



## OK Älgen, Sjöfalle OK, OK Tyr & Skattkärrs SOK invite you to Swedish League stage 3/IOF World Ranking Event, long distance, Sunday 14/4 2019

<b>Location</b>	Tallmossen. Directions from E18 between Knöstad and Segmon. GPS: 59.247787, 12.937463. Parking at Ånäs farm. Distance from parking to arena max 1 000 m. Parking fee 20 SEK.
<b>Embargoed area</b>	It is forbidden for competitors and people who can influence them to enter the competition area prior to the event. The area is made up of the forest within 5 km to the west of the E45 between the village of Värmlandsbro and the E18. For details see map on IOF Eventor.
<b>Entries</b>	Entries should be made by 23:59 CEST on Sunday 7/4 via the Swedish Orienteering Federation's Eventor homepage: <a href="https://eventor.orientering.se/">https://eventor.orientering.se/</a> (It is easy for foreign orienteers to create themselves a user ID for the Swedish Eventor site – just follow instructions under "Create account".) Competitors in W/M21 must have an IOF-ranking-ID to enter. This can be obtained free of charge by following instructions on the Swedish Eventor website.
<b>Late entries</b>	Late entries will be accepted until 19:00 CEST on Wednesday 10/4 at a 50 % surcharge.
<b>Entry fee</b>	300 SEK Swedish clubs will be billed after the event. Competitors not representing Swedish clubs must pay in advance to: IBAN: SE87 8000 0815 6294 3535 0211. BIC/SWIFT: SWEDSESS Recipient: Skattkärrs SOK. Specify name, club, day and class when making payment. If payment has not been received before the competition weekend then payment must be made at the arena in order to be allowed to start the race.

<b>Classes and estimated winning times</b>	<p>World ranking event: W21, M21</p> <p>Other Swedish League classes: D20E, H20E, D18E and H18E</p> <p>Estimated winning times: W21 80 min, M21 90-95 min, D20E/H20E 70-75 min, D18E/H18E 55-60 min.</p>
<b>Selection</b>	<p>The number of competitors per class will be according to World Ranking Event and Swedish League rules. If there are more entries than places in any class, then the class will be subdivided.</p> <p>Selection for W21-1/M21-1 will be based on the current IOF world ranking list, with the addition of a number of "wild cards" selected by the Swedish Orienteering Federation. Selection for other E1 classes will be based on the Swedish ranking list.</p>
<b>Start</b>	<p>First start for W21/M21 and other elite classes: 09:00 CEST. Distance from arena to start max 1 800 m.</p> <p>Start times for W21/M21 in Sunday's long distance will be based on results from Saturday's middle distance event, with Saturday's winner starting last.</p> <p>Late entries will be treated the same as normal entries concerning the assignment of start times.</p> <p>First start times may need to be adjusted depending on the number of entries.</p>
<b>Map</b>	Daltjärn. Scale 1:15 000, contour interval 5m. New map produced in 2018 by Jerker Boman and Kalle Engblom.
<b>Terrain description</b>	<p>Undulating to hilly forest with many details and mostly extremely good runnability. The upper parts of the hills are covered in pine forest which in places is very thin.</p> <p>There are relatively few felled or thinned areas and not many areas with thick vegetation. Some slopes have lines of cliffs but apart from that the ground is not too rocky. Blueberry bushes are the dominant form of undergrowth. There are a small number of marshes.</p> <p>There are few paths or roads in the competition area.</p>
<b>Local weather conditions</b>	<p>In mid-April the average maximum temperature is approximately 8 degrees Celsius and the average minimum temperature is a few degrees above 0. There is a small risk that the ground will be covered by snow on the competition weekend. If there is snow in the terrain towards the end of winter then information on the current snow cover will be available on the event home page.</p>
<b>Punching system</b>	SPORTident. All types of SI-Card can be used. If the card number is not specified when entering then the competitor will be given a hire card at a cost of 30 SEK. If the card is not returned after the competition then there will be a charge of 400 SEK.
<b>Quarantine</b>	There will be no quarantine before the start, but there may be a certain time by which competitors must have left the arena. If this is necessary, details will be provided in bulletin nr. 2.

<b>Competition rules</b>	Swedish orienteering federation competition rules including rules for the Swedish League, together with IOF World Ranking Event rules.	
<b>Service</b>	<p>Changing area and heated showers will be beside the arena.</p> <p>Field lunch, other street food and cafeteria at the arena. To guarantee getting a field lunch, it should be ordered in advance via Eventor. For more details see event web site. Pay in cash, MasterCard/Visa or the Swedish mobile phone payment system Swish (123 521 5082). Sport equipment will also be on sale.</p> <p>There will be a crèche and a string course for children.</p>	
<b>Spectator race</b>	There will be a spectator competition with a full selection of age classes and open courses. For more information see the Swedish event web page or send an e-mail to <a href="mailto:internationalcontact@sl2019varmland.se">internationalcontact@sl2019varmland.se</a> .	
<b>Training opportunities and model race</b>	<p>Three maps of relevant terrain near the competition area are available for training prior to the race. Price 60 SEK per map plus postage. See event web site for more details.</p> <p>If requested, a model race can be provided on Friday 12/4.</p> <p>To order training maps or enter the model race, send an e-mail to <a href="mailto:traningspaket@sl2019varmland.se">traningspaket@sl2019varmland.se</a></p>	
<b>Accommodation</b>	There is a good selection of hotels in Borgvik and Karlstad. For more information see the event home page or send an e-mail to <a href="mailto:internationalcontact@sl2019varmland.se">internationalcontact@sl2019varmland.se</a> .	
<b>Visa to visit Sweden</b>	Citizens of countries outside the European Union may need a visa to enter Sweden. For more information see <a href="https://www.migrationsverket.se/English/Private-individuals/Visiting-Sweden.html">https://www.migrationsverket.se/English/Private-individuals/Visiting-Sweden.html</a>	
<b>Further information</b>	If you have any questions please sent an e-mail to <a href="mailto:internationalcontact@sl2019varmland.se">internationalcontact@sl2019varmland.se</a> or phone Colin McIntyre on +46 76 348 6262.	
<b>Event Director</b>	Conny Gunnarsson	<a href="mailto:tavlingsledare@sl2019varmland.se">tavlingsledare@sl2019varmland.se</a>
<b>Assistant Director</b>	Hans Wilhelmsson	<a href="mailto:bitradande.tavlingsledare@sl2019varmland.se">bitradande.tavlingsledare@sl2019varmland.se</a>
<b>Course planners</b>	Jonas Cederlöf	
	Örjan Beckius	
<b>Administration</b>	Anna Eriksson	<a href="mailto:tavlingsadmin@sl2019varmland.se">tavlingsadmin@sl2019varmland.se</a>
<b>Event controller</b>	Håkan Lindberg	<a href="mailto:tavlingskontrollant@sl2019varmland.se">tavlingskontrollant@sl2019varmland.se</a>
<b>Course controller</b>	Jan Olm	<a href="mailto:bankontrollant@sl2019varmland.se">bankontrollant@sl2019varmland.se</a>
<b>Map controller</b>	Jonny Jonsson	<a href="mailto:kartkontrollant@sl2019varmland.se">kartkontrollant@sl2019varmland.se</a>
<b>Media contact</b>	Olov Öström	<a href="mailto:media@sl2019varmland.se">media@sl2019varmland.se</a>
<b>IOF event advisor</b>	Carl-Göran Strutz	<a href="mailto:tavlingscoach@sl2019varmland.se">tavlingscoach@sl2019varmland.se</a>
<b>Hemsida</b>	<a href="http://www.sl2019varmland.se">http://www.sl2019varmland.se</a>	
<b>E-post</b>	<a href="mailto:internationalcontact@sl2019varmland.se">internationalcontact@sl2019varmland.se</a>	

# Welcome!