 (36:22)* | *7:42 (44:04)* | *4:47 (48:51)* | *4:49 (53:40)* | *3:09 (56:49)* | *1:29 (58:18)* |
| | *0:34 (58:52)* | | | | | |
| | Stefan Kollberg | Eksjö SOK | Ej start | | | |

| **H14** | | **(2 / 2)** | **Tid** | **Efter** |
|---|---|---|---|---|
| 1. | Edvin Sandqvist | SOK Viljan | 39:46 | |
| | *3:04 (3:04)* | *3:34 (6:38)* | *9:19 (15:57)* | *4:24 (20:21)* | *5:04 (25:25)* | *2:34 (27:59)* |
| | *5:41 (33:40)* | *3:44 (37:24)* | *1:39 (39:03)* | *0:43 (39:46)* | | |
| 2. | Adam Biskop | Ålems OK | 39:49 | +0:03 |
| | *3:17 (3:17)* | *2:51 (6:08)* | *9:03 (15:11)* | *3:21 (18:32)* | *4:05 (22:37)* | *5:11 (27:48)* |
| | *5:41 (33:29)* | *3:55 (37:24)* | *1:43 (39:07)* | *0:42 (39:49)* | | |

| **H16-20** | | **(5 / 5)** | **Tid** | **Efter** |
|---|---|---|---|---|
| 1. | Johan Hansson | SOK Viljan | 45:53 | |
| | *2:35 (2:35)* | *8:28 (11:03)* | *4:57 (16:00)* | *2:00 (18:00)* | *3:42 (21:42)* | *3:01 (24:43)* |
| | *3:40 (28:23)* | *8:47 (37:10)* | *4:48 (41:58)* | *0:25 (42:23)* | *1:31 (43:54)* | *1:26 (45:20)* |
| | *0:33 (45:53)* | | | | | |
| 2. | Olle Erlandsson | SOK Viljan | 49:43 | +3:50 |
| | *2:57 (2:57)* | *10:22 (13:19)* | *5:17 (18:36)* | *2:28 (21:04)* | *3:40 (24:44)* | *2:28 (27:12)* |
| | *4:01 (31:13)* | *9:46 (40:59)* | *4:41 (45:40)* | *0:27 (46:07)* | *1:28 (47:35)* | *1:32 (49:07)* |
| | *0:36 (49:43)* | | | | | |
| 3. | Viktor Lundqvist | Nybro OK | 55:21 | +9:28 |
| | *3:19 (3:19)* | *9:49 (13:08)* | *6:29 (19:37)* | *3:18 (22:55)* | *9:04 (31:59)* | *3:01 (35:00)* |
| | *4:35 (39:35)* | *4:39 (44:14)* | *5:21 (49:35)* | *0:44 (50:19)* | *2:11 (52:30)* | *2:13 (54:43)* |
| | *0:38 (55:21)* | | | | | |
| 4. | Emil Kreutner | SOK Viljan | 1:14:03 | +28:10 |
| | *3:07 (3:07)* | *13:40 (16:47)* | *7:25 (24:12)* | *3:16 (27:28)* | *13:23 (40:51)* | *3:30 (44:21)* |
| | *5:39 (50:00)* | *11:09 (1:01:09)* | *7:34 (1:08:43)* | *0:46 (1:09:29)* | *2:03 (1:11:32)* | *1:50 (1:13:22)* |
| | *0:41 (1:14:03)* | | | | | |
| | Simon Gustavsson | Ålems OK | Utg. | | | |

| **H50-** | | **(11 / 11)** | **Tid** | **Efter** |
|---|---|---|---|---|
| 1. | Leif Carlsson | SOK Viljan | 40:24 | |
| | *2:36 (2:36)* | *8:49 (11:25)* | *4:50 (16:15)* | *1:39 (17:54)* | *3:19 (21:13)* | *2:26 (23:39)* |
| | *3:44 (27:23)* | *4:33 (31:56)* | *4:39 (36:35)* | *0:27 (37:02)* | *1:21 (38:23)* | *1:28 (39:51)* |
| | *0:33 (40:24)* | | | | | |
| 2. | Peter Lind | SOK Viljan | 41:00 | +0:36 |
| | *2:21 (2:21)* | *9:32 (11:53)* | *4:40 (16:33)* | *1:39 (18:12)* | *2:55 (21:07)* | *2:16 (23:23)* |
| | *3:24 (26:47)* | *5:38 (32:25)* | *4:30 (36:55)* | *0:30 (37:25)* | *1:28 (38:53)* | *1:28 (40:21)* |
| | *0:39 (41:00)* | | | | | |
| 3. | Stefan Olsson | Ålems OK | 41:24 | +1:00 |
| | *2:26 (2:26)* | *9:35 (12:01)* | *4:37 (16:38)* | *2:14 (18:52)* | *4:22 (23:14)* | *2:27 (25:41)* |
| | *3:12 (28:53)* | *4:06 (32:59)* | *4:34 (37:33)* | *0:31 (38:04)* | *1:22 (39:26)* | *1:23 (40:49)* |
| | *0:35 (41:24)* | | | | | |
| 4. | Stefan Jonsson | Nybro OK | 42:07 | +1:43 |
| | *2:26 (2:26)* | *8:32 (10:58)* | *4:46 (15:44)* | *2:24 (18:08)* | *5:08 (23:16)* | *2:24 (25:40)* |
| | *3:07 (28:47)* | *4:28 (33:15)* | *4:23 (37:38)* | *0:35 (38:13)* | *1:43 (39:56)* | *1:32 (41:28)* |
| | *0:39 (42:07)* | | | | | |
| 5. | Lars Kreutner | SOK Viljan | 49:28 | +9:04 |
| | *3:13 (3:13)* | *9:45 (12:58)* | *5:12 (18:10)* | *2:28 (20:38)* | *3:58 (24:36)* | *3:21 (27:57)* |
| | *3:55 (31:52)* | *7:27 (39:19)* | *4:40 (43:59)* | *1:05 (45:04)* | *1:56 (47:00)* | *1:36 (48:36)* |
| | *0:52 (49:28)* | | | | | |
| 6. | Sonny Myrefelt | Kalmar OK | 53:18 | +12:54 |
| | *2:33 (2:33)* | *10:05 (12:38)* | *5:03 (17:41)* | *1:51 (19:32)* | *4:07 (23:39)* | *3:01 (26:40)* |
| | *9:03 (35:43)* | *7:20 (43:03)* | *5:44 (48:47)* | *0:39 (49:26)* | *1:34 (51:00)* | *1:40 (52:40)* |
| | *0:38 (53:18)* | | | | | |
| 7. | Johan Biskop | Ålems OK | 1:02:15 | +21:51 |
| | *3:38 (3:38)* | *13:17 (16:55)* | *7:04 (23:59)* | *3:12 (27:11)* | *5:13 (32:24)* | *3:29 (35:53)* |
| | *6:02 (41:55)* | *7:13 (49:08)* | *6:44 (55:52)* | *1:07 (56:59)* | *2:12 (59:11)* | *2:13 (1:01:24)* |
| | *0:51 (1:02:15)* | | | | | |
| 8. | Jens Westlund | Torsås OK | 1:04:44 | +24:20 |
| | *2:39 (2:39)* | *10:54 (13:33)* | *6:28 (20:01)* | *4:09 (24:10)* | *10:30 (34:40)* | *2:54 (37:34)* |
| | *3:53 (41:27)* | *9:40 (51:07)* | *5:11 (56:18)* | *0:55 (57:13)* | *5:13 (1:02:26)* | *1:46 (1:04:12)* |
| | *0:32 (1:04:44)* | | | | | |
| 9. | Kristian Norrby | Ålems OK | 1:05:55 | +25:31 |
| | *2:38 (2:38)* | *8:57 (11:35)* | *16:41 (28:16)* | *2:07 (30:23)* | *8:13 (38:36)* | *3:40 (42:16)* |
| | *3:49 (46:05)* | *5:27 (51:32)* | *6:45 (58:17)* | *1:28 (59:45)* | *3:47 (1:03:32)* | *1:39 (1:05:11)* |
| | *0:44 (1:05:55)* | | | | | |
| 10. | Peter Joelsson | Ålems OK | 1:23:46 | +43:22 |
| | *3:51 (3:51)* | *10:51 (14:42)* | *6:57 (21:39)* | *8:39 (30:18)* | *17:37 (47:55)* | *2:39 (50:34)* |
| | *4:34 (55:08)* | *10:42 (1:05:50)* | *5:51 (1:11:41)* | *3:06 (1:14:47)* | *5:33 (1:20:20)* | *2:42 (1:23:02)* |
| | *0:44 (1:23:46)* | | | | | |

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | Lars-Olof Lundqvist | | Nybro OK | | Utg. | | | |
| **D21-45** | | | **(4 / 4)** | | **Tid** | **Efter** | | |
| 1. | Maria Rindstig | | SOK Viljan | | 41:26 | | | |
| | *2:41 (2:41)* | *9:58 (12:39)* | | *4:50 (17:29)* | *1:50 (19:19)* | *3:09 (22:28)* | *2:20 (24:48)* | |
| | *3:19 (28:07)* | *4:39 (32:46)* | | *4:31 (37:17)* | *0:27 (37:44)* | *1:36 (39:20)* | *1:28 (40:48)* | |
| | *0:38 (41:26)* | | | | | | | |
| 2. | Jessica Sandqvist | | SOK Viljan | | 57:55 | +16:29 | | |
| | *3:23 (3:23)* | *12:05 (15:28)* | | *5:53 (21:21)* | *3:46 (25:07)* | *4:47 (29:54)* | *2:44 (32:38)* | |
| | *5:37 (38:15)* | *5:52 (44:07)* | | *6:52 (50:59)* | *0:36 (51:35)* | *3:24 (54:59)* | *2:08 (57:07)* | |
| | *0:48 (57:55)* | | | | | | | |
| 3. | Åsa Blomkvist | | Björkfors GOIF | | 1:01:28 | +20:02 | | |
| | *2:52 (2:52)* | *9:39 (12:31)* | | *5:32 (18:03)* | *6:50 (24:53)* | *5:54 (30:47)* | *2:55 (33:42)* | |
| | *3:46 (37:28)* | *14:08 (51:36)* | | *4:47 (56:23)* | *0:54 (57:17)* | *1:52 (59:09)* | *1:41 (1:00:50)* | |
| | *0:38 (1:01:28)* | | | | | | | |
| 4. | Madelene Oscarsson Erlandsson | | SOK Viljan | | 1:01:53 | +20:27 | | |
| | *3:14 (3:14)* | *13:35 (16:49)* | | *7:57 (24:46)* | *3:52 (28:38)* | *4:58 (33:36)* | *3:12 (36:48)* | |
| | *5:16 (42:04)* | *7:05 (49:09)* | | *5:55 (55:04)* | *1:09 (56:13)* | *2:30 (58:43)* | *2:30 (1:01:13)* | |
| | *0:40 (1:01:53)* | | | | | | | |
| **D14** | | | **(2 / 2)** | | **Tid** | **Efter** | | |
| 1. | Emma Rindstig | | SOK Viljan | | 32:16 | | | |
| | *3:05 (3:05)* | *3:05 (6:10)* | | *7:58 (14:08)* | *3:39 (17:47)* | *3:26 (21:13)* | *2:00 (23:13)* | |
| | *4:06 (27:19)* | *2:39 (29:58)* | | *1:41 (31:39)* | *0:37 (32:16)* | | | |
| 2. | Klara Hultberg | | SOK Viljan | | 43:28 | +11:12 | | |
| | *3:45 (3:45)* | *4:08 (7:53)* | | *11:20 (19:13)* | *3:48 (23:01)* | *4:10 (27:11)* | *3:12 (30:23)* | |
| | *6:24 (36:47)* | *4:11 (40:58)* | | *1:48 (42:46)* | *0:42 (43:28)* | | | |
| **D16-20** | | | **(1 / 1)** | | **Tid** | **Efter** | | |
| 1. | Stina Lind | | SOK Viljan | | 58:04 | | | |
| | *4:38 (4:38)* | *11:54 (16:32)* | | *7:54 (24:26)* | *2:43 (27:09)* | *5:00 (32:09)* | *2:40 (34:49)* | |
| | *4:47 (39:36)* | *7:45 (47:21)* | | *5:22 (52:43)* | *0:43 (53:26)* | *2:03 (55:29)* | *1:57 (57:26)* | |
| | *0:38 (58:04)* | | | | | | | |
| **ÖM5 (Nybörjare)** | | | **(10 / 10)** | | **Tid** | **Efter** | | |
| 1. | Emil Wahlström | | SOK Viljan | | 26:50 | | | |
| | *3:55 (3:55)* | *3:22 (7:17)* | | *6:44 (14:01)* | *2:55 (16:56)* | *1:18 (18:14)* | *1:45 (19:59)* | |
| | *2:18 (22:17)* | *3:52 (26:09)* | | *0:41 (26:50)* | | | | |
| 2. | Anna Gustavsson | | Kalmar OK | | 27:27 | +0:37 | | |
| | *3:39 (3:39)* | *3:33 (7:12)* | | *6:47 (13:59)* | *4:53 (18:52)* | *1:22 (20:14)* | *1:42 (21:56)* | |
| | *2:20 (24:16)* | *2:26 (26:42)* | | *0:45 (27:27)* | | | | |
| 3. | Ulf Lundberg | | Kalmar OK | | 27:32 | +0:42 | | |
| | *3:38 (3:38)* | *3:38 (7:16)* | | *6:43 (13:59)* | *4:57 (18:56)* | *1:18 (20:14)* | *1:42 (21:56)* | |
| | *2:22 (24:18)* | *2:23 (26:41)* | | *0:51 (27:32)* | | | | |
| 4. | Mia Wahlström | | SOK Viljan | | 30:32 | +3:42 | | |
| | *4:09 (4:09)* | *3:12 (7:21)* | | *8:38 (15:59)* | *3:59 (19:58)* | *1:34 (21:32)* | *1:44 (23:16)* | |
| | *3:27 (26:43)* | *2:57 (29:40)* | | *0:52 (30:32)* | | | | |
| 5. | Tina Eveborn | | SOK Viljan | | 32:48 | +5:58 | | |
| | *3:41 (3:41)* | *4:03 (7:44)* | | *7:05 (14:49)* | *9:08 (23:57)* | *1:09 (25:06)* | *1:40 (26:46)* | |
| | *3:09 (29:55)* | *2:13 (32:08)* | | *0:40 (32:48)* | | | | |
| 6. | Jan Johansson | | SOK Viljan | | 34:48 | +7:58 | | |
| | *3:42 (3:42)* | *3:21 (7:03)* | | *8:24 (15:27)* | *4:30 (19:57)* | *1:28 (21:25)* | *8:16 (29:41)* | |
| | *2:12 (31:53)* | *2:11 (34:04)* | | *0:44 (34:48)* | | | | |
| 7. | Filip Hultberg | | SOK Viljan | | 41:46 | +14:56 | | |
| | *5:21 (5:21)* | *5:41 (11:02)* | | *14:07 (25:09)* | *3:57 (29:06)* | *1:29 (30:35)* | *3:21 (33:56)* | |
| | *2:50 (36:46)* | *4:11 (40:57)* | | *0:49 (41:46)* | | | | |
| 8. | Ester Sandqvist | | SOK Viljan | | 48:44 | +21:54 | | |
| | *4:50 (4:50)* | *4:47 (9:37)* | | *14:21 (23:58)* | *5:55 (29:53)* | *1:39 (31:32)* | *5:11 (36:43)* | |
| | *6:52 (43:35)* | *4:15 (47:50)* | | *0:54 (48:44)* | | | | |
| 9. | Amalia Erlandsson | | SOK Viljan | | 48:51 | +22:01 | | |
| | *4:49 (4:49)* | *4:46 (9:35)* | | *14:15 (23:50)* | *6:00 (29:50)* | *1:42 (31:32)* | *5:10 (36:42)* | |
| | *6:52 (43:34)* | *4:24 (47:58)* | | *0:53 (48:51)* | | | | |
| 10. | Wille Wahlström | | SOK Viljan | | 52:03 | +25:13 | | |
| | *6:32 (6:32)* | *5:53 (12:25)* | | *12:13 (24:38)* | *9:00 (33:38)* | *2:05 (35:43)* | *3:58 (39:41)* | |
| | *6:54 (46:35)* | *4:09 (50:44)* | | *1:19 (52:03)* | | | | |