



**On behalf of the Swedish Orienteering Federation,  
Kristinehamn's Orienteering Club invites to Swedish  
Championships in PreO and in Tempo Saturday September 29,  
2018**

The competition day begins with the PreO competition at 9:30 AM, followed by the Tempo competition in the afternoon. The same venue for both competitions, Kristinehamn OK's club house "Hultet".

*We recommend combining these competitions with OK Tyr's PreO competition on Sunday 30 September. This competition will take place in Skoghall, approximately 50 km from Kristinehamn.*

**Competition details PreO:**

**Competition Classes:** Pre-Elit  
Pre-A  
Pre-B  
Pre-C

**Open courses:** Open A  
Open B  
Open C

**Course length:** Approx. 1000 m

**Competition rules:** Swedish Orienteering Federation's rules for TrailO

**Start:** First start at 9:30 AM. *N.B – changed from original invitation due to many entries.* Distance to start approximately 1000 m

**Map:** Scale 1: 4000, Contour interval 5 m. Mapped according to ISOM 2000.

**Terrain:** Normal Scandinavian terrain, mostly pine and spruce forest with moderate hills, varying degree of details and visibility. The course follows well prepared tracks of very good quality but some slopes may occur, both upwards and downwards.

## **Competition details TempO:**

<b>Competition Classes:</b>	Pre-Elit ("zero" controls may occur) Pre-A (without "zero" controls) Pre-B (without "zero" controls)
<b>Open courses:</b>	Open A (without "zero" controls) Open B (without "zero" controls)
<b>Course length:</b>	Approx. 1000 m
<b>Start:</b>	<i>N.B. Changed time</i> - First start preliminary at 13:00 for the B-class directly followed by the A-class. The Elite class is planned to start approx. 14:30 Same starting order as on PreO in each class. Distance to start approximately 500 m.
<b>Map:</b>	Scale 1: 4000, contour interval 5 m, mapped according to ISOM 2000.
<b>Terrain:</b>	Normal Scandinavian terrain, mostly pine and spruce forest with moderate hills, varying degree of details and visibility. The course follows prepared trails of good to very good quality but some slopes may occur, both upwards and downwards.

## **For both competitions:**

<b>Registration fee:</b>	Elite class 180: -, A, B and C-class 130: - for adults, 75: - for youth up to 16 years. NB! The fees are per competition. The fee will be invoiced after the competition except for non-Swedish competitors who pay in cash at the Event centre. Exceptionally, entries can also be made by e-mail to <a href="mailto:stenlosa@hotmail.com">stenlosa@hotmail.com</a>
<b>Registration:</b>	For competition classes no later than Sunday 2018-09-23 via Eventor. Separate entry must be made for each competition, one for PreO and one for TempO.  Entry for Open courses can only be made on the competition day  The needs of assistants / pushers and childcare must be announced via Eventor at the same time as the registration is made
<b>Late registration:</b>	Up to Thursday 2018-09-27 at 18:00 at 50% increased fee.
<b>Venue:</b>	Kristinehamn's OK: s clubhouse Hultet. Route guidance from Main road 26 and E18 at Kvarnmotet Interchange.
<b>Service:</b>	Café with coffee, tea and light lunch food. Toilets, also handicap toilet. Access to shower and dressing rooms.

- Prices:** To the best in each competition class, medals to the three best Swedes in the Elite classes. Award ceremony for both competitions takes place after the Tempo competition.
- Competition director:** Roger Andersson +46 550 21 36 06 / +46 730 96 40 74
- Course setter:** Jens Andersson +46 70 686 65 50 [jens.r.andersson@hotmail.com](mailto:jens.r.andersson@hotmail.com)
- Course controller /  
Competition Controller:** Jonny Jonsson +46 70 685 22 20
- Questions:** Siv Andersson +46 550 21 36 06 / +46 70 243 23 49  
[stenlosa@hotmail.com](mailto:stenlosa@hotmail.com)
- Overnight tips:** Hultet's parking lot with access to toilet and shower, but no access to electricity SEK 100 / night for campers and caravans.
- Camping Cabins and Camping [www.herrgardsliv.se](http://www.herrgardsliv.se)  
10% discount
- Campers [www.kristinehamnsgasthamn.se](http://www.kristinehamnsgasthamn.se)
- Hostel [www.krongarden.com](http://www.krongarden.com)
- Hotel [www.cityhotelkristinehamn.se](http://www.cityhotelkristinehamn.se)  
10% discount
- Hotel [www.kristinehamn.harrys.se](http://www.kristinehamn.harrys.se)  
15% discount

*To enjoy discounts, please state participation in the PreO competition.*

**WELCOME**

**Kristinehamn's Orienteering Club**