



OK Älgen, Sjöfä OK, OK Tyr & Skattkärrs SOK invite you to Swedish League stage 2/IOF World Ranking Event, middle distance, Saturday 13/4 2019

Location	Tallmossen. Directions from E18 between Knöstad and Segmon. GPS: 59.247787, 12.937463. Parking at Ånäs farm. Distance from parking to arena max 1 000 m. Parking fee 20 SEK.
Embargoed area	It is forbidden for competitors and people who can influence them to enter the competition area prior to the event. The area is made up of the forest within 5 km to the west of the E45 between the village of Värmlandsbro and the E18. For details see map on IOF Eventor.
Entries	Entries should be made by 23:59 CEST on Sunday 7/4 via the Swedish Orienteering Federation's Eventor homepage: https://eventor.orientering.se/ (It is easy for foreign orienteers to create themselves a user ID for the Swedish Eventor site – just follow instructions under "Create account".) Competitors in W/M21 must have an IOF-ranking-ID to enter. This can be obtained free of charge by following instructions on the Swedish Eventor website.
Late entries	Late entries will be accepted until 19:00 CEST on Wednesday 10/4 at a 50 % surcharge.
Classes and estimated winning times	World ranking event: W21, M21 Other Swedish League classes: D20E, H20E, D18E and H18E Estimated winning times: W21/M21 30-35 min, D20E/H20E and D18E/H18E 25-30 min.
Selection	The number of competitors per class will be according to World Ranking Event and Swedish League rules. If there are more entries than places in any class, then the class will be subdivided. Selection for W21-1/M21-1 will be based on the current IOF world ranking

list, with the addition of a number of “wild cards” selected by the Swedish Orienteering Federation. Selection for other E1 classes will be based on the Swedish ranking list.

Start

First start for W21/M21 and other elite classes: 11:00 CEST.

Distance from arena to start max 1 800 m.

Start times for W21/M21 will be based on the current world ranking list with the best ranked athletes starting last.

Late entries will be treated the same as normal entries concerning the assignment of start times.

First start times may need to be adjusted depending on the number of entries.

Map

Daltjärn. Scale 1:10 000, contour interval 5m. New map produced in 2018 by Jerker Boman and Kalle Engblom.

Terrain description

Undulating to hilly forest with many details and mostly extremely good runnability. The upper parts of the hills are covered in pine forest which in places is very thin.

There are relatively few felled or thinned areas and not many areas with thick vegetation. Some slopes have lines of cliffs but apart from that the ground is not too rocky. Blueberry bushes are the dominant form of undergrowth. There are a small number of marshes.

There are few paths or roads in the competition area.

Local weather conditions

In mid-April the average maximum temperature is approximately 8 degrees Celsius and the average minimum temperature is a few degrees above 0. There is a small risk that the ground will be covered by snow on the competition weekend. If there is snow in the terrain towards the end of winter then information on the current snow cover will be available on the event home page.

Punching system

SPORTident. All types of SI-Card can be used. If the card number is not specified when entering then the competitor will be given a hire card at a cost of 30 SEK. If the card is not returned after the competition then there will be a charge of 400 SEK.

Quarantine

There will be no quarantine before the start, but there may be a certain time by which competitors must have left the arena. If this is necessary, details will be provided in bulletin nr. 2.

Competition rules

Swedish orienteering federation competition rules including rules for the Swedish League, together with IOF World Ranking Event rules.

Service

Changing area and heated showers will be beside the arena.

Field lunch, other street food and cafeteria at the arena. To guarantee getting a field lunch, it should be ordered in advance via Eventor. For more details see event web site. Pay in cash, MasterCard/Visa or the Swedish mobile phone payment system Swish (123 521 5082). Sport equipment will also be on sale.

There will be a crèche and a string course for children.

Spectator race	There will be a spectator competition with a full selection of age classes and open courses. For more information see the Swedish event web page or send an e-mail to internationalcontact@sl2019varmland.se .	
Training opportunities and model race	Three maps of relevant terrain near the competition area are available for training prior to the race. Price 60 SEK per map plus postage. See event web site for more details. If requested, a model race can be provided on Friday 12/4. To order training maps or enter the model race, send an e-mail to traningspaket@sl2019varmland.se	
Accommodation	There is a good selection of hotels in Borgvik and Karlstad. For more information see the event home page or send an e-mail to internationalcontact@sl2019varmland.se .	
Visa to visit Sweden	Citizens of countries outside the European Union may need a visa to enter Sweden. For more information see https://www.migrationsverket.se/English/Private-individuals/Visiting-Sweden.html	
Further information	If you have any questions please send an e-mail to internationalcontact@sl2019varmland.se or phone Colin McIntyre on +46 76 348 6262.	
Event Director	Conny Gunnarsson	tavlingsledare@sl2019varmland.se
Assistant Director	Hans Wilhelmsson	bitradande.tavlingsledare@sl2019varmland.se
Course planners	Jonas Bergenfur	
	Ann Hyvonen	
Administration	Anna Eriksson	tavlingsadmin@sl2019varmland.se
Event controller	Håkan Lindberg	tavlingskontrollant@sl2019varmland.se
Course controller	Jan Olm	bankontrollant@sl2019varmland.se
Map controller	Jonny Jonsson	kartkontrollant@sl2019varmland.se
Media contact	Olov Öström	media@sl2019varmland.se
IOF event advisor	Carl-Göran Strutz	tavlingscoach@sl2019varmland.se
Hemsida	http://www.sl2019varmland.se	
E-post	internationalcontact@sl2019varmland.se	

Welcome!