

PM - ESKILSTUNA WEEKEND 6-8 juli 2018

The event is a straight three-day competition with combined total time giving the final result.
Chasing start on day 3 for classes HD21, HD20 and HD18

First regular start

Stage 1: 6 p.m.

Stage 2 and 3: 11 a.m.

Location/Arena

The arena for all 3 days is at Sångarsvedet, 7 km south of Ärla.

Signposted from road 55 between Strängnäs and Malmköping. Continue 6km towards Ärla.

The arena is also signposted from the centre of Ärla. 6 km towards Högsten.

Parking

Due to the drought we have been unable to use the parking facilities we wanted.

Due to very limited space, it will not be possible to park campervan close to the arena.

We offer campervan travelers transport from the campsite at Åsborgen IP.

Report the need for transport to the camping manager

Tommy Ljungkvist 070-557 07 66

tommyljungkvist@telia.com

Parking is on grass verges and gravel roads.

Distance from parking to arena: 400-2000 m.

Parking fee with parking pass: 60 SEK for the three days. Passes can be purchased at the event centre or at the car parking on day 1.

Cost of parking without parking pass: 30 SEK/day.

Please try to share transport or cycle to the arena wherever possible.

Clothing

Full leg cover is required. Short-sleeved tops are permitted.

Punching system

SportIdent is used for all classes.

If you do not have your own SI pin, these may be rented at a cost of 90 SEK for all three days. If you have not given a number when registering, you will be allocated a rental pin.

For open classes the cost is 30 SEK/day.

SI types 5-11 can be used.

Rented SI pins should be returned at the finish.

Lost SI pins will be charged at a cost of 600 SEK.

Distance to start, all classes:

Day 1: 500 m gravel track.

Day 2 and 3: 700 m gravel track and 300 m through open forest. Marked with orange-white tape.

Drinks

Available at the finish on each day.

On Day 2 & 3 water will be available at the start.

Competitors in HD18-21 and courses longer than 6 km will have access to water at locations indicated on the map or the control-definitions.

Shower

In the arena.

Bathing is also available close-by to the arena.

Toilets

Available in the arena.

On day 2 and 3 toilets will be available 400 m before the start.

Starting times

Inskolning and U-classes and all open classes have free start times (start punching).

All other competitors have a 3 min call-up before their start time for checking the SI pin and taking the control definitions.

Zeroing of the SI pin occurs on the way to start.

Classes up to and including HD16 get the map one minute before the start time. The race starts on the start signal.

Other classes may only take the map at the start signal. The race starts on the start signal.

For stage 3, there is a chasing start for classes HD21, H20 and HD18 based on the total time for stages 1 and 2. Competitors with a difference to the leader of more than 30 minutes will be started at 30 second intervals.

Startlist chasing start

Available in EVENTOR and posted at the arena before the start of the race on day 3.

Start times for classes with chasing start

H18 11:00, D18 11:00, H20 11:15, D21 11:25 and H21 11:35

Number bibs

Runners in classes HD21, HD20 and HD18 should wear the same number for stages 1 and 2.

Self-service at the start on day 1.

New numbers will be issued for stage 3 for the positions 1-15.

Self-services at the start on day 3.

Position 16 and up keep the same number from stages 1 and 2.

Definitions

Loose definitions.

Terrain

For all three stages, forest with small areas of cultivated land. Moderate path and track network and a number of smaller marshes. Moderately hilly terrain. Detailed and partially broken terrain. Good runnability. The vegetation mainly consists of coniferous trees of varying age.

Stone-bound terrain occurs, mainly near the start.

On the easier courses, some paths have been cleared, taped and marked.

Map samples etc. will be made available on "EVENTOR"

There are some areas where thinning has been carried out. There are also some clearing tracks that are not shown on the map.

Competition Map

Scale 1:10 000 for all classes up to HD55. HD60 and older + Ö7 have scale 1:7 500.

For classes Ö5-Ö8 both 1:7 500 and 1:10 000 maps will be available.

Contour interval: 2,5 m

Day 1: revised 2017-2018.

Day 2 & 3: newly produced in 2018

Drawn according to new standards ISSOM 2017

Mappers: Roy Fransson and Zdenek Rajnosek, Ärla IF

Digitally Printed using certified print (Nyby-Tryck)

There are some forbidden areas, some are marked in the woods with tape and some without.

This is marked on the map.

An emergency number is printed on the map for use in case of accident.

Open classes and Inskolning.

Day 1: 6 open classes, Inskolning, U1 and U2.

Day 2 & 3: 7 open classes, Inskolning, U1 and U2.

Details of course distances are given in a separate document. This will be available on Eventor and in the arena.

Entries open one hour before the first start.

Stage 1: 5.50 - 7.30 p.m.

Stage 2 and 3: 10.50 - 12.30 a.m.

Fees for Open classes:

Adults 130 SEK, 16 years and younger 75 SEK.

Maps for "shadowers" are available for Inskolning and U-classes on all 3 days.

SI pins may be rented for a fee of 30 SEK.

All rented SI pins must be returned after finishing on stage 3. Lost SI pins will be charged at a cost of 600 SEK.

Finish

Finish punching takes place on the finish line.

However, on day 3, finish punching for classes HD21, HD20 and HD18 takes place after the finish line.

Map Collection

Maps will not be collected after the finish line. We expect all competitors who have passed the finish to exhibit good sportsmanship and not show their course for competitors who have yet to start.

Maximum time

2.5 hours for all stages.

Broken competition

Competitors who fail to complete the course must pass the finish to be registered as having broken the race.

Results

Results from the various stages and the final results will be posted on Eventor

Result lists

The results lists for Stages 1 and 2, the combined total for 1+2 and the final results will be posted in the arena.

Child-minding services

Organised at all stages.

On Friday from 5:00 p.m.

On Saturday and Sunday from 10.00 a.m.

Fee 20 SEK.

Children's course

Organised at all stages with Sportident (bring your own SI pin if you have one).

Stage 1: start between 5.30 - 7.30 p.m.

Stage 2 and 3: start between 10.00 - 12.00 a.m.

Fee 20 SEK.

Prize ceremony

Stage 1. Class winners receive a prize at the arena.

Saturday 7th July at 10.00 a.m.

Stage sponsor COOP ÄRLA

Stage 2. Classes receive a prize at the arena.

Sunday 8th July at 10.00 a.m.

Stage sponsor LETRO SPORT

Stage 3. Prizes for total results as each class finishes. The number of prizes in each class will be listed on the results board.

All runners in Inskolning and U classes will receive a prize after finishing each stage.

Prizes for open classes are determined daily and will be listed on the results board.

Food Stall

In addition to the usual food stall with hamburgers and sausages, we also sell salads.

**Sports equipment**

Letro Sport will be selling orienteering and other sports clothing and equipment.

Opening ceremony

The official opening of Eskilstuna Weekend 2018 will take place in the arena on Friday 6 July at 05.20 p.m.

Arne Jonsson, Municipality of Eskilstuna

Competition Rules

SOFT's competition rules apply

Camping

The campsite is located at Åsborgen Idrottsplats at the southern end of Ärla. Signposting from the centre of Ärla.

The campsite will be open from 1.00 p.m. Friday 6th July until 6.00 p.m. Sunday 8th July.

Tent: 240 SEK, Caravan / Camper van: 300 SEK.

Accommodation on hard surfaces (floorspace) at a cost of 150 SEK / person is available at Åsborgen Idrottsplats (Ärla IF's club facilities).

Registration is made via "EVENTOR

The camping fee is paid directly on site.

Contact person: Ärla IF - Tommy Ljungkvist 070-557 07 66 tommyljungkvist@telia.com

Service / Information

Johnny Fransson 070-347 46 28

Information regarding the competition stages is available at the event secretariat.

Competition Management

Competition Organiser	Thomas Knutsson	Ärla IF	070-625 38 76
Assistant Competition Organsier	Tomas Ljungkvist	Ärla IF	070-225 37 06
Course Planners	Rudolf Zernis Henrik Johnsson Lisa Andersson	Ärla IF Ärla IF Ärla IF	076-836 41 76
Event Controller	Barry Widelund	IK Standard	070-744 55 09
Course Controller	Viktor Larsson	Hagaby Golf	



IK STANDARD ÄRLA IF

