

World Cup/Swedish Cup and Swedish championship

in Biathlon Orienteering

september 29 2018

Arena: Saturday at Vikstaberget's shooting range, 6 km NW about Sörforsa.,



Map: Vikstaberget, scale 1:10 000, classes M/W 12-55, scale 1:7 500, classes M/W 60-65 Contour intervals 5m. Adjusted 2017, partially adjusted 2018.

Terrain: Weak to moderately hilly. The vegetation consists mostly of coniferous forests of varying age with predominantly good visibility and good accessibility, but there are a number of denser areas, there are a few paths and roads and some old areas of wooded forests.

Compined classes: M65-M60 to M60, M50-M55 to M50, W40 to W35 and W55 to W50.

No entries in W12, 14, M16, W18, 60, 65.

SM: It will be SM status even if there are three startups.

Course lengths:

Class	Length (km)	Class	Length (km)
M 12	1,2	W 12	1,2
M 14	2,2	W 14	2,2
M 16	4,1	W 16	2,9
M 18	5,7	W 18	4,0
M 20	6,1	W 20	4,2
M 21	7,3	W 21	5,0
M 21 short	5,3	W 21 short	3,2
M 35	5,7	W 35	4,2
M 40	5,3	W 40	4,0
M 45	5,2	W 45	4,0
M 50	4,5	W 50	3,4
M 55	4,5	W 55	3,4
M 60	3,4	W 60	3,3
M 65	3,2	W 65	3,3
Open difficult	5,6	Open easy	2,2

Punching system: Sportident.

Start bibs: For all participants, self-service at start .

Weapon: .22 long. Shooting against self-marking targets.

Adjustment shooting and competition:

Adjustment shooting at paper panels.

Time schedule:

Adjustment shooting 9:00-10:30

Competition start 11:00

Sequence Location orienteering - Orienteering - Prone shooting 10 shots - Running loop -

Standing shooting 10 shots – Finish, (see detailed overview)

M/W 16 only prone shooting 5 + 5 shots, M/W 14 only prone shooting 5 + 5 shots with support.

Competition instructions and start lists: Will be published at the arena and at

www.forsaok.se

Map change: M21 has a map change at check 13 (turns on the map).

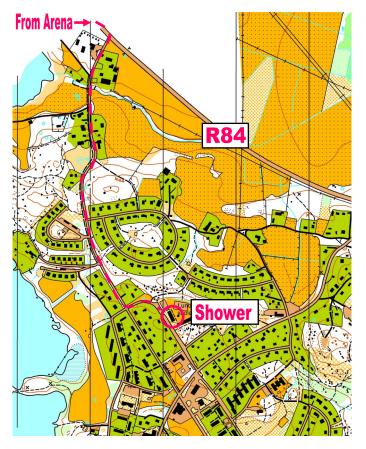
The paths: Are type butterfly (loops), except MW 12-W16.

Start: 120 m from Arena

Medical: Available at Arena.

Toilets: At Arena.

Shower: At the gym in Sörforsa, 6 km SO from Arenan. Map.



Canteen: Drinks, sandwiches etc. available at Arena. Pay cash in SEK or by Swish Award ceremony: At Forsa Orientering clubhouse Saturday night at 19:00. Informations: magnus@dolk.nu Magnus Johansson +4670-212 20 36 bladh88@gmail.com Per-Åke Bladh +4670-582 84 75

Another information: There will be another type of gun shooting nearby.

